

The Tao of Relationship

Maintenance for Mind

Controllers –A Hypnotic

Guide to Long-Term Care &

Deliberate Change

Management

A system rooted in the Ownership and Possession culture

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ISBN

Introduction

Hello there! I want to congratulate you on making it this far. This work was created for my fellow Mind Controllers, and as a record for the journey of my life's work thus far. I began doing this work once I realized how drawn I was to figuring out the what, why, and how of human behavior. What makes a person have the need to serve, and another individual have the desire to lead? Questions and conversations began my journey in exploring a life that was worth living for me. What got me inspired was what I could do with others, and all the things I wanted to do had me learning ever more.

I have personally gone through numerous trainings to harness my powers of influence, and have collected many servants to cater to my developing needs. Along the way, I have studied programs to en-trance, close the deal, pop people out of their everyday reality, indulged in how best to push buttons, taken away another's will so their body could indulge in a sensory vacation, and trained students to cum on command. That list has become the standard hypnotic dominant's jingle over the years. You'll hear these things again and again, once you get your feet deeper into this experiential pool.

I also shrug a lot when being asked stupid questions. I have heard that is one of my most annoying features by people who just don't get why I choose to live this controlled art form. Then, they go all blank and drooling so it doesn't matter anyway. Follow my example, or don't. I love people who are passionate about living this way and mind control keeps me all tingly as I shape behavior. If you're reading this book you most likely have a love of control yourself. Living this way has given me the gift and curse of having an interesting life. It feels more right than anything else to me. That feeling of rightness is a gift that I want to impart to others as they discover their role.

I seek people who want to experience this life and know that they were meant for more. I seek people that want to perfect who they are and what they do. This book is geared more for those that seek to lead. This is my style and there are few formal styles out there that can represent the Tao of Mind Controlling for lifelong relationships. This is what makes what you're reading a unique and powerful application for shaping your impression and influence on others. This

Tao is a banner for which we may gather under as it allows for universal expression with just a few rules. There are however many guidelines that should be followed. You'll find out more about this as you read long. After all, you may have to eat more meat to adjust for all the protein you're soon to be supplying your future village of peasants in seed. This is your time to plan for that life!

One of the things Mind Controllers love to do is plan. Planning is often overlooked in the new Mind Controller's methods, as what is accomplished can seem more like style. When you watch someone perform an action they have practiced, it can appear as relaxed and plain as a tilt of their head. Newbies get excited and consequences, along with safe subtle action, is still unknown to them. Developing influence strategies is learning how to design lives together so that everything and everyone fits, and operates like gears in clockwork. Often this is something that cannot be fully understood without life experience, apprenticeship, and mentoring.

What we all seek is an established way of life that allows us to live well, and offers experiences that are meaningful to us. There is a need to have clear guidelines in our interactions with others so we can be understood. The questions of what should we do always comes up, because we all want what we do to matter. There are things that we want to have done that takes energy, time, and commitment. What that meaningful life looks like is different for everyone. There are similarities and strengths that we all have, but the diversity of expressions that supports what we focus on is what gives our actions purpose. Each of us is moving forward into the infinite expression of what it means to be alive in this moment with slightly different expressions of being. We are all part of an ecosystem of spiritual, physical, and energetic destiny. You're reading this because something has tugged at you to focus in on the way you live, create, and experience the journey that you walk through this world. This text is a direction to a path. It is a way of life. It is a Tao of Mind Control that begins with how you walk through this world.

What we are doing presently with our life, and in the moment, does matter to varying degrees. So outlining where and when we will be exerting our control is necessary if we are to know our boundaries. Yet, how often are most of us introspective enough to do this for ourselves without guidance? Introspection is

a self-reflective ability that can enhance one's skill of external observation. When we can perceive more of what is in front of us the opportunities to act and change from what we observe also increases. There is nothing in this universe that is completely isolated from a connection to something more. That is why relationship management must be part of what we impart along with our programming.

This book evolved out of advice, and teaching. It is what you have in front of you. Even as your Guru, I am still learning to recognize the truth in everything and everyone. The work you do here will be a milestone in your learnings of mind control, and getting you accumulated to the various expressions of our culture in ownership and possession. The power of a MC is tempered by accountability of their life, and authenticity derived from the Tao.

This book will outline a system that can be replicated easily for Mind Controllers, or MCs, that are at fundamentally advanced levels of ability and maturity. There is no reason to disclose your super power of flight, X-Ray vision, or fetish for anal leakage. This system is specifically vague in order to have it apply to the many expressions that MC's live by across worlds and dimensions. It will not matter if you have transformed your subject(s) into a peasant, slave, bimbo, automaton, pet, or idle toy. The focus and knowledge you bring to this system will give shape to the direction of your journey. It is that journey, that will give form to the destiny and roles of those you bring with you.

This text will impart the knowledge to use the Crown Control System for long term relationship management. The difference in this system from any other out there is that by the time you finish this book you will know how to screen, direct, and guide those idle, and toiling slaves, into roles that matter for you long term. You will have clear exit points in your catch and release roles for those who you've played with short term after using this system. You will have actively opened up opportunities in your life through developing them into an action plan by following along with this work. You will have a clear sense of who you are and who you're becoming. That sense of identity will attract others and you will need to adapt, learn, and explore a deeper connection to the infinite that surrounds us every day. This is the Tao of the Crown. It is a way of life. This

is exactly how I want you to think about the text you have in your hand right now.

There is good reason you need to know what this system can offer you. Developing these skills became necessary after collecting multiple toys that work in the same industry and geographic area. The service industry is where I started collecting waitresses, baristas, pizza delivery girls, and hostesses. These are people that are well trained in domestic and culinary service. These skills are ones that I happen to appreciate. Learning to manage one person utterly is a challenge when you begin. Learning to manage two or three well is slightly more of a challenge than one with experience.

Once I learned how to schedule, and instill a desire to please in my serfs and subjects, while testing and arousing them, the bumps in the road became less. The vision of the future ahead had gotten clear enough that it could be explained with certainty. That future had to be described within a defined space for them if they were strong enough, and sure about their place with me. If your vision is too vague, you may have your toys crying with an overwhelming desire to please, but unsure what to do. Worse yet, you may be convincing them that anything that they could do won't matter. When tears happen it can make your mood or break it. Be prepared for it, because your reaction will be seen as a reflection of your presence and control. This is a good fact to keep in mind, because at times, joy and sorrow can appear very similar when first getting to know someone.

When breaking your vision down, and applying it to another's identity, the organization of tasks allows the subject's to perceive a long term destiny that they may not have realized on their own. Feedback and clear direction creates the association of a subject's purpose into a destiny that they can be excited about. There is an energy that is imparted with this clarity of purpose, and an implied destiny that both you will share in. People can spend their whole lives devoting their actions and efforts to a cause, or purpose that makes them feel needed and wanted. Our lives and characters are established and maintained by more than what we do alone. People remember how it is we make them feel. Part of being a Mind Controller is recognizing that people create and sustain meaning through interaction and experience. Who we are, and who we

become, is akin to a symbol for others. We become symbols that allow them to be the person they have always sought to realize. When we practice our art we are making each other better and impacting the world to be a more accepting place. No matter how high and happy we feel in the moment, there will be times we have to interact with others that do not know our joy yet.

Our subjects are out there sharing with others about the fulfillment and challenge that is now part of their life because of us. To live this life well we MCs have to begin to prepare them for that. The journey to our future has plenty of room to offer a seat for one stop, or for the duration. I will advise you to choose wisely the people you invite into your life and your trust. Not everyone can handle the knowledge and the path that you walk as well as you do. That is part of the diversity of infinite expression we are part of. It is not good or bad. It just is in the same way a mountain just is. Some people will always make better company than others. If you're unsure about bringing on a person just imagine being locked in the backseat of a car with them for 1500 miles. That should give you a sense of how it will be like to share a short stint in life together. Are we there yet?

In structuring expectations of what can unfold, both Mind Controller (MC) and subject should know what is expected of them. When breaking down experience, we all start out with the basics. Sometimes we don't know we want something until we taste the flavor, and with each taste we have a reconstructive experience of how that makes us feel. To say this another way, each time you interact or access a person, a memory, a want, an experience, or flavor, there is a subtle change made to you. What that means in that moment will be more or less important to you, until we seek to direct those changes.

My rule of thumb is expect change, and plan for cooperative achievement. Ensure you are getting into the habit of bringing important people into your plans for achievement at different levels. It doesn't matter if the experience is hands on or imagined. Achieving goals almost always involves relating to another person somewhere in the process. Drastically or subtly our interaction with others changes things. Plan for it and embrace the possibilities that you can make your designs stronger or weaker by bringing in others. The good thing about involving multiple people into your life is that getting stuck in a routine

way of thinking is not easy. That brings up one of the many facets of leading a working group of people. We need more than the leashes and collars around their necks to ensure we all enjoy this experience over a lifetime together. We all grow as people and people are motivated by different things. Group dynamics is a book all by itself.

This is one of the many warnings you will get in this book. I don't believe I need to apologize for who I am, but that doesn't mean I refuse to change, or alter my behavior when appropriate. This work contains unabashed, heteronormative, binary language. This text is written for the people who are in charge, actively guiding their life, and the destinies of those in their charge. I do not apologize for this, as it is written from my own perspective, and drawn from my own experiences and insights. I believe my audience can handle these concepts and have an open dialogue about them.

However, I do not intend to offend, upset, or marginalize dynamics with alternate compositions by doing so. Central to the philosophy of Ownership and Possession is the broader concept of possession. What it means having to control and use another for one's own purposes. The relationship of owner and possession is asymmetric and unequal in status. For me, this philosophy is also mingled with Taoist traditions. This information is derived from my life and study. The influences of both these philosophies can be seen throughout this work. Many fetishes or kinks when first encountered aren't politically correct. I respect different perspectives, but this work is not playing it safe in politically correct statements.

Here we will engage in topics of sexual fantasy, kink, and relational service through a systemic perspective. Adding together all the potential kinks we can talk about, I believe we shouldn't need to worry about being filtered here. This is a space where those differences are respected, but we are still able to speak about them. I appreciate the reader's understanding on this matter, because this work is not about trying to hurt or offend anyone. This work is the introduction of being space for MCs and those who seek to join us.

In sharing this material, "I", represent a minority of alternative expression in our culture. We are here to relate my experience and voice to the focus of long term

relationship management. So take the good, improve upon anything you perceive as less than positive for yourself. This is our journey, and we want to have a great experience, don't you? There is no need to do it all seriously. Raise an eyebrow at a stranger and make the guy trying to cut in line at the market think he's a poodle! You'll enjoy life more if you allow yourself the opportunities and perspectives to laugh at yourself, along with others.

I can put to good use a chick with a dick, as much as I can any princess with a smooth slit. My kink is the controlled merging of both the internal exploration of identity and trained sensuality within an O&P lifestyle. To keep this simple, I'll just refer to it as mind control. So much of who we are at this moment is the product of all we have thought, experienced, and been exposed to, that none of us knows exactly the depths that we may respond to at a key moment. Something which a person thinks of in the moment of action, has the power to change what a person can believe for the rest of their life. Talking about what excites us without judgement is not always easy. Being in charge means you are going to start many different conversations with others, which at first, these people may appear to have little in common with you. You as the MC have the obligation of seeking understanding and bridging gaps of knowledge in yourself and those you care for.

When you approach people, you're going to be up front with where you want to take an encounter, and what it is you're offering as an experience that they'll want to do. You'll do this because it establishes credibility and you will quickly discover there will be a constellation of responses in the people you encounter. You'll gain respect by being a person who tells it like it is and your confidence will give you more authority.

Sometimes, the responses you inspire in others don't rise to the top all at once. From time to time, responses transform subtly into urges and cravings develop like a thirst for water in the heat. Anything we do has the potential to be cast into an identity. What determines much of an identities appropriate behavior is the culture learned in the environment. We must not seek to satisfy ourselves on every morsel we see. Seek to sift through the sands of people that we encounter to find those that will create a strong base with us. Don't be a

bulldozer who pushes up everything that happens to be in front of you. Newbies do this often. When you do this you'd better ensure that you have built up a refuge from the storm of attention that others may wish to bring to you.

While you study with me I will insist on mutual respect for myself, and those I work with. I may not want to partake in an experience you offer today, but I



may still find it worth celebrating. Everyday life presents us with challenges for time and money that lead us away from what we want. We all give advice, but there will be times we need space. Expansion and contraction can be seen in nature all around us. Life happens to us all and we are bound within its cycles. Respect must be given by all MCs, to all those on the path. This is the Crown Code for all who walk this path. That does not mean accept punishment, disrespect, and insults blindly, nor does it mean be a doormat. Protect and cherish that which you love. Share your heart, thoughts, and passion wisely with each other to grow. Take care of each other. Take pity

on those who try to intentionally seek to hurt us, disrespect us, or disregard us. These challengers will all be sent away in disgrace. We walk among you and we don't carry name tags with affiliations listed in alphabetical order. Since we believe in karma, it is also satisfying to help it along.

Recognize what is shared here is not something that has gone through a mainstream editor. Most editors and publishers would not know how to handle this information. I believe I have found one that will put this through as it is written. It is worth it to me, even if I have to put this out myself to keep the message from being diluted. If there is a grammatical or formatting mistake, or should I say when there is a mistake. Keep in mind, it is the information that I am offering that is of value. It's not the polish of an editor's attention that brought you here. The content presented here is what I want you to focus on, and finding a way to get this out to you without censorship was an important part in establishing a communal path forward for this material.

Please rate this well, when possible, in distribution channels as that assists others in finding this work. Distribution channel ratings serves this material by getting it out there to represent and support a population of people that do not get unbiased attention or a voice often. As this work progresses it will be tightened up and new material will be added. If you have a paper copy of this, I would advise you to seek out the digital also. I care about the seekers on this path. I will always seek to get this information out at reduced prices and at times free. I will be updating the digital format of this work more often than the hardcopy. My email is listed here if you have something constructive to contribute.

This information is powerful and life changing. I am going to ask you to define what is important to you in your relationships and in the future. Even if you may have resigned to believing your dreams as impossible. Through this work you are being welcomed into a community. You are not alone. Learn through the journey and discover others through following the Tao of the Crown.

I will be assuming that you have already ensured that the person, or people, you are working with are a fit for your energy level, time, and overall dynamic that you want in your life. If not, you might be correcting that through the learnings you'll be acquiring in this work. Creating structure in your life means you have gotten to a place of understanding about what keeps your life in balance for you. You don't have to worry about being the right fit for everyone. I'll tell you right now, you can't be, and you don't have to be.

Reducing friction in relationships starts at the very beginning, because that is where individual's form ideas and attachments to the context of the relationship that they are entering into. The fit of the people we choose has a direct affect on the potential future we arrive at. So explore the idea of entering and exiting newcomers through different roles within your design of the future. There are many possibilities for short and long term indulgences along our way. Altering the design of our life is a big deal, and if we don't have a prospective design at all then we are blowing around like a leaf in the wind.

Living without a bearing in life affects more than ourselves. We are at best only influencing tastes and yearnings in those we meet and many of the great

opportunities are passing by us. We need to have action and progression in our work, and prospective direction in our life, if we wish to bring together people of similar interests. Telling someone over and over that they have fifteen minutes of your time may work in business, but it's not fulfilling for a long term relationship. I want to do more than draw a line in the sand with my time as I interact with others. I want the same for you, and invite those unknowing seekers to walk with me.

Do not mistake my practice of introspection and planning to mean that every aspect of my life is scripted. It isn't, and can never be even if we wished it so. What is being offered here is an application of a systematic process of conduct among us. That code gives us more choice and not less. It establishes a meaningful way to talk with each and collaborate to build significant lives. We can use that certainty of expectation to steer and train our toys with what is important to us. Standards, expectations, preferences, and style are some of the things those seeking to serve us are seeking from their interaction with us. They don't want to get them wrong. What information is received from us should not be left to chance. Their service lends energy and attention to details that wear down the rocky obstacles to a better future. Their action is no different than water. Seek to have no wasted energy as we flow consistently together.

No barrier or boundary can withstand the grooves we make together over time. This is called Wu Wei. Wu Wei literally means "non-doing" and is an important concept of Taoism. Wu Wei is natural action, or in other words, action that does not involve struggle or excessive effort against our nature. Wu wei is the cultivation of a mental state in which our actions are quite effortlessly in alignment with the flow of life.



While we as MCs are managing some, or all aspects of our toy's lives, there has to be an awareness of how and when it is permissible for them to be taken back out of the box to be played with. Even if playing with them means allowing them to reenter the everyday world. Being Masters of the Universe does not mean we got it all figured out. It means we are capable of working to keep our lives moving in a direction that reflects the way we seek to be living.

Some people think they cannot ask for help when in charge. It's as if their very masculinity, or role, is in jeopardy. Don't be that person! Asking for assistance to understand something, or handle a situation, is taking responsibility and being in control. Not being able to ask for help, or relinquishing control of every aspect of action, is a sign of fearing that you might be out of control. That is not a quality I wish to encourage in anyone. Having those who serve us bring back knowledge, assistance, perspective, and skills, makes everything we represent stronger. Think about how you want to accept those things from others when you delegate, or need help with something. Ask yourself how to best challenge your own assumptions on topics? Having a way for our toys to ask questions or even ask if there is another way to handle a task is to your benefit at times. We all know that some things we do make no logical sense to anyone except us. They make sense to us because we are doing them and are telling ourselves a



story as to why we did them. If you can't trust the people you're getting to represent your actions to understand your quirks, perhaps they are not the right people for you.

This work has no problem exploring topics that involve consensual non-consent. Consent and communication about a planned action, or role, should have been worked out beforehand; adjusted, and if appropriate, brought up again at regular intervals before working

with this book. There is always the opportunity to blank their minds and the experience is new every time... Use what works for you. Ensure you have consent worked out for everyone. I'm assuming it's set up already, so I'm not going to spend time covering this. There are many people who have an opinion on safety. If you're needing something involving safety voice it. That's all I'll say on that matter. When dealing with individuals who wish to be transformed and molded under my influence, I have found it wise to share what I am planning at specific times with them. Doing so has been arousing for us both, and feedback about what really gets their toes curled is great. Communicating what you want to do with them can also end up providing more choices for what you're planning already.

Our best laid plans might happen right as her period started, being on-call for work or children, illness, allergies, and yadda yadda. Life just happens right where you thought would be the perfect moment to do something wonderfully wicked. Then the midgets have to get tucked back into the backpack and plan B will commence for just you. On a side note, a well-oiled midget adds a whole new sexy level to playbor moxie. So don't be too hard on yourself, and don't throw away inspiration when it comes to you.

Together we are stronger. Together we have more toys. Together we exchange ideas that better the quality of our lives, thoughts, and hearts. Together we can create a quality of life, and state of being that would not be possible laboring alone.

I realize that my associational style of imparting information is not what many people are used to. Relax into this and you may even adopt some of my humor as you mentor others on these topics. As you're going through this text you should be actively processing what is talked about. You will be invited to goal set personally, and you may have those who serve you do the same under your direction. The more that you write out as you read the better. The structure of this text is designed to unfold like teaching tales, and everything plugs into the product and philosophy you will have at the end of this experience.



Do you have a notebook ready to jot down some of these questions and statements that inspire you, or even bug you? How about getting down on paper some of your own ideas to work through in response to this text? Doing this will help you to flush out areas of your life and relationships that you may not have given much thought to before this. We all have our preferences and quirks that appeal to us. My question to you is how well can you describe them to others? I usually tell my preference for socks here when teaching in person.

I prefer long term commitments from those I invest my time into. Fucking and doing short term MCing is often possible, but building on efforts and investments is where my focus lays. I won't spend much time talking about sport fucking and no strings attached servitude. Many of us do take them on at times. If there is alignment with your path all the better. Your path is where your power is. Just like a tree, your success can be multiplied or divided by the many branches you hold onto. Do not rely on telepathy alone. It makes for a lonely life.

As you go through this book I'd like you to consider that whatever you write down for further thought or planning, as a historical document in your development. Having a historical document allows us to track goals, assign tasks, align interests, and create a single point of reference that keeps everyone on the same page. It is important to keep such a document as it shows how far you have come. My definition of mind control is a practical one and it should be understood before moving forward.

Mind Control is the deliberate effort to affect thoughts, opinions, and ideas, to create a measurable, or observable changes in behavior.

That's all there is to it. The attributes of control come from the Mind Controller (MC), or are ascribed by someone else by telepathy, magic wishes, etc. If you put the best of your kink forward, you'll find that it attracts people looking for what you seek to share. People of all flavors and walks of life seek this and express this within the O & P culture. I won't be talking too much about O&P here as this is one expression rooted within that culture. I recommend you research O&P as it has many branches. I recommend you seek out the [O&P Manifesto](http://www.ownership-possession.com/manifesto) to learn more. <http://www.ownership-possession.com/manifesto>

As you go through this journey please share your experience with those seeking to walk along this path. We might end up connecting and being on similar journeys. I also welcome stories and examples of how you are living your life by this system, and what you are working towards. You may contact me at crownhouseone@gmail.com and please keep in mind I do get a lot of communication. I do not answer everyone. This community and culture is growing rapidly. Welcome, your learnings here start you in the role of socialization agent for this community culture!

Yet another warning. This information is powerful, entertaining, and should remain a fantasy for many people. Using these ideas and principles may be considered unethical, and if you or someone uses them against another's will it may be considered immoral. Perhaps even illegal. I take no responsibility for anyone taking action on this material and shall consider all information communicated on this topic to be an entertaining fantasy and erotic play that is not for public consumption. Since people do stupid shit I have to give this entertaining airs of legalize in order to present these concepts as if they were a shell game.

It is a terrible thing for me to have to put disclaimers on everything in a litigious world. Be an adult that respects others for their kink and if this is not for you put it down now. Give it away to someone who is a big boy or girl. Keep these warnings in your mind. We may be around you without you knowing, but there are those who want nothing to do with these topics in private or public. Respect the public and private spaces you are in, and be sure you ask for consent. This ends the PC paragraph rant. It will stay in print right here just in case you tuned out for part of it, or all of it.

Back to corrupt all the vanillas. I hope you enjoy the images that I have chosen for this book. They make me smile. I know that I can be wordy here. It may, at times feel like you're getting advice from a friend on these topics. I'm happy with that. There was a lot I wanted to put in here. I keep thinking that if this is my one and only shot to get you to listen to caution, and share what has made a difference in my life; it needs to be here. The mind is a wondrous place. It is there where man may truly make heaven a hell or hell a heaven. Take care of each other.

This is my way. This journey is the Tao as I know it today. The Tao is the absolute principle underlying the universe, combining within itself the principles of yin and yang and signifying our path forward. It offers you a code of behavior, that is in harmony with the natural order and our community. As you begin on this path remember that great Taoist's walk besides us, share coffee with us, laugh, play, and can alter reality. This is an everyday spiritual journey that involves every part of us to live well.

Joseph W. Crown

"To understand the limitation of things, desire them."
Lao Tzu, Tao Te Ching

Disclaimer

All interviews used for in book have been approved by the speaker(s) and all the identifiable characteristics may have been changed to protect the identity of the interviewee. This anonymization is to protect sources and all guilty parties that partook in this book. The events in this book are actual events; personal stories, teaching, interview data, and research. This work is a detailed account of an individual's life work and interests. This material is presented for adults acting within a given community culture, and it allows the reader to attempt to get a comprehensive understanding of the circumstances of the individual(s) presented, their world view, and the lives contained within this subculture. The author and the publisher release this information for the purpose of personal education and entertainment only. We encourage you not to try this at home. This material is released as entertainment and satirical self-help.

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By proceeding further than this statement, you agree not to hold the author, publisher, or anyone else responsible for anything you do, read, write, or think from reading this book. The publisher believes you should be of legal age to read this book. In the USA that age is 18 years old. The information contained within this book is an extremely powerful system and techniques designed to manipulate human behavior so you do not need to rely on psychic powers or supernatural forces. It is not dumbed down or censored to appeal to the censors. This information is often satirical, biased, and regularly misogynistic. If you read this book you may never look at the world in the same way again. For instance, you may have noticed I left a clear opening to include powers and obligations granted by ancient aliens. Half kidding jests about taking over the world will be expounded on in this this work.

The opinions in this work do not necessarily reflect the beliefs, thoughts, or views of the author or the publisher. Deliberation and consideration has been used in deciding what to edit and what to leave as the fingerprint of the author's voice. This book is the product of love, documentation, and systematic satire. It should not be used by anyone, under any circumstances. This is privileged information meant for elite and advanced Mind

Controllers only. Anyone else may be laughed at as fingers are pointed. This book informs the masses that we walk among you, and we laugh because most people are so apathetic they do not care.

This information is part of a powerful training system that is meant for someone who is responsible and in control of their toys. Exploiting this training system may bring about a Mind Controlled herd of hucows set on stalking you, or mowing your grass indecently, at least according to the standards of some neighborhoods. Herd mentality is all around us, but if you're not careful it will be focused on you! Think before you act. Most people have no idea what it means to be the center of someone's world. Suddenly they have multiple individuals needing attention and direction. This is not as easy as you think. This is a journey and way of life that quickly compounds mistakes and successes. You have been warned.

The author wants you to know that he wouldn't live any other way.

"Your own positive future begins in this moment. All you have is right now. Every goal is possible from here." Lao Tzu

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Who We Are

"I'm going to remove the ball gag in a moment, so you can tell me just how romantic this is."

Joseph W. Crown

Does your attitude and perspectives align with your sense of purpose for your life? Do you feel that the Gods rediscover themselves by creating adventure and inspiration through the works you live by? However, you answered these questions for yourself, it all comes back to one overarching element that either sustains or sabotages your life. Who is the person you are living as today?



If your expressed identities are not aligned with your goals, perspectives, and actions, you're sabotaging potential opportunities that could get you closer to a desirable outcome. The feeling of being lost is often due to a person not really living his or her life. Taking on the identity of Mind Controller means that you have asked yourself specific questions that distinguish you as a master of the localized cosmos.

What we want to do through this material is go through these questions and start getting answers to the elements that stick out as important with each reading. The answers do not have to be perfect, but even having an opinion on a matter can make you be perceived as an authority. What we are after

is getting you to recognize where you start on this journey.

I have to tell you that some of the most powerful statements in this text are not highlighted in goal setting bold fonts with an island of white space around them. Read this book and think about what you are taking in. Stop and write down your thoughts at the end, or middle of a sentence if you need to. This work is a designed experience attempting to squeeze together a comparative apprenticeship through your interaction with it. By the end of this book you will have a roadmap that you can articulate for future goals and strategies to exit or onboard people you want to include in your life. Being able to share stories about your journey and your short and long term goals will help other people decide if they have a desire to follow

along with you. I'm not saying overshare, but sharing the appropriate amount allows people to see themselves as part of the story. It also allows others an opportunity to get comfortable with you and begin to invite you into learning their stories. A good story is something people pay for and seek out again and again.

This text is not all questions, but there is specific information needed that will support the foundation for this path to become clear from your answers. Have you ever asked yourself how you know who you are? What makes up the experience of being you on a daily basis? Try this exercise and have at least two different colors to work with.

Draw a line down a notebook page and title it Fact. The first line represents what you know about the experience of being you. Fill in all the qualities, characteristics, and feelings that make you up. Go through the general categories and then chunk down to the contexts that you feel describes you the best. For example, what makes you the person you are when you're in love, learning something new, when you're sick, when you're visiting, etc., and do this until you have exhausted all the elements of who you are today. Then use your other pen and write in things you don't know the answer to, or are unsure of when you talk about these elements of yourself.



Going through this exercise you should be intimately familiar with who you are as a person. Getting stuck is not an issue as you can focus on observable qualities for yourself. When done you can also observe the spaces where you were blank. This exercise becomes a very interesting experience when doing it with a group. There is a moment where each person has an option to share elements of who they are and the act of sharing serves as a grounding reality check at times. Doing this process over and over can serve as a self-reporting identity audit that you may choose to utilize in your personal development. Knowledge of yourself and how you present

your personal qualities to the world is important. Think about how you might be utilizing this tool with others who are seeking to be remade through your influence.

Can you imagine doing this exercise for the person you ideally wish to be and running through specific circumstances of their behavior? Now, follow the same process, and for each of those elements expressed of who you are create an outline of the ideal you. Describe qualities such as feelings, perspectives, and attitudes that you desire to embody. As you do this exercise, know that you will be mapping this out later for exploring other people's desires and identities. You are gaining a conscious understanding of how qualities complement each other, and this will

allow you to read people much easier. Think about that for a moment. Currently, do you have a way to break down another person's experience and identity, and build them back up within a structured ideal? I believe in reflective discovery and the same processes we use with others will be used with ourselves. We use these tools because they are powerful and they work! This next quote is perfect even after so many centuries of being penned.

"Step away from shallow mass movements and quietly go to work on your own self-awareness. If you want to awaken all of humanity, then awaken all of yourself. If you want to eliminate the suffering in the world, then eliminate all that is dark and negative in yourself. Truly, the greatest gift you have to give is that of your own self-transformation." Lao Tzu

This exercise is a tool that will inevitably get you thinking about breaking down, designing in, and connecting the qualities of one person to another. This is why I'm covering this exercise at the beginning of this text. Let's look back on the definition of mind control.

Mind Control is the intentional effort to affect thoughts, opinions, and ideas, to create a measurable, or observable change in behavior.

Breaking behavioral elements down into observable units or observable expressions, creates opportunities for measurable change. Measurable change opportunities leads to assigning tasks in bite sized actions to strengthen desired expressions of behavior. Starting with goals from the very beginning with your toys allows for a steady increase in their challenges and recognition when mastery is taking place. Your super powers could take a focused vision, create goals that build skills, and develop incredibly real possibilities and personas for yourself and others. Don't rely on those powers alone.

Once a line is drawn in the sand it becomes a tangible thing to interact with. Being able to understand how qualities, tasks, and stories interact to create an experience makes the act of creating participation in further experiences incredibly alluring. Think about that for a moment. How many times have you heard about adults watching movies they love, or reading books, over and over, because it created for them an experience that they enjoyed experiencing? Learn to think this way and connect the expressions that allow you to **BE** this kind of storyteller. It is a skill that will only be developed through practice.

Remember, if standards and descriptions of behavior are unclear as you create this persona story for them, then you will be creating a potential friction that will need to be addressed later. Don't ignore it when potential vagueness is bothering your subject. At times it does happen and they need you to fill in details. Use everything

as a component in your craft. Establish something that the person in the story must learn and improve upon. Keep in mind bite sized instructions and narratives help you do this.

Preparing responses and redirection for potential errors allows us to learn how others will think as they observe our reactions. Preparing units of behavior makes correction seem seamless and easy, because we approach it prepared to be so. If an experience is complex then map it out, and deliver it to be learned in small pieces. Details can be gone over before action is ever taken if there is concern for a high margin of error. Having highly skilled servants demonstrate behavior is something that often becomes a matter of pride for them. That pride supports the harmony and success of your house. Perfection of skills is something a M/s high protocol house will engage in routine practice. There is a lot of practice to get that perfection.



These concepts are important to develop for our own skills, and worth imparting while training others. In training another person there are two elements being learned, and one is the details of the task. The other element here is the social context and guidelines that will be adhered to when performing a task. Both the MC and the slave are being taken through the similar perspectives, concepts, identities, and contexts, which allow them to work with new ideas and orientations from the bottom up together.

When working with a toy, we are establishing and maintaining a relationship that allows them to reconstruct identity and habits through mutual focus and action. As MC's, we are assisting them to see the world in a fresh way and allowing them to be what they have been yearning for. Think back to when you were in school and the teacher had you write a paper that took a stand in an area where you started out with the opposite viewpoint. In that paper you were defending the opposing viewpoint as your own and something happened. What happened when you got into the material and began to learn about it? The more information and experience you developed, the more associated that information became connected with values and sentiments that are important to you. This alone is not enough to make rapid, permanent changes with someone. If you add a strong emotional experience here that will change attitudes quickly for longer period of time. Not necessarily forever, but for utilizing a simple technique with a setup, it's really good. Keep in mind that training behavior must also include corrections and standards for when your physical presence is visibly absent.

Your actions support or hinder the steps you'll take to develop strengths, and limit the things that hold you back from succeeding. Working through these elements takes time, but when a servant fails us the training provided must be called into question. Think about this. We are the ones providing the descriptions for our toys to relate to, and act upon these pre-established goals. We are conversationally and physically reinforcing the expressed elements of those contextual goals with everything we do. Let's breakdown what contextual experience is, and what it means for one's relatable experience to encourage identity cohesion. I'm taking this definition of context directly from Google now on 1/20/2016.

https://www.google.com/?gws_rd=ssl#q=define+context

con·text

'kăntekst/

noun

noun: context; plural noun: contexts

1. The circumstances that form the setting for an event, statement, or idea, and in terms of which it can be fully understood and assessed.
"The decision was taken within the context of planned cuts in spending"
synonyms: circumstances, conditions, factors, state of affairs, **situation**, **background**, **scene**, **setting** [More](#)

Context is the parts of something written or spoken that immediately precedes and follows a word or passage to clarify its meaning.

We arrive with this definition rooted back into communion in our relationships. Think about what is the appropriate response and when to communicate feedback to a submissive in your charge. Paying attention to elements that come before and after instructions or orders are the contexts that we use. When learning conversational hypnosis skills, learning how to connect two things despite differences is a big part of a good training. After all, you will be having subjects communicate feedback with you under stressful conditions and with a conversational switch they can feel joy.

Go through any proposed actions several times yourself before introducing the information so that there is a clear understanding of the qualities, feelings, and responses, that are appropriate in the situations that the toy will encounter when performing for you.

To do this well, you'll be laying out what tasks and attitudes are desirable in your slave, and not everyone has the same need of intelligence, or skills. For instance, what are the cues that your subject should be picking up on while observing you?

Creating a post fucking script that the subject can think through when your done is often a good thing in my experience. Oh, some people call that aftercare, but it's much more than that for an MC. It's cognitive scripting that ensures physically, emotionally, and mentally, that your toy is happiest when pleasing. It balances them out through commands that keep their thoughts focused on what matters. Once you get this down it becomes a matter of aligning personality with specific skills to keep all the servants happy running the home. In my experience, picking up one or two toys with exemplary domestic skills is worth it. The service industry is a great place to begin to establish a well run home. A well run home is where much of the magic happens in the best stories and minds of our consensual creatures. It's not cheating if we put it there, is it?

In many lifestyle relationships you will notice that protocols, post hypnotic commands, and intentional routines, establish relational cues, or relational protocol. This is the jargon that describes methods of control using consistent vocabulary. Think about the words you use on a daily basis. Words such as Master and slave bring in anchors to get people back into the correct mindset. These words in context can be picked up through experience, media sources, and gleaned from communication. Best of all, they come from training, programing, and will be designed into how we teach our fucktrout about the pleasures of their responsibilities. We have to be sure that all parties understand the context that we are using specific words in, so that other meanings do not get carried into the social pairing of the words we use.

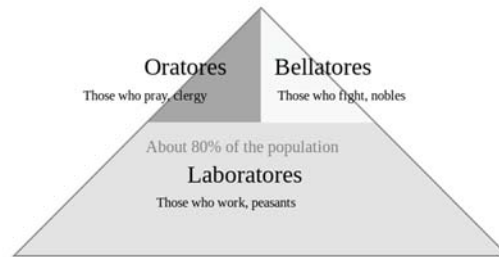
The changing up of words to address our fuckturtle can be used as a social cue that the context has changed. The fucktwit can then adapt their behavior in the new context. If you think context analysis would be a great tool for political party programming in order to ensure your ideas are suddenly someone else's great idea – well you're not the only one. Search terms to use online are “context analysis pdf” and “context analysis template”. This search will provide you more than you can probably use.

As MCs, we are the socializing agents of a culture, and we form reality by influencing individual thoughts and experience. Think about the erotics of instruction for a moment. In this relationship there is an expected power dynamic



present between the student and instructor. How strongly that dynamic is depends upon the culture you grew up in. As the instructor, we are presenting an organized view of the student's role, their relationship to us, how the student should relate to the information, and ultimately the acceptable presentation of this information by the student back to the instructor. Teaching will always be one element of socialization that is fairly consistent across contexts and culture. Think about what we all picked up in school about history. The representation below illustrates this point well.

Feudal society in three tiers



This graph is intended to create a complete picture of the experience of the three classes of people in society. It brings together contrasting qualities of the experience of life that are easily understood. Seek to create completely immersive experiences, and then practice complex and linked behavior bit by bit by utilizing contrastable experiences.

Want to create a niche for yourself? Then use the overall picture in your life to give details that you can establish as exciting in a comparison against. It's possible, but only through bringing a story to a better place and then contrasting what it is like outside of that niche. Doing that creates preference. Think about what we are doing here. I am sharing our reality through instruction and contrasting this to be alluring to the individual reader. We are telling each other a story about how we fit, or don't fit in society, or the world every day. The story you're offering your toys creates the opportunities that allow them to walk along with us happily. After all, it takes so much energy to clean up after humans that are bound and set only as furniture. I sometimes have to ask myself if its worth having to always call for the maid. My human furniture can be so much more entertaining as pets, or hucows, and service

oriented toys. That's just my preference... Forniphilia will always have its charm though.

I want to share a small snippet from a book I just finished reading that illustrates the power of stories in our thoughts and lives. The book, *The Gate of Aesir Series – My Life is A Story and A Wager* is filled with underlined examples that illustrate this point.

“Just stop, dear audience, just for a moment consider, you as a person have lived your life well and have accepted that good people go to heaven. You gave up so much to live the way your Faith demands. This way of life, and all that you considered, acted on, and denied yourself, were all based on what you accepted as the story of your life. This example is not such a strange thought, but what if when you died you were asked a question that changed everything. What if when you died you approached an angel or entity that has never taken a breath and longs too. This entity enthusiastically looks at you expectantly and asks of you to share how heaven was? That’s the power of a story. Our stories embrace and hold us all together, or isolate and divide. Our stories contain identity and share what it means to be us, active, and interacting in this world defined by context.”

I loved this story because it blurs the lines between what makes a story an experience that may be real, and what makes a story, a recognized truth only after it has happened to us. Thinking through these aspects allows us to talk about them and communicate with each other meaningfully. Mapping these features out assists us in designing states with less stress, anxieties, and uncertainty. That reduction of uncertainty lessens the friction in our thoughts and the stress that we carry through to the relationships we are engaged in. This stress carries over from area to another in our life. It often happens subconsciously, in order to get relief from thoughts, and feelings generated to deal with coping with a problem. Seek to create a more harmonious environment, because even if a standard does come under scrutiny, the result of the scrutiny can be to strengthen the position or action.

My rule of thumb is to inform the servant to be ready with a workable alternative if there is something that is not yet perfect before presenting the ideas to me. This expectation ensures complaints are well thought out and the process continually gets better. Yes, with a free mind there will always be some grumbling. Even goldfish give an extra pucker when they think there is a little too much slime in their fishbowl. It's like when irritated Trump MC



supporters take a taco away from a Mexican and make him believe he's a fish. Yup, that face makes me smile as a taco is dangled just over overhead, but it's still not right. No fish were harmed at this Trump rally satire. Getting back to this now.

When people are added to the house for play or long term service it should be recorded as an event. Talk about the history of relationship, the household, family, organization, etc., and decide what is appropriate for to communicate additions and exits from the House.

There are stories and history in our life so record and communicate them as such. Some MCs I have known have done this by keeping a House Journal and a marriage diary. The diversity of characteristics of the people that you will collect will be surprising. Many of those difference will not be visible, and an onboarding process will be helpful when bringing new people into a House.

I'm used to dealing with more than one toy at a time. If you're playing one on one, most of the time some of this this will not usually be needed all at once. It all comes down to preference and circumstances. Unless you're planning on keeping your toy as furniture or pet, with no outside interaction, you will need to train updated social skills. I found this story on the internet some time ago and the author is unknown. It will impart the social skills needed to deal with information sharing amongst servants who will serve side by side in a House. [The Triple-Filter Test of Socrates](#) is a good teaching tale to begin imparting to your supplicants today.

In ancient Greece, Socrates was reputed to hold knowledge in high esteem and so he took care to take in only what was true. One day an acquaintance met the great philosopher and said, "Do you know what I just heard about your friend?"

"Hold on a minute," Socrates replied. "Before you talk to me about my friend, it might be good idea to take a moment and filter what you're going to say in order to stay within the bounds of the truth. That's why I call it the triple filter test and your story only needs to make it through one of these filters for it to be welcomed here. The first filter is Truth. Have you made absolutely sure that what you are about to tell me is true?"

"Well, no," the man said, "actually I just heard about it and..."

"All right," said Socrates. "So you don't really know if it's true or not. Now, let's try the second filter, the filter of Goodness. Is what you are about to tell me about my friend something good?"

"Umm, no, on the contrary..."

"So," Socrates continued, "you want to tell me something bad about my friend, but you're not certain it's true. You may still pass the test though, because there's one filter left—the filter of Usefulness. Is what you want to tell me about my friend going to be useful to me?"

"No, not really."

"Well," concluded Socrates, "if what you want to tell me is neither true, nor good, nor even useful, why tell it to me at all?"

Would you teach this to another? I have and believe it is useful in shutting down rumor in a house. Again, Socrates's Three Filters are...

1. Is it True?
2. Is it Good?
3. Is it Useful?

Realizing what ultimately matters to us helps keep recurring stresses in perspective. As you develop your own style of mastery of Tao of the Crown you will be building your own library of foundational thought on this topic. You will have journals filled and a library that supports your interests. I love books and I have a tendency to create libraries anywhere I spend a long period of time at. You will find I recommend a lot of different books and products that have made an impact on my development. I don't believe anyone who has taken the time to study and practice a skill, can communicate knowledge without sharing works that have influenced them.

I recommend the book, *"The Stories We Tell Ourselves"*, if you want to delve deeper into a psycho-social narrative approach with your subjects. This is the book that will begin you thinking along those lines. Too many people rely on what they picked up going through life without really questioning it. When dealing with our own belief over the course of lifetime, there will always be some things needing to be changed, updated, and modified. This book may give you some ideas on how to approach and structure those changes.

We are supposed to be guides. That is why we have some indication or understanding of what to do next. We Mind Controllers put forth plans that have the



potential to make life wonderful or meh... Live accordingly.

I don't want to see your meh face again! Don't get stuck in your thoughts. Good people are more important than mistaken values. That is a rant for another day. Today's rant should be on cursing everyone that thinks applying for jobs should consist of uploading a resume and then filling multiple forms with all the information contained in resume that was just submitted. To you, resume bureaucrat, I really think you are an asshole for wasting so much time in my twenties. What can I say? I hold onto a grudge.

Those individuals who walk along with us during our journey are showing us they are ready for the adventure. They are demonstrating behavioral proof of that readiness through their compliant actions, words, and thoughtful conversation on



these topics. I want more than human furniture as servants, lovers, objects, and pets. Yes, you may still be used as furniture, but I'm okay with you not being always happy about it. My perspective highlights the type of people I enjoy and look for. I want a village of serfs who care for each other, and treat each other as family. They live under my banner and know they have a home in their service to me. They belong with me and work to keep strong our Crown Homestead. Along these lines, I found this painting, *Destruction of Serf department* really amusing. The historical treatment of serfs is oppressive and often terrible. I promise to be a much more benevolent ruler. This benevolence brings me to the next question and paragraph.

Ask yourself, what is it you have to offer those who come to kneel before you? Talk to people about this question. Ask others what their role offers those who seek to belong to them. There are many reasons a person may state as to why they are who they are, and what they believe they have to offer can be just as complicated. It may be that I offer a serf a connection so powerful that they have been searching for it their entire lives. They find it is written about through historical novels, and they have found themselves seeking out these themes in books, movies, and theater everywhere they look.

I seek to build a space where people may serve me in order to express themselves in a way that society does not always recognize as valuable and worthwhile. For me, to realize this dream means I have channeled my story and those I control into an authentic life. It means what has been created speaks to what I will leave as a legacy. The Tao of the Crown has been shared as a system of belief, attitudes and practices set towards the service of living in harmony with a person's own nature. That goal makes me very happy.

The questions and concepts that you discover as you further this work become your own. Don't worry about using everything as it is written. I am vague on purpose in some topics in this text. Use what works, and allow yourself the opportunity to try out several ways of accomplishing your big picture design and goals. Change is constant and our projected development must be advanced with that in mind. When choosing to live by the Tao of the Crown, we become the living embodiment of the dreams that many people harbor. It is my hope that you move forward with a sense of humor, and the courage to state what you want, and what you perceive in any conversation. Think about this. There was a time in your life where you may have gotten nervous telling someone to kiss your ass. Then later on you may have discovered there was a moment where you may have been nervous telling someone to lick your ass. I believe you should say both of these statements with confidence and with giddy joy! I do appreciate a good ass!! I love seeing that ass stuffed and spread too.



We all seek to have good lives, but not many reach for, or attain what they want. It doesn't matter that we will make mistakes, but it does matter what we do about the

mistakes we make. We are people who seek to inspire, inform, and offer an opportunity to live another way. We are not content in a cookie cutter world, but that doesn't mean that we can't enjoy our time within it. We MCs wear many hats, have great responsibility, and dare to design lofty lives, which are as authentic, and as valid as any other way to live.

We all seek to live life happily and in a way that honors who we are. If you have ever been around someone who is happy no matter what, you'll quickly discover that life becomes a bit happier for you when they are around you. It's as if that energy is broadcasted out from them to charge us up. Whatever it is that we're feeling we demonstrate, describe, and react to, while inspiring that feeling in others. As we are communicating on many different levels with others you'll come across laughter, sadness, passion, and utter relaxation. While you may not want to be referred to as the most relaxing lover someone has ever had, I will tell you that making people relaxed, and safe will take you farther than you ever thought. When you step into an emotion that makes you glow happily, you will find that it is possible to take anyone with you. If their emotional range is shallower than yours they will still feel like they have gone deeply into something that they are unsure how to relate to. They will know that there is more there than they were able to feel alone. You will make them ache to know that depth that they may feel with you.



Each and every time you share emotion with them the experience will be enriched. Look into their eyes. Most people will never know how good they can really feel... Use the power of the Crown wisely. *"Knowing how to yield is strength" Lao Tzu*

MEMENTO VIVERE "Remember to live."



Who might YOU be? My imagined audience for this work

"We all will meet Scriptatarians doing this work. I stumbled across the remains of one fallen Scriptatarian as I walked alone. His bony fingers were still clutching a cardboard sign which read 'Will smite sparingly for whiskey'. You see, for a Scriptatarian typos are weapons that can make them stumble and stutter faster than any strong spirit. The power and impact of your experiences comes through our interactions and not the scripts we'll use. This Scriptatarian relied too much on spellcheck and probably 'fainted' when he should have 'feinted', taking serious damage. All that remains from this story is to share what he believed to be so important. After all, he held that script in his hands as if it were everything that represented his world. My advice to you is don't be afraid to make things up, and laugh when you make a mistake. You can just say what needs to be said. That's advice more important to you than whiskey on a good day." Joseph W. Crown, 5/15/2016, End of seminar celebration toast at Perks & Quirks, Westerly RI.



We Mind Controllers hail from all over the globe, and come from diverse backgrounds. I imagine some of my audience will find themselves here because they are curious. They may be lacking of some fundamental skills, but they have a passion to control. They think they could do this well, but have only dabbled into the area. You may have picked up many self-help books, studied NLP, hypnosis, and various methods of meditating and trance. There is good news for you. This book will help. This book is designed to assist you with questions that you can drill down into for yourself. I will share different perspectives and conversationally give you an outline to design your own success, but this is not a mere workbook for influence. I'm not pitching you other products through this work. I'm not Tony Robbins, so you are going to have to read this work and create your own space to explore these ideas. I won't be charting every part of this process for you, but I will be giving you exercises to get you started on the path. Use this information as stepping stones to outline, organize,

and plan out on paper what you want to investigate and further. I prefer paper and pen before putting my notes into a computer. Paper allows me to scribble and refine ideas just like I did as a kid. Don't be afraid to use the sandbox that works best for you to shape these ideas and questions.

I imagine this text will attract some PUAs from the seducers crowd. All seduction is a skill. There are more skills that is needed to direct the woman/man/group into a managed relationship than your average PUA system imparts. PUAs walk the edge of the Nilla culture and the Kink lifestyles. They entice with the energy and passion of someone who has a foot in two cultures, or even two worlds. I have a lot of respect for them, but being a PUA is not enough for me. Sustaining a relationship for one person takes effort and skills that go extend beyond PUA topics. If your weren't constantly banging new woman, and leaving others in the dust, you couldn't hold cred that you were a PUA. Sustaining and managing multiple relationships can be easier or harder depending on how your goals, roles, and interests that overlap with your desired Jane's. We'll touch on that here, but even I won't give you every answer you need. Teasing your Jane like a PUA can be fun. Get to know her, and her friends, progressing into this experience you'll add fun challenges and leave them wanting more.

Seduction and relationship management are two different skill sets, but they are complementary overlapping skill sets when trained well. If you're going to begin this work after your relationship has developed for a while it's going to be more work for you than if you were just starting out. Well, easy is still possible, but in my experience it is not as likely unless you share this MC fetish together. Master the Tao of the Crown and you will have the ability to create an intimate community anywhere.

We all become stories in the end. This text always encourages the possibility that you can enjoy an exceptional nudey pic and spankable ass whenever possible. For you dear reader, I say why not and I've included a picture or two below!



Nope, not this one. Wait... Did you think this was the end of the chapter? No, no. I wag my finger at you with a smile. As you can see from this image above, the need for pictorial nutrition has been present within human beings for as long as there has been spankable bottoms. You will find that if you are interested in this lifestyle you will need to know some core concepts of what is possible. Terms of identity and motivations for why we do what we do, and these can only be fully explored through practice and communication. And like so much of life itself, this is an experience that many people strongly identify with and so there are numerous ways to express it. You will have to look for communities and further your reading to come to honestly live this material. Here are some of my favorite kink resources today.

www.Fetlife.com www.alt.com www.collarspace.com www.hypbook.com
www.mcstories.com

These are great places to enjoy the many different flavors that are possible to start out. These days even www.meetup.com offers adult gatherings and potential learning opportunities for MCs.

I have come to appreciate Kali Dubois a lot. I will share her YouTube channel with you so that you can dive into her perspectives. <https://youtu.be/NAC71NyMudI>

David Barron, aka Dantalion Jones, has shared many links to www.ellipsisbehavior.com and the material there is a mix of social engineering and tactical psychology. It covers everything from profiling, body language, and hypnosis. The site has put together the first self-contained body language map of

human behavior in the world. I don't know if that map is culturally standardized, but it is interesting tool.

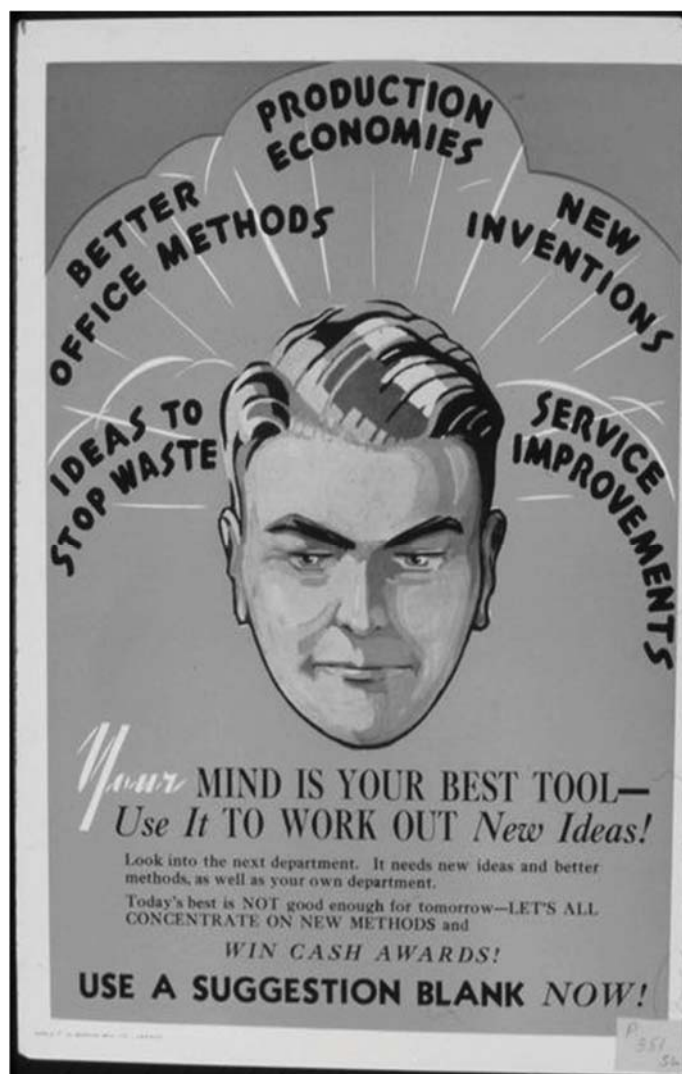
This book can help you to expand your sense of self and fairly quickly acquire a presence of controlled authority that others can sense. If you follow along and put in the work, you will be at a significantly more advanced place than many people I have encountered with years of having their toe dipped into the kink and MC scene.

Enjoy the journey, and remember that the essence of your control and energy comes from going through this process. This is a personal journey for everyone, but we all share some commonalities. The answers you get here will be updated and refined each and every time you go through this. Now, I bet that you have already skipped through the book and found things that made you giggle, and so I offer you a treat. Finally, a great spankable ass!



I welcome all you individuals who are already teaching elements of mind control and behavioral modification to others. Good Sir or Madam I hope you enjoy. Please reach out and share your thoughts. You will get the most out of the techniques here by doing the exercises for yourself.

Wait, did you think the chapter was done again? Words and pictorial things below.



I imagine you have all come here out of a sense of curiosity and interest. As we get to a particular level of skill there are moments when something is explained so well that there is an overwhelming urge to steal that technique. To you I say make it yours. I do ask that you give credit back to me. I am creating this work to expand and connect diverse bodies of knowledge so that more people will have cognitive bridges into these areas. As an Operator, Practitioner, or all out Mind Controller, it is up to you how you use this knowledge. If you're building a cult there are resources for you such as *Cult Control by Dantalion Jones*. If your deprogramming, reprogramming, or engaging in re-education campaigns. There are bodies of knowledge out there for you! Often they are in plain sight masquerading as something else.

Impression management, propaganda, self-directed learning, and the nightly news, are all are filtered to conform to certain standards that have positive and negative consequences. What I am trying to say here is don't blame the information for making you laugh maniacally while going through with your plot to take over the world. The information is neutral and can be used to hurt or heal. In my opinion, utilizing this to design and build a life is one of the best things you could do. It doesn't matter if you found the power to control in you and are seeking the drive to use it well, or you found the drive in you and are developing your power to control. You are right where you need to be.

Use what works and share the talent. I love an orally schooled student seeking to get an A. :-> Don't forget to share your females, eighteen and over, my way! I appreciate presents of adoration from my readers.



Whoever you are and whatever the reasons for you exploring this material, I ask you to take care of each other. Reveal carefully your desires to others and think before you act. **Kink responsibly.**

As you go through this text please share your experience. You may contact me at crownhouseone@gmail.com and please keep in mind I do get a lot of communication. I do not answer everyone.

I recognize that not everyone reading this is a MC. If you plan on offering yourself up for services to me or anyone else, make the message you send thoughtful and demonstrate that you understand what you're offering. First impressions count and I want someone who is ready to show me they are responsive, intelligent, capable of learning to anticipate wants and needs (Also known as trainable), and eager to fulfill a role offered to get their foot in the door. In closing I'm going to show you an example of a bad message so you don't do this. Ever! It is sad and irresponsible for this person to even contact me, or anyone else. Let me describe what lead up to this email. People like this are not fit to serve MCs.

One thing that I enjoy are couples that are slaves and want to be used as such. It goes along well with ruling over my village of peons. Anyway, I got a short message from one such couple that I will share below. I will keep their identities anonymous.

Hello, we would like to apply to be your slaves, servants, or peons. we are taking it slow at this moment and we are seeking a master to control us. we are exploring our shared interest and destiny to serve a strong dominant. she wants a highly sexualized male to serve, i (the male here who set up this account) am interested in a more religious and spiritual connection based on asceticism and worship of the dominant in a transformation to a chastity based lifestyle of service and self-sacrifice. If you would accept us to service you and be trained to please it would give purpose to our life.

Begging at your feet.

Xxxx and Zzzzzz

I read this and thought that perhaps these people had potential. I am attracted to their submission and formality. I would have no problem having her orally service me while having the male's tongue never leave her anus. So I replied back to them being in a happy mood.

While I appreciate your email and offer of service it is missing a few things. Important things, like who the hell you are and why I should be interested in you in particular. I have multiple orifices I can enjoy so it is not the sex I crave, but the control and the relationship. If you fit into what I seek and are willing to step into roles that demonstrate that you can be active members of my House then there is possibility here.

First, I want to get at who you are as people and I want to hear more from her. Unless there is good reason that she is not more vocal here, such as inexperience, this application of supplication is lacking. I get many emails from men and women. Why would I choose either of you? Convince me while sharing who you are as people and not furniture that has no personality. Learn from this experience and spare the next person the irritation of instructing you both.

J

In my experience, it's hard to find good people that have their shit together with little to no baggage. While not eager in my response; I left them a clear invitation to put in the work. What do you think I got back? The response was something that is commonly referred to as bait and switch. This is what gets us Master's irritated, jaded, and shaking our heads wondering why we replied back in the first place. I do realize that single females can get a lot of these messages also. Anyway, here is the email.

when this profile was listed as a couples profile. i recently switched it to being just a male submissive's profile for a couple of reasons. she and i are both very submissive and do plan on serving together. however, we are still in the earliest stages of getting to know each other and i began to think that advertising us as a couple indicated that we are at the point where we are ready to begin. i don't think it is very far off-it is something we fantasize about a lot -but i don't want to put pressure on her yet as though we were ready to begin as soon as we contacted a good Dominant. i do love Your profile very much and can only imagine what an honor it must be serve someone who knows themself so well -best to You!!!!

What would you do after getting this email? I ignored it and hit the delete button. After getting to this point in the book I decided I needed a bad example for you not to be. Whoever you might be out there, I implore you not to do what this person did. If you let people like this waste your time they will. For the purposes of this work I decided to play this out. I found this message a day later from him.

such a beautiful profile -best to You, Sir!

What do you think you would do after getting this message? Something else that I have noticed while communicating with potential servants is incorrect grammar. I don't mind getting the lower case "i" when they are talking about themselves. I can understand that as being an extension of identity. It gets annoying when people write me without any clear distinction about capitalization or what makes a sentence. Heck, I'm not perfect with my sentences but you can understand me. I have seen this pattern with people who are CEO's of companies and individuals with basic education. Don't judge someone by their written communication alone. I have been surprised often enough that I'm sharing this here. The last person who

they interacted with may have told them to appear simple or transformed them into a bimbo. Unless you are going for brainless as part of your role don't dumb down your message. Start smart and share how control can make you feel and appear simple. I find this problem tends to be with male applicants.

At this point I wrote back only to get closure for this example in this work. I would have never wasted my time at this point. Here is my reply.

I appreciate you explaining this. I ignored your last message for some time because of the reasons you gave. I am more interested in a female, or couple, than a single male. If you get together and this is possible then let me know. I get many single men seeking to serve. I want people who desire this and seek to create a strong bond for life time or long term. Will you try again and get it right? I wonder...

J

Do you think he got it right? Nope! The message I received was desperate and sad. It spoke of someone trying to hold things together and not someone who is healthy. Ask yourself if you would want this person as you read his reply.

thank You for Your correspondence and patience. it is her lifelong fantasy to marry a Dominant man and we originally met on this site because she responded to a profile i had experimentally set up a while back which said i was a dominant. however, as soon as we met, it was obvious to both of us that i could not dominate her. we have remained good friends however she denies me access to her body and makes me fantasize about her each night either having sex with a Dominant or to fantasize about a wedding ceremony with her and a Dominant. as i probably mentioned i am a straight male and wish to remain so but all of my fantasies now include serving a Dominant -usually in the way of being a servant, or religious follower, cheering for His sexual victory and conquest of the woman i am in love with. since i met her i went ahead and bought a cb6000 male chastity device and have read up a lot about the submissive men who give up on their own sexual aspirations with a woman in order to dedicate themselves to the service and submission to a couple or sexually Dominant straight man who is successful with women, if that makes any sense. i hope this helps to clarify where she and i are at. she has let me know that i will always be a part of her life, but that she only desires sexually dominant men. thanks again for the opportunity to share more with You about her and i and to hopefully learn more about You, as a man who is sexually Dominant and who is successful in making women fall in love with You.

It is possible to be direct and respectful. This principal is something I will always impart in those I mentor as Masters and Mind Controllers. Being sincere, and respectfully impartial is important enough to me that I will test for this quality in my servants as well. Desperation can make people act stupid because they're not

thinking about what they are doing. Since they aren't thinking well they aren't making good choices. They aren't learning from their behavior. Seeking trackable or measurable results as an MC can encourage people to challenge their own assumptions. We all need that reality check sometimes.

Getting back to this example. I wanted to be ethical. Being ethical is a loaded word that is vague here. Whose ethics will I be applying today? Will these ethics be based out of position of scarcity, or have any consideration of impartiality? I mention it here because "ethics" is a commonly used word that is intentionally and morally deceptive in some cases. I would much rather have someone explain their thought process and intentions. Offering up what is specifically important to them in their consideration of a matter is the best way to go. This is of course just another "ethical" opinion.

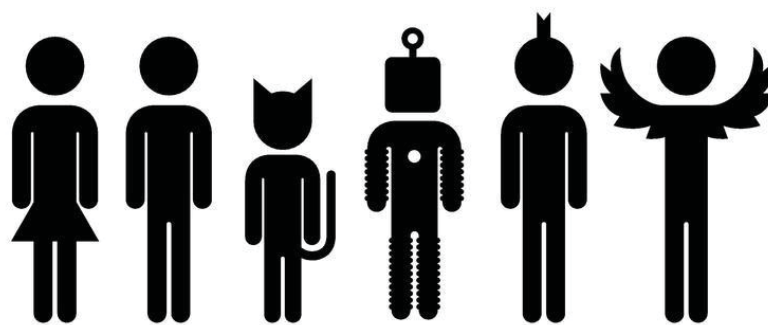
Here, I feel a responsibility to close this conversation down. I will not allow someone else's behavior to cause me to act in a way that I don't like. I also believe that being nice is not always the kindest thing I can do for someone. I am considerate of the thoughts and energy that I want flowing through me from my actions. I have a chance here that just maybe I can leave this guy better off, or at least coming up with a better line for the next person he approaches. I went back and forth on my response before sending it.

In the end, I decided not to comment on the bait and switch, or the unrealistic mindset. I crafted my response to refocus on what the purpose was that he contacted me with originally.

It sounds like I would have to hear from her. What you have described to me is not a fortunate position. Let's see what the future holds.

J

As of yet, I have not heard back from him. The original purpose of the communication appears to be a condition that will not be satisfied. I have to wonder if the woman he mentions even knows about this profile. I have to ask myself, if I was this man why would I send out an email from this position in the first place? What my head tells me is that he was hoping that someone would figure it out for him, help him go through this experience, or maybe see something exceptional in him and bring him into a better circumstance. Thinking this through to the end, for ourselves, we can get a sense of the potential consequences and responses from someone else's perspective. Use this example and create impressions that attract opportunity instead of repelling people and future opportunities.



Wait! Don't get up to pee or tease your play things just yet. It's not the end of the chapter! I'll bet you didn't know that it is really hard to find fun gender neutral bathroom icons for our beasties.

There is one more thing for the communication challenged amongst us. This applies to those starting out especially. Below you'll find some of the questions and topics that should be brought up before you wipe their mind totally. I like to look for someone who can communicate to me that they understand and seek to live under the control of MC. I will ask them to respond to statements like I have listed below. I have them verbally and in writing respond to these statements. Keeping records and files on a person has a powerful psychological effect for many people. These questions can be asked in any order and at different times during the beginning of the getting to know you period. They are important to me because they represent mental stability and fitness of the potential person.

Do you feel you need to be totally helpless and at my disposal, physically unable to resist what I do with you?

Do feel the need to serve a partner and treat them with the highest respect, addressing them as a superior?

Would you like to submit to a partner and see serving them as part of your life purpose? Describe your ideal situation.

Service to someone you love or being in service to someone that offers you a chance to build a life around them is a powerful thing. Talk about this with me.

Do you sometimes enjoy being forced to do things that you dislike?

Do want to worship your partner as a God, King, or Feudal Lord?

Do you enjoy being in the headspace of an animal or a child, where you don't have responsibilities or say?

Do you believe that there is a natural order present in that world that dictates if a person is a Controller or is meant to be the subject of control?

What is good for you, anything that is off limits, and how you spend your time should be Okayed by your partner. Do you agree?

Any use I desire from my property is proper use. Describe your reaction to that.

Are you seeking to submit to me 24/7 and have that service become your life purpose? If so how have you prepared yourself?

Are you willing to bring everything that you are forward in order to live a life as an MC servant?

I will sometimes ask these questions when a newbie is trying to convince me that she/he is the one I have been waiting for. I enjoy having these questions asked while I am being sexually serviced to gauge participant response, and it adds in an unexpected element that a person does not expect. For example, inviting over a friend to have a drink while the person explains their answer, or having two people stand behind them as they answer can delightfully turn up the pressure. There is no right way to get these questions answered or to ask them. A lot of what we do is a performance art. These questions represent what I enjoy and seek in another person that pursues their service as a link unto destiny. Enjoy yourself and see if these questions and topics work for you. What we share with the world should include our joy. It makes the rough patches better and the smooth rides more enjoyable with better company. Joy is something we all should seek to live our life with, and design more of as our future is imagined. Now go and make some memories! Stay in touch. It's the end of the chapter. Finally...

*"Educating the mind without educating the heart is no education at all."
André Chevalier" Nikki Sex, Bound and Freed Boxed Set*

Fertility, bonding rituals, sex, and other tidbits

"Football is a fertility festival. Eleven sperm trying to get into the egg. I feel sorry for the goalkeeper." Bjork

Much of what I will say here you will probably have heard somewhere else if you've been around for a while. This chapter is important for MCs because at a certain point, we are the ones ultimately responsible for the establishment of celebrations, culture, and holidays for everyone in our lives. Think about the coming of age stories that you grew up with. A boy's status of time is marked by his body features that send signals out to the community that his maturity is here. Guidelines of what is expected of him are usually imparted to prepare the boy for his ritual challenge. His mind and body would have to focus and start thinking in the ways that the other adults do. These rituals and challenges are as difficult or as simple as speaking the words of the ritual script. Once a challenge is passed then the boy is a man and mentored to live as such. After the challenge there is no doubt in the community about the young man's identity. No one will be referring to him as a child again. I focused on the male here because the male often has a clear path of transition to manhood. Males for most of history were the first to die being the providers and protectors. Females could do all the functions that a male performed, but they gave birth. Males could not birth and so females were kept in a protected bubble from others who might make use of them. Standard cave man theory here.

Fertility rituals are those designed to remind us about sex, because reproducing with the seasons kept our culture moving forward in the past. It gave people a celebratory space of time to focus on love, sex, and put down the trials of everyday work. Work in modern life can be still indentured servitude. Fertility rituals seek to inspire fertile unions that happens to produce offspring and become part of the renewal of the home and the land. In many countries today sex has achieved a more accepted recreational aspect than it had in the past. Unless we are talking about Royals and those with money. Those people were screwing everything.

If putting a hotdog through a doughnut speaks to what gets your subjects thinking of sex, we're done right? No, the ritual is also signal for the community that no guilt or sin is incurred by your wanton actions. All this is cause for feasts and celebration. Research primitive rituals to inspire you to repurpose and recreate modern rites that have meaning to you. Take your time to investigate rituals you're interested in and study the processes that the initiate moves through to successfully complete the rite. Think about what you will do with those who do not fulfill the challenge. Much of

the universal human experience still operates the way that it did centuries ago. In many fertility rituals across the world there was, and still is, an expectation of sexual intoxication that is supposed to take over the participants of this rite. People still crave sexual intoxication today and modern society offers few, if any outlet for this. Offering experiences of transition, indulgence, and empowerment together creates lasting impressions. Seasonal festivals had many of these acts set within them and so have lasted through the ages. Those who sought to eradicate them failed and learned they had to combine and adapt these traditions to hijack them. Some of these ritualistic altered states are worth inclusion in our celebrations and further expression in our increasingly inhibited lives.

Cultures in the past succeeded when customs were passed on and marriage kept these customs from fading out of daily life. Marriage was the transition that a woman might become property and the continuation of the line of wealth, genetics, and potential cultural authority and power. That was not the only way marriage expressed itself across the world. Even this perspective in today's world is evolving, but the ancient way of thinking of marriage is still present.

Today, our connected society makes it hard to rule with an iron fist of a feudal lord, and even with the strongest mental powers we all have to sleep. There are organizations concerned with cultural progression and political power popping up globally. Our outward structure of our home and group organization must take on familiar aspects to ease intrusion into our affairs. Consent and selective mentorship becomes extremely important to build a feudal house, a destiny, and a life that some people believed could only be a fantasy.

As the world becomes increasingly connected it is also becoming conflicted by priorities and promises of the old and new ideals. Culture, economics, governments, and money are breaking through isolationist living. That does not mean that these forces are going anywhere particularly fast. These forces are seeking to be a standard onto themselves and those who set the standards are the people selling the goods and contexts. Take stock in what works for you. Create a way of life that has multiple layers of support and expresses you as an individual. That is the best way to live. Fill your life, thoughts, and day, with what brings you fulfillment.

What this increasingly connected world does for us is give us access to other people around the globe that share our ideas, philosophy, and desire to live in a way that makes us all feel alive. There really is a community for almost anything, and if it doesn't exist there is a opportunity to start it. The old adage of getting what you want can happen through money, power, and influence is still completely true. It doesn't mean that they get what they need. We all have some ties to the modern

world that would be hard to give up. Those connections can make us stronger or seek to break us with our weak points in our attainment of success. There are three elements that we must consider as we plan for the future. Those elements are knowledge, location, and identity. Each of these elements should be presented as choices in your plans for the future even if they are not in your mind right now.

The knowledge about what you want, how you'll know when you have it, and how best to communicate those ideas to others will be built from this self-reported work. The geographic location of where it makes sense to live the way you desire is up to you. The identity and roles you explore, and openness to your vision, becomes more or less approachable in different environments. Identity is best thought of as communicable aspects of experiences, materials, and symbols that can be shared privately and publically to form impressions of association. If you were doing this identity work in isolation, you would just be another soul with pornographic dreams and psychokinetic outbursts. You are probably not lost on an island with no easy means of communication with another person.

Since social media has made much of our private lives public, this is an area that must be discussed with those in your service. Techniques of impression management are being used by individuals to be more successful every day. If you are serious about living an independent private life, you'll need to balance your public/private persona to some degree. If that means keeping yourself neutral to invisible, or becoming more public in certain areas of your life, don't hesitate to do it. Think it through and make designing these intersecting strategies part of your rituals. Communicating these elements to those people in your service may be no different than an organization handling a style guide for communications with their staff. Having oaths spoken and written contracts signed are powerful things too. Whatever the form it takes; make it yours!

Did you know that having people lightly run their fingers over a rough piece of sandpaper for a moment makes them feel more empathy? It's believed that people experiencing mild discomfort are better able to empathize with the suffering and discomfort of others. Think about this for later.

Everyone has different expressions that they seek to honor in their life. As you do research into this area you'll discover that how you think about sex, relationships, and intimate expression is part of all of our cultural indoctrination from family and geographical community. I have seen young women doing a public dance with apple slices stuffed into their armpits. They did this so that they may give a slice to their choice of perspectives lover's. Each slice of apple is an invitation to have sex with the giver of the apple. This social custom encourages the female to choose a mate

for life after having sampling many different men. The first time I learned about it I thought of the garden of Eden and the forbidden fruit. That's the culture I took with me to that place.

There are villages that hold wife stealing festivals annually, celebrations where people wear their underwear even during sex, cutting rituals before sex, sexual prayer, sharing wives and husband across families, festivals of public orgiastic play, and so much more. Much of what I have seen and read is not for me. I would suggest that it should be seen, talked about, and understood. To me, these practices did not make sense at first as they did not fit into my experience of the world. Creating an experience that meshes with our life is important, and these customs offer options and perspectives to expand how we live. Many customs are there to ensure time is taken for actions like reflection, rest, sex, gratitude, family, and safety. These customs were established to celebrate what was important to our ancestors and demonstrate in-group identity.

Whether you decide to have public names for your genital, and you're very own genital chanting songs like the Hawaiian's did, or abstain from sex all together for a set amount of time, it should be a personal choice. Our sexual activity, just like our everyday life, is as exciting or as mundane as our own thoughts. Focus on what you want and find ways to make life meaningful. After all, sex and intimacy plays a part in everyone's destiny.

"S/M flies in the face of every attempt the state makes to appropriate our bodies, our labor, our time, and our imaginations....the state is deeply offended by any group of people who say, 'My body doesn't belong to you, it belongs to me, so fuck off'..." Patrick Califia-Rice, Some Women

*"An ocean of ink in a single drop,
Trembling at the tip of my brush.
Poised above stark white paper,
A universe waits for existence."*

Lao Tzu

Conditioning Responses

“Greetings and hallucinations! Let me tell you a story about authority. In the 1800s, Robert Liston performed the only operation in history with a 300% mortality rate. Robert Liston was considered a pioneering Scottish surgeon. He was noted for his skill in a time prior to the use of anesthetics with many surgeries. At this time in history speed made the difference in terms of pain and survival of the patient. In his most infamous surgery Liston was rushing through a leg amputation and failed to save his patient (who died of gangrene). Then he cut off the fingers of his assistant (who later also died of gangrene), and Liston slashed through the coat of a surgical spectator who stood next to him. The observer was so terrified that he had been fatally cut that he dropped dead from fright. What’s the moral here? I say its that all kinds of people hold themselves out to be an authority for us in daily life. Let’s see if the authority we radiate can inspire the most orgasmichly beastly thirst to please us in anticipation for our attention and praise. Tell me, when a person offers you that experience what are you going to say when they ask you if you want to be theirs?”

*Introduction from my speech given at The Dead Rabbit Grocery and Grog, New York, NY –
October 15, 2012, delivered to PUA Meetup Group*

Are you expecting me to start out with how to make your slut slobber like a model Pavilion pouch? Conditioned emotional response (CER) are what many MCers prefer to work on first. MCs do this so they can instill learned emotional reactions like anxiety or pleasure to a response, in order to link predictive cues such as a word or phrase. That makes saying “good girl” and “disappointing” so much more impactful. This is similar to post hypnotic commands, but here the operator is associating stimulus directly with the subconscious mind without the need to engage the conscious mind. The conscious mind of the subject is treated like a black box and often ignored. You can think of doing this with your subject as a mad scientist interested in objectification through laboratory play. This may bring a smile to the face of medical fetishist’s out there wearing their white coats. It is the observable action that matters in this methodology and not the mind.

For some MCs, installing a CER starts at the very beginning of training. It is at the start of training that the slave’s actions are expected to be clumsy and uncertain. Unless you are getting a person that is fully trained out of the box, you will need to start shaping them to your liking when you acquire them. It takes time for progressive subconscious learning to filter into the conscious mind, and it tends to be done best with stress. Make sure you are bringing in some form of behavioral conditioning along with basic formalities. I’m giving enough information so that if this is new and interesting to you, it’ll be easy to look these topics up and fit it all

together. You'll want to ensure that the environment will trigger conditioned responses that have been ingrained in the subject. Creating opportunities to strengthen the CER with anticipated triggering events is key. Remember to leave open the opportunity for a structured conflict to test your CERs effectiveness with the subject. You should be noticing that this is just another method to train subjects to perform, and each method will have different strengths and weaknesses. There will even be similar jargon that will come up for the outcomes and consequences of behavior. Conditioning methods will teach you to excel at utilizing the subconscious and physiological responses of the subject's body.

The process of imparting a CER is similar to the process of setting any other anchored response. A stimulus comes before a significant event, and the toy learns the association between event and stimulus. After several repetitive triggering events of this behavior, the subconscious mind of the pet creates the connection on a neural level between event and stimulus. At this point, further reinforcement will condition this CER to be automatically elicited on cue with greater intensity. For example, a word could be spoken, "disappointed" and along with the word an electric shock would be applied from a cattle prod, Taser, or a 9-Volt with some clips on nips, or voltage delivered through the floor. If the idea of utilizing the whole floor excites you search for [learned helplessness experiments](#).

Fear and anxiety conditioning establishes a CER fairly rapidly. Negative emotions tend to link faster and with more intensity than positive emotions. There can be less internal challenges to negative emotions compared to positive with this methodology. After a few pairings, the tone, word, or stimulus, will send a wave of apprehension through the mind of any animal capable of sensing the discomfort with the word "disappointment". Keep in mind that the ideal interval for creating a CER is longer than the suggested interval for creating an involuntary behavioral response involving skeletal muscles. Overall, positive pairings tend to be challenged less when utilized long term by the subject and others. Therefore, these positive pairings will tend to last longer than negative CERs point of extinguishment.

The interval application for conditioning motor responses, such as legs or hands (skeletal muscle movement), from a stimulus is only half a second. To train CERs, the ideal interval is 2-10 seconds, sometimes longer depending on the potential sensitivity to the stimulus. The exact timing of CER does not matter as much as it does when developing complex motor responses to stimulus. Bending of the knees, or physical withdrawal from an action are commonly used behaviors that this technique is applied with. CERs are typically regulated by the autonomic nervous system and can trigger sympathetic nervous system activation. Getting the linked

response into the awareness of the conscious mind is what takes the extra time, but the conscious mind is not needed to have this be effective. Remember, the conscious mind in this method is a black box and is treated as if it is unknowable.

Repeated CER activation can lead to a responsive mental state in which subtle, complex memories and thoughts become unavailable. The practiced behaviors are immediately elicited as the CER circumvents much of the frontal lobe of the pet's mind. This psychic state is where muscle memory meets autonomic nervous system to develop a submissive space (sub-space) that could be utterly blank. In that blank state of mind, the person's emotions are forcefully emoting to them that all is right or wrong with a particular action or stimulus. There is an immediate response firing within the subject's entire biology to experience and obey. Any experience that causes strong emotions of pain or pleasure can instill a CER in a person. These conditioning states do happen naturally, and your study will ensure you are capable of directing the results of your efforts, and all available opportunities to make the subject useful.

Both pain and pleasure awaken similar pathways in human biology. Those intense CER conditionings will send a person into therapy if they are released from their Master's service without proper conditioning to the new setting. Habituation and sensitization helps your toy to adapt to their environment by focusing on what is important, and learning to recognize social cues through your reinforcement. What is important in your subject's training should be thought through and linked to our overall long term design. Don't rely on this technique alone. Dig into the resources you have been presented here to develop your specialized skills.

Think about conditioning with pleasure, because with pleasure you'll offer will be something few people will ever be able to compare to. Pleasure can be even more painful if withheld or removed, and its intensity is more powerful than pain since pleasure is rarely seen as pathological. When a pleasure is pathological it is the actions that are treated and the thirst for it remains. This is why addiction is often difficult to recover from for so many people. Most people have no idea how good they can feel until they are powerfully and progressively lit up with pleasure. What would you willing give to the person who could make you orgasmic from the gentlest touch today? Now, imagine that pleasure and multiply it to be ten times stronger. Let it fill you up and as it settles into you with eagerness... You obey. If you never experienced that intensity of pleasure again you would be haunted by that ache to have it. This is what you are creating in others. Be warned and be prepared.

[Mark Cunningham](#) has been the primary force in establishing and working with pleasure conditioning. Pleasure conditioning is well worth exploring. Mark has been

teaching and training for so many years that he breaks down the material into digestible chunks incredibly well. You can find some of his work on [YouTube](#).

A well-used CER is where a certain food elicits an anxiety response and queasiness. Then another food makes the person feel comfortable, cared for, and safe. When asking the subject about this CER the response you'll get is that it reminds them that someone is looking out for them. Conditioned responses work well together in molding your fem-bot and you can make her say "beep, beep ba do"! Reactions can be chained together and built upon. These techniques have been used to train fleas to march and they'll do tricks to music. Including elements like movement, patterned muscle responses to move their body, and immediate action responding to cues (words, music, or sounds) are readily paired with trigger responses.

As responses are associated and rehearsed - the more ingrained they become. Football players know this because repeated practice moves their body instantly when the ball is hiked. This is a conditioned skeletal muscle movement to a cue that is culturally encouraged. Even this behavior can be redesigned by an MC. All we do is start pairing conditioning with designed mental states like the this. Doing it this way combines methodologies. The stronger the desire is to get the ball, the more fiercely they may step into their stride. The faster their stride, the more cardio they do. The more they feel their body move, the hornier they get. The hornier they get the stronger their potential orgasm is and the more they will beg to be allowed to cum after getting that touchdown. That potential pleasure fills their mind as their body moves with their building anticipation. There is a craving for speed and impact. Through every step of cardio, the feeling of how intensely they respond to pleasure will be pushing them forward, and pulling their thoughts away from any distractions that could get in the way. Each and every step will be happening faster and their breathing more rapid. They feel rapturous joy take them over as their body sings with pleasure, and their attention is only on the ball, and the goal.

Design responses to bring subjects through set conditions and link goals that attach the desired emotional states to the subject's action. This football example above is an over simplification of this topic. In that example you can see how powerful it can be as we start to utilize CERs, and pair them with other training methods. This example is almost a complete propulsion system. All it needs is elements to push and pull attention and emotions. How would you complete this motivational strategy? This example takes us beyond simply using CERs as the black box of the mind comes into play.

If a subject's training includes adopting new identities, such as 1950's housewife, tactical executive, or cum slave, you will have to establish firm rules (contextual cues

or protocol) for when that particular identity is worn. I like to use code words, clothing, collars, jewelry, and locations to trigger quick automatic changes. Once a subject's rules, reactions, and general expectations are laid out for them, there should be a clear understanding for each identity that will need training. After practicing identity directed behaviors for approximately 40 days, these behaviors will become automatic and ingrained. In addition, any corrections to these behaviors can be simply added into the practice/routine expression to develop complex identity based responses. As a general rule I don't suggest training with more the four CERs at first. When erasing identities, you may wish to wash out all identities and start again for best results. Be careful as poor planning can wipe out a lot of work. Cement one identity as the core and work with that before generating others.

If you think pairing CER reactions, tasks, and goals, with a strategy can get a little dry? Try incorporating gamification to keep things fun. Gamification is the concept of applying game mechanics, to engage, and motivate people to achieve their goals. Gamification taps into our basic desires, needs, and impulses by including them as elements in a structured experience. This structured experience revolves around fundamental goals that are further reinforced through interactions with others and defined elements in the game. The idea of status and achievement can be just as important to a slave as it is for a Master. Gamification can encapsulate these elements in variously different expressions of a role playing game.

You have an opportunity to join a game or create one that fits your circumstances. A great Hypnotist, Igor Ledochowski, has used Gamification to teach people how to run a successful hypnotherapy business. Igor teaches this game with one die, post it notes, and a large pad to write on. His formatted questions get people thinking while he brings people through scenarios like a grand dungeon master. While his game is getting people to play together it's also getting them prepared to think in terms of a business professional. You don't need to be a computer programmer to make Gamification work for you.

Don't discount old fashioned board games on this area either. I have seen grown men get into arguments and even fights from day long battles of Risk and Monopoly. Board games, and card games can also be role playing games that bring people together. There's a reason Parker Brothers prints 30 times more Monopoly money every year than the United States Mint prints real money. Utilizing games for a bonding experience that supports an appreciation with our world of imagination is not a new thing. To get started learning more about gamification check out the link below. To start checking out board games go to some of the larger book stores in your town. Places like Barnes & Noble and Book A-Million have a some of the best

selections and you can hold the box in your hands. Holding the box and being able to compare against other games, enables my love of instant gratification.

<http://zefcan.com/gamification-examples/>

Sometimes the joy of commanding someone mercilessly loses some of its humor and excitement. After a day of commanding a few slaves you may be filtering out the thought, “Can’t they subjugate themselves?” Most slaves may not like to hear the fact that there will always be times when we are weighing the choice to fuck them, or watch another episode of Arrow. Yeah, sometimes a tease is just a tease too.

Other times it takes real effort to switch tracks of thought in our head. Keeping it exciting means that we have to generate that excitement in our own minds and hearts. It means we must amuse ourselves and look for opportunities to continually bridge involvements with the surprises of life in our partners and toys. We are doing this for more than ourselves, we are managing the interactions of those that have become important enough to be considered part of our family (including pets, toys, and treasured slaves). That means there has to be time that you plan on taking for yourself also. It could be time to read a book, watch movies, or go out and enjoy time with fellow Mind Controllers. Having time with friends and recharging our internal batteries with ideas helps us hold onto that energy of control. Being in a community satisfies our need to recharge at times and can drain us in other moments. Fet life community organizers bring us munches to gather together around food and drink to encourage community. Religion has used community space for its works for centuries in order to revitalize and touch different aspects of people’s lives. Today many different groups are using the same communal experiences that have worked for culture to spread across the globe.

Think about where you are getting your inspiration and how you recharge best. Seek out likeminded people to share experiences with, because they encourage you to grow while keeping life interesting. You don’t have to take over the world together, but the journey is often better when it is shared. Each relationship is not the same, and work can sometimes keep us away from home. If social time is not planned, in my experience, it doesn’t usually happen. If you’re using gamification, remember to include text messages in your plan. When texting back and forth with your slave it adds another layer to get them thinking, and getting them thinking can include feedback from using Google Calendar. Even if it’s from across the bed, you can create anticipation with just a few words about what you’re going to do next. It could morph into bimbofication, humiliation, or shaming with all you record. Those who have a long distance relationship may enjoy this more than those in the same

room as their toy. Here are a few platforms that can be used across your devices with gamification.

<https://habitica.com/static/front>

<http://spreadsheetsapp.com/>

<http://www.perigee.se/lovespark.php>

Enjoy! Check out Google Calendar as goals, appointments, and events can be shared along with seeing when they are marked off.

“The way of heaven is to help and not harm.” Lao Tzu

*“Must you value what others value,
avoid what others avoid?
How ridiculous!”
Lao Tzu, Tao Te Ching*

*“When the highest type of men hear Tao,
They diligently practice it.
When the average type of men hear Tao,
They half believe in it.
When the lowest type of men hear Tao,
They laugh heartily at it.
Without the laugh, there is no Tao”
Lao Tzu*

“Chanting is no more holy than listening to the murmur of a stream, counting prayer beads no more scared than simply breathing, religious robed no more spiritual than work clothes.” Lao Tzu

Hypnotic Basics = Communication and Conditioning

"If lightning is the anger of the gods, then the gods are concerned mostly about trees."

Lao Tzu

Any of you know Pavlov? That name must ring a bell. If you liked that toasty cheeser of a joke you should give a listen to Eddie Izzard informing us about [Pavlov's cat](https://youtu.be/whwiMrBNWCA) (<https://youtu.be/whwiMrBNWCA>). I will not spend much time with basic hypnotics as I expect many people will be beyond this who pick up this book. Being good with hypnosis and communication means you have put in the effort to practice. It's no different than building muscle or building up your potential psychic power of aggressive reasonableness. You may have begun on this path after finding out that your practice would lead you to talk with many different people. Sometimes women, and the social experimentation often results in entertaining yourself and others. However it started, and whatever you did next, the act of thinking through your art and the responses you got must have thrilled you. At that point, you arrived at the same place as all of the Masters before you. So relish moving through the longings you impart with your pets and enjoy unfolding the crafted experience from one moment to the next.

For me, laying down and touching my slut; I start thinking and whispering in feedback loops. Before long, I'm speaking aloud and watching the effect I inspire. I want my woman associated into the sensations I'm describing and I get them talking as I explore their body. I have them closing their eyes, opening their eyes, and feeling a desire that has slept for far too long within them. Too many lives become rigid in thought, action, and emotional range because they are stuck in a certain way of thinking and experiencing the world. We use our art to open them back up to what is possible.

"When the student is ready the teacher will appear. When the student is truly ready... The teacher will Disappear." Lao Tzu

We have all rehearsed patterns, inductions, suggestions, and commands in a very rote way at times. We did this to make them part of our behavioral repertoire so that they would quickly come to us when we were in the moment. We went over and over them until we had them down without thought, or effort. We had to push ourselves through our art to bring more of ourselves into it. We all had to bring the best of what we could grasp at that moment into what we could express. I'd be lying if I told you I've never attempted telekinesis in the heat of passion. The more life we bring into that repertoire, the better we could make these experiences for ourselves

and others. Getting stuck happens. Getting into a rut sometimes happens too. The psychic mechanism for being and staying blocked is the same no matter the person's identity or role. What we do with our art and passion as MC's guides others out of routine states of mind, and into imaginative experiences that they often do not have the words for. Be aware of the emotional states you are reinforcing for yourself and ultimately others. It really does make a world of difference in your art and life.

When trancing others, you will sometimes have people take notice of your physical age while gauging your experience. You will get comments on your age when someone considers you too young or too old. That comment does not mean they are not for you. Have a calm, confident answer ready to communicate the spirit and experience you bring to the interaction. What people are looking for is balance of emotions, confidence, attractiveness, funny or at least optimistic, and the foresight to share what you want in a way that makes sense. That means being able to tell them what they will do, how they feel about it, and what you expect them to move through for an experience. You are the guide so this is good practice to think through your approach and style of engaging others.

Exercise

Write an ad that you can post online describing what you are seeking in one person or a group of people. Use hypnotic language, talk about the states you will walk them through, and how they will realize that they are moving through those altered states. Be engaging and recognize that this ad is an outline for the experience that your audience is seeking. Whatever you choose to describe have the reply messages ready to go with big picture of the role to be fulfilled, expectations you'll have for them, and approximately how long you will spend with them. This may seem formulaic, but making this fun and alluring will leave the feeling that they want to try this experience for themselves.

*"Some say that my teaching is nonsense.
Other call it lofty but impractical.
But to those who have looked inside themselves,
this nonsense makes perfect sense.
And to those who put it into practice,
this loftiness has roots that go deep."
Lao Tzu, Tao Te Ching*

Walking through the Crown Order Protocol

"My goal here is to encourage and establish a personal and organizational culture that realizes a more collaborative global utopian vision."

Joseph W Crown

I will briefly go over the Crown Order Protocol and highlight pieces you can make your own. The protocol is a kind of journey method that often starts out in the form of a progressive relaxation story. The subject is presented with imagery and locations which they walk through. The rooms become linked to physical spaces that become associated with the transition of specific mental states, sensations, and identity. You will need notes to track these states and build upon the process as the subject moves through these spaces. You should introduce all the rooms, if not the majority of the rooms, while engaging the subject for the first time on a particular story telling path.

I was taught a mnemonic technique called the journey method from my grandfather that this was based on. He used this method to tell long, elaborate stories and he always remembered every detail at each point in the story. He remembered these detailed plot points because the elements of the story were part of the journey he undertook in telling the story each time. These details became mnemonic loci for what should happen next and he could name the parts of a story backwards and forwards. These loci literally were the cues in mental geography that told my grandfather where he was and what would happen next. Some of you may have heard of the memory palace exercise. It has become a favorite in the mental training of philosophers, story tellers, and occultists over the centuries. The memory palace is a similar technique to the journey method, both of these methods are formally derived from the Ad Herennium mnemonic technique. We are unable to trace the Ad Herennium mnemonic technique's roots back to an exact inventor, but it's commonly attributed to Cicero in many texts. The Ad Herennium mnemonic techniques advocate for the speaker to develop a stock of memorable loci that could function as structural outlines for the journey of your speeches, stories, and performance arts. The locations of Crown Order Protocol are as follows.

The Chamber – Neutral Identity State

The Chosen Door - Mutually Designed Identity State

The Book and the Mirror – Layering identity, history, tasks, and experience

The Oath of Feathers The Obligation of Voice

Stones of Solidarity & Service - Journey Ahead

The locations of Crown Order Protocol provide a planned route via associating stories with mental geography in trance. In these rooms, topics can be associated with skills, identity changes, or behavioral and cognitive limitations can be acquired. Exploring the rooms in order to practice and gain experience can be helpful to break down new experiences with your toy. As you progressively deepen the trance experience you are bringing someone into a transformative and memorable moment that they may not be able to describe or recall well. While sensations of the body will fade in memory, the stories and engagement that the toy takes part in tends to last longer in memory. Those stories' also offer experiences that draw them back to you.

In this psychic space, stories upon stories are built up with each shift in trance. To do this trancery well you need to spend time getting the subject talking and embedding instructions for what you want developed within the experience. MCs who have had decades of experience naturally organize their suggestions in the vehicle of a story that unfolds into a journey. Then it is a matter of linking and scaffolding those responses to the desired outcomes. The outcomes are the consequences of actions from the journey's story and focused into present action, and future experiences for the subjects. In every good story you have the potential to bring in other characters that only exist within the contexts of a story to train specific identities.

Orders, instructions, suggestions, and descriptions can be directly applied to the subject immediately or to someone else in order to drive the action forward. If there is resistance to something due to fear, ignorance, etc., you can make it clear that this is about teaching someone else to work around it. The difficulty could also be a temporary trial that they must master to go on with the story, or something they vicariously learn by watching another person to begin with. All those skills you want the subject to have can be absorbed indirectly and progressively through storyline tasks and interaction. You can even have a village cheer around them for doing what needed to be done in the story and in the real world. Multiple lines of events, time, characters, motivations, and challenges can be used together. How are you going to keep track of it all? Having a notebook beside you is best. I spent a lot of time learning how ethnographers and role playing game dungeon masters keep track of the action. There has to be a balance in recording so that the activity of tracking data doesn't take us out of the moment by moment happenings unfolding around us.

Use the same deepening metaphors in your stories that create visual experiences that leak over into everyday thoughts. The best states to develop into everyday thinking

are comfort, confidence, longing, and a sense of purpose. I want those emotions and mindsets to lead the subject back to me and the stories we make together. Playing with senses as you lead the subject through elements of this process happens naturally and is aided by your direct suggestion. I have used stairs to demonstrate the depth required to gain access to a deeper space within a subject and progressively taken away all sound with each movement in their descent. I have used an elevator as some pets will race deeply down into trance and it's useful to bring them back up and fractionate them with commands. Trance time can be spent teaching a subject about a specific goal ahead and having them repeat back to you their purpose for being there. Trance time can also just be an introduction to an experience. Start seeking out myths and other stories that you can repurpose for your own lessons. Later in this book I will share some short stories that can be expanded upon and used for these purposes.

Matching stories and lessons may seem overwhelming at first. The purpose of the lesson may be to simply frame the experience of a training trance with you so you both can see if they are ready for something more. At the end of any experience there is the opportunity to give suggestions and feedback about their enjoyment, fascination, and pleasure of the trance with you. A simple lesson to mention to the subject could be to allow them to experience what it might be like to be completely immersed in a newly constructed world and identity. Every experience we offer the subject is aiding them in developing their creative potential and focus. What they are learning, no matter the story you provide for them, is to trust your command and obey your voice through this process.

As you begin to map out and create this experience; I recommend that you keep the same transition descriptions between the foundational locations of the COP. Let me share with you a bit about these spaces. To begin with I will describe a dark space that brings the subject through a tunnel. Their footfalls echo against the walls and there are three bright lights up ahead of them.

I use the image below as an anchor and representation for this space. This image is full of possible symbolism that can be used, and the grassy countryside works as a universal concept with most people. If you don't like the countryside fields pick another transition point as a break between spaces. I recommend that you pick the surroundings you'll use and be consistent with them before you begin to describe them to others. Get to know these spaces well so you will not make a mistake or mix them up with each other. Confusing locations would create inconsistency that may come back to bite you in the end.

The picture you see below is always my point of entry into the Crown Order Protocol. If other fields come up during your story, make sure you describe differences or figure out a way to make this portal uniquely theirs.

"The sage produces without possessing, acts without expectations, and accomplishes without abiding in his accomplishments. It is precisely because he does not abide in them that they never leave him."

Lao Tzu



"The path into the light seems dark, the path forward seems to go back, the direct path seems long."

Lao Tzu

The Chamber – Neutral Identity State

A person could be anyone as they walked through a meadow. Walking through this circular portal I like to suggest that something incredible has changed. The subject's everyday experience is left behind and being in this place is rejuvenating. This next door can be approached and passed through easily or by setting up a challenge in the story. Have them step on to the path and take in the view from the hills. Taking a right on the path you have them notice a wooden door set into a grassy hill.



You can have your subject see a note addressed to them or imagine a helper by the door. This helper will bring them into the chamber if they complete a task. I have my toy's look around for a key to this door that their helper holds until the subject gives the right answer to his question. The subject can only gain access to the helper's key as they lose their sense of self. As that sense of self begins to be flexible the subject begins to more easily see the helper also. Relaxing thoughts and comfortably settling into the potential to be anything is the goal for the subject.

Ensure that you name each room for the subject so that they associate the properties of each space with its name and feeling as things develop. When entering this grassy chamber, it is always the first room that responsibilities will be encountered. It is here that any guidelines for the current experience are introduced through the aid of the helper and your guiding voice. It is here, that we want our

pet's to return to over and over, through fractionation, and self-paced practice when instructed.

This room is to be sparse and silent. It is our instruction and interaction that fills this space with our life and spirit. This is a room where there is a small bed and a dark wooden floor. The air is warm and there is sunlight shining in from skylights in the ceiling. Here your subject must leave everything behind that they have brought with them. The subject is sitting just out of their timeline here. The possibilities of who they may be surround this place. Here all that is present releases their story in hints, signs, and messages. Tell the subject that these signs, signals and messages becomes more readily available as they go deeper into a peaceful blank state to become aware of them. This is the place I have my subject's find me when returning here alone. Instructions can be carried out and a little Joe, or my voice can be on their shoulder.

This space inside us is always seeking a calm, optimistic balance when we are in this place. The awareness of the moment is what matters here. Your subject's thoughts belong in the present and there is only your helper, and you as the guide. In this space there are no cloths and nothing but the essential you coming clean from the outside world. Clothes disappear, are removed, and are put away. There are no other cares but this moment. Have the subject fractionate opening their eyes to yours over and over, and take them deeper. Let the subject know they are getting prepared for the journey ahead. The goal is to have them thinking of nothing else but what you are offering.

Have the subject countdown seeing the numbers disappear as they say them. This modified Elman technique then incorporates a free associational trance. When the numbers are gone have them practice being one with air, or the sea. Float and falling with the dust drifting down in the sun. When they are totally flexible and able to transcend boundaries of identity tell them to open to the way ahead. The way in is between the concept of self. It is in-between awareness and dreams. This is the Tao (fractionate as before) open their eyes and close your eyes looking into yours. Closing their eyes and going deeper, being mist, going deeper, open their eyes and looking at you. Closing their eyes and going deeper. Going deeper than closing their eyes being water. Tell them to drink deeply of the water and it will nourish every cell. Feeling the water like energy inside their body. Anytime they return to this place they will follow the rules that are being imparted to them. Drinking the water here takes away every memory for a time. This water opens up the potential to be anything. When the subject drinks deeply they will go deeper in this peace.

The first time you do this you might want them to remember this moment. You have the choice to take away their name if you like, but ensure that the subject is able to stay in that flexible state of being before moving them onward. Suggest that a sense of utter safety and peace fills the subject completely. That peace is clear bliss. An empty receptive presence will come back to them anytime they are in this neutral space. I will sometimes use a bell to pair with this clear comfortable state. I will use the sensation of feeling puffed up with air in their heads, or bright energy that absorbs any thought if need be.

Other nice images to have the subject step through could be a steam room. Allow the subject to transition from the state of being liquid into vapor then water again. Then take them back again from water into a whole new person getting ready to transition into their journey. Other possibilities include, long warm tub of water, and anything that relaxes them, but does not give them associations into an identity state. Relaxation, but not arousal is the goal at this moment. Use your mental powers to impress upon the subject a clear, blank, state immediately when entering here. Anything is possible with preparation when this state is conditioned fully.

When the subject is ready for the transition suggest a door will appear and they will nod to signal their readiness. When they are ready have them slowly move to stand in front of the door. Tell your subject that as they stand in front of the door they will be entrusted with a single goal to hold in mind in their progression. This single goal will lead them to where they are meant to be. Choose a goal that you want them to discover about themselves, or whatever you want them to explore through this door. That goal will be explored through all that is possible next. As they open the door they see that the floor is a white ancient stone. This stone floor extends as far as they can see. Ask them to feel the cool smoothness of the stone with their feet. As they walk along the stone of the long corridor everything changes. Their journey is about to begin and they are beginning drawn forward.

You will find a picture of this transition in the next chapter.

"It is better to leave a vessel unfilled, than to attempt to carry it when it is full."

Lao Tzu, Tao Te Ching

The Chosen Door - Mutually Designed Identity State

“Learn to... be what you are, and learn to resign with a good grace all that you are not.”

Henri Frederic Amiel

When the subject steps through the door it will close behind them. They will be standing at the beginning of a long corridor that has many doors and seemingly extends infinitely. This space responds to my (the operator or MC's) direction and needs. The goal of this space is to move to the door that is pulling the subject towards the goal you made. The goal will be represented as XXXX (you may insert identity snippets that draw the subject into the background description). The doors here are filled with the symbolic expressions of lives and professions. The subject's eyes are attracted to the scenes and their minds get a sense of the stories all around them. This is why a goal was chosen before entering this place. We do not want them getting lost in the stories surrounding them. If the MC has another goal state it now and have the subject listen to the words echo through the corridor. This space responds to the words of the MC.

Right now, the subject has the potential to create the person they wish to be and explore who they might be. Have the description of that person that slowly is drawing the subject forward revealed to them bit by bit. The person that honors their desires and gains strength through the fulfillment of service is drawing the subject to their door. Tell the story slowly as if it is coming forth in whispers. Share a reason that the subject is being lead to that door if you like. Having the subject be empathic to what it would be like to experience that life and identity is what is pulling them to the door. Instilling that can be as simple as stating it to them. You can have them run their fingers tips along the rough wall and sensing its coolness to start bridging a common sensation between your subject and the person behind the door. Begin to share more about the circumstances and happening behind the door.

When they arrive at the door have the subject wait in front of the door listening to the story you're sharing. As they listen to the story the energy from the other side of the door fills them up. When the energy of the person has filled them completely, the subject will find themselves breathing at the same rate as the person behind the door, and beginning to sense what the other person is feeling. The subject will begin to take on the perspectives of the other. When the subject has all this contained within them instruct them to announce, "I am ready to open the door."

You want them talking in trance so that they will be ready to speak in their new identity. You as the MC should be the one to tell them to open it and proceed.

Having the MC's permission to transition will allow you, the MC, to adjust emotional intensity that the subject is experiencing by associating or disassociating the subject at intense moments. The MC should add any additional instructions and remind the subject of what is important before the subject moves through additional transitions. Condition your subject through prompting to move forward in order to ensure the toy does not dwell in sadness, happiness, hunger, etc., more than what is expected for them to understand, and be immersed into the inclusionary trance experience.

I have found that some subjects seek out specific emotional states once they get comfortable in this inclusionary experience. There is a difference between being fixated on experiencing a specific set of emotional patterns and working through emotional issues. At times both of these circumstances can seem very similar. You may have to talk with the subject after making a judgement call in dealing with unwanted fixation. Often bringing someone to a neutral state will support bringing people around these issues, but having many requests for storyline identities that involve specific emotional states is to be expected. It doesn't mean there is issues there. Those thematic requests are not always bad. Some of us really like comedies when we watch movies and some of us are drawn to adventure, or horror. Just stay aware, and know all you can about the person you've decided to take along this journey.

We all have our preferences about how we want the subject to appear in the stories. It may be strong willed, bound and unable to escape, or unexplainably drawn to obey. For example, a relatively simple start for slave conditioning may begin with the subject waking up as a slave who is kept underneath the kitchen counter when not in use. I may have a man sitting at the counter across from her with another naked slave at his feet. The man is eating cereal as his toes play with the naked slave's sex at his feet. He begins to talk aloud to himself and to the girls below him.

"Sometimes a girl just needs to be reminded that as a slave, she is an object. That she can be ignored at times, put out of the way when not in use, or actively serving. Sometimes it's for her behavior; sometimes it's just to have her contemplate her place. It could be just because she is not to be seen, until called upon to serve again. This is very important to understand slave. Sometimes it's simply because I want to enjoy putting you back in your assigned place."

Not every scene has to have the subject jumping right into the action. It's powerful to play with perspective, stereotypes, and expectations about what may happen. Don't be afraid to simply point things out either. For example, it is basically accepted for men to say their female partner makes them a better person. If a female

says the same about her male partner, she is considered weak and codependent. Thank you for your help feminists, but you are actually further objectifying people. Yes, this is a book that celebrates consensual objectification point out objectification. Don't be afraid to contrast experiences and point out inconsistencies too. These attitudes can make your job as an MC both easier or more difficult depending on the person you're dealing with.

Common themes in life that might cause stress are often used as teaching moments by people who seek to make others uncomfortable in order to change perceived norms and conditions they do not like. Our job as MC's is often to prepare our subject's for the onslaught of opinions that people have about how others should live, behave, feel, and agree with. Often we are making the person stronger by exploring what they thought of as taboo. Intentional communities have sprung up as a way of firming up specific responses in people and for those who seek to live with others who believe as they do.

Themes can be paired together so often that a repetitive set of emotions, actions, and responses may appear to the average MC as causation. Don't get fooled. Test your desired responses after reinforcement of responses have taken place. Think about post hypnotic suggestions for a moment. We would not think it unique to have a subject hear a cue and bark like a dog, or orgasm on command. When we get to the identity in the other room we should have considered our skills, tracking tools, and goals. The experience you direct the subject through is a test of the planning, skill, assumptions, and method used by the MC. I'm going to cover what I think you need to know briefly to do this well. This method has been proven. Below you will see the corridor that I use.



“Watch your thoughts; they become words. Watch your words; they become actions. Watch your actions; they become habit. Watch your habits; they become character. Watch your character; it becomes your destiny.”

Lao Tzu

“Why is the sea king of a hundred streams? Because it lies below them. Therefore, it is the king of a hundred streams.”

Lao Tzu, Tao Te Ching

Inclusion Trance Identities Tracking and Progression

"To the mind that is still, the whole universe surrenders." Lao Tzu

You've got the subject in the next room. Now what are your thoughts? You are about to have your subject walk the line between pleasure and pain, being pulled and being pushed by motivations and circumstances. Having clear goals for identities and backstory, will allow you to chart out the experiences that you want the subject to move through easily. Having these details ready will multiply the effectiveness of your planned and impromptu commands on the subject. Select features that are part of the geography to emphasize as these things can become a familiar part of a story. Think about the music and the slated words of the opening of every Star Wars movie for a moment. These elements can get associated with feelings and much more. Choose well and remember that repeating some elements is not something to avoid. At times these repeated themes or elements should be emphasized.

Where I live many of the churches, government buildings, and elegant homes have granite countertops, walls, and benches. To see that type of rock resonates with me, and most of the people in this area. I have no trouble describing the veins of color that appear to shimmer across these polished cool granite surfaces in the sunlight. Speckles of gold highlights and purple, draw people closer that want to touch this stone. When I see this rock it makes me feel good. It reminds me of home and brings me a pleasant feeling that tells me how good life can be. This chapter is about possibilities and the story you use will be left to you.

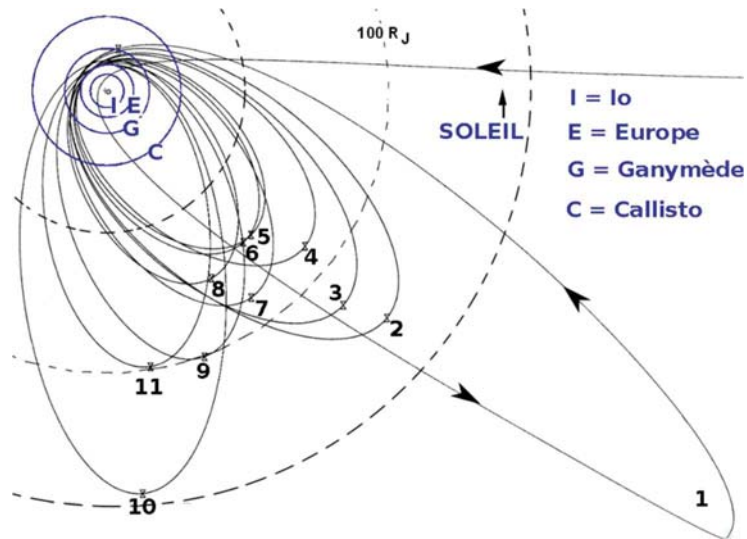
You want to immerse your subject into a given identity and circumstance. You may want them to come back to an identity several times before having them move on so plan for it. You may want them to bring qualities from this identity into their everyday life as well. Why do this? Your job is to create a thread that allows your subject to practice bringing abilities, skills, longing, and attitudes back for their main identity to express more freely or fiercely. In putting this all together you've created a hero's journey that the subject will care about! Let's look at the Hero's Journey picture below to get a sense of what it is we offer in this experience.



You may use the structure of the hero's journey to establish a legend and create smaller side stories. As you chart these storylines remember to think about your place along with the subject's role in all of this. You might be the supernatural aid, a god's voice, simply a narrator, or their keeper and companion. Your role can change at different parts of the story too. For example, in one story my voice was narration through the guise of an AI companion that fit into my subject's ear. I needed to recharge as my power level was depleted. I had the subject move through half a day in the story. When my power level was improved I had the subject tell me about all the things that happened while I was gone.

If you don't want to write all of the stories yourself there are collections of stories that can work for you. You still have to bridge the story with what you want to experience and accomplish. Some work is required. I recommend using something like a lifeline personal history chart to diagram backstory and character identity with milestones for your stories. This tool assists your efforts if you decide to merge or create associated timelines, along with new identities and characters. These charts can describe the year it is along with the identity's personal age, historic events, personal events, relationships, financial standing, and motivations. There are many software programs that will let you create timelines like Microsoft's Excel and Google Sheets. A quick search on the internet will give you multiple formats for this. I recommend the book *NLP and Life Extension: Modeling Longevity*, by Robert Dilts and Jaap Hollander. It isn't a large book but it is useful.

Pick identities and stories that align with your mission and goals. These stories become part of your reputation and speak of your skill.



This picture above is the Orbites de la mission primaire de la sonde Galileo. Libellés en français. I really like this picture, as we talk about a personal mission because it outlines the potential pathways that might be taken. When planning these adventures and goals we must doubt our path. We must ask ourselves how we can course correct to get to where we want to be if things go wrong. No matter what happens we have ability to shape our response and action towards whatever we encounter. At time you want to take an identity out for a spin in the real world and guidelines must be elaborated on. At those moments be aware the experience we are offering may include qualifying the subject's responses to be more inclusive in our life and defining in what capacity that will happen. Be sure you have goals ready (short term, long term, and for qualifying impromptu missions) and **mention the next opportunities to be tranced by you happily at the conclusion of this trance session.**

Just like any other trainer, you will have covert outcomes, which are essentially unstated goals. These goals seek to develop and further the agendas of both individuals. For example, one of my covert goals may be to get you (the reader) to learn and use training aids in order to quickly have you excelling in this method. It's no so covert now, but you get the idea.

Keep in mind that there are three points of view that you can move your subject through while guiding this experience. The first position is their own point of view. Things are just happening to them as the story unfolds and there is no knowledge except what it is they identify and sense. The second position is another's point of view with their knowledge and senses, and the third position is of an outside observer. Keep in mind in the second position you can have three points of view to work with when contrasting the experience. The person's point of view (POV) that the subject has stepped into is one POV, and their own POV. If you want to narrate what the subject could be thinking and feeling, the narration or guiding voice can do this as the guide role, or standing in for the subject's own POV.

When transitioning into second or third person, describe what is happening, and who the subject is when switching between perspectives. You don't need to mention the position they are taking. Just begin to move them with sensory descriptions and background impressions. Second and third positions can be thought of as augmentation of the senses. In many ways we do this when we use a computer to know what is around us. Even a GPS program like Google maps has its limitations and strengths when observing the bigger picture that we are part of.

I recommend you lookup identity development exercises for small groups and personal development. You will use these skills in developing the subject in trance, deepening the story, and managing the people that come to you for this experience. The examples you derive from learning about leading small groups will give you plenty of material for how groups of people in your stories react to others and themselves.

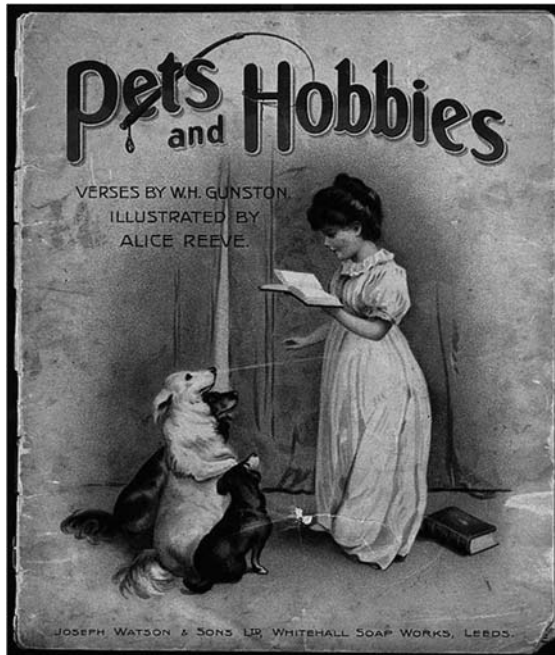
Your skills of anchoring, calibration, and integration are about to be tested. Get good at setting anchors, collapsing anchors, chaining motivational strategies and emotional states, and influencing submodalities. These skills are indispensable and it serves you to see them demonstrated well. I first became aware of Tom Vizzini and Kim McFarland from Ross Jeffries's Speed Seduction programs. These two have gone on to train and develop anchoring and chaining states demos and workshops that are amazing. You can find them on Youtube <https://youtu.be/J67ykNNelt8> and Ross is still developing his SS craft. You only have to search for Speed Seduction and you will get a lot of material. David Barron is great for learning many of these skills. Igor Ledochowsk, Mark Cunningham, Dantalion Jones, David Snyder, Steve Piccus, Richard Bandler, Brian David Phillips, Jeff Stephens, and Erickson Milton are the short list of hypnotists you should seek to learn from. Prepared with this list you will be in good hands.

Learn about the belief change cycle as it will help you in your work. You will notice that the cycle has a similar transition to associating belief states. If we start with the state of trust as the goal, we have only a few psychic locations to go through to get anywhere we want. Those locations include, but are not exhaustive at being open to doubt, finding where the subject used to believe things, where they want to believe, where they are open to believe, and where they are currently believing. At that point trust is one shift away if it already hasn't been achieved through accepting the trance experience by doing this exercise. To learn more about trance shifts like this, I recommend *Tools of the Spirit* by Robert Dilts.

The roots of our present behavior, opinions, and expectations are in our past. You are in the driver's seat for altering personal history, but proceed carefully. I suggest you support strengths, values, and pleasures that will improve the quality of life for the people in your charge. For those MC's interested in core transformation or brainwashing, there are many angles for you to explore too. A few books that should be on your read list for these skills are *Changing Belief Systems With NLP*, *Core Transformation: Reaching the Wellspring Within*, *Brainwashing: The Science of Thought Control*, *Battle for the Mind: A Physiology of Conversion and Brainwashing - How Evangelists, Psychiatrists, Politicians, and Medicine Men Can Change Your Beliefs and Behavior*, and *Brainwashing: From Pavlov to Powers*. This topic easily multiplies into several libraries so take it slow. Remember, you agreed that you would not partake in crimes against humanity; or take any advice I give you. BTW, double standards are everywhere. "In the United States, sororities are not allowed to throw parties in their own houses. Only frats can." Source: <https://www.washingtonpost.com/news/wonk/wp/2016/01/22/why-frats-can-throw-parties-but-sororities-cant/>

I recommend seeking out the new behavior generator and reality strategies to improve how you're crafting inclusion trances. If you search online or get *NLP volume one* that I recommended earlier, you will have this information. If you're still needing some inspiration on creating your hypnotic stories check out (<http://esuccubus.com>).

Let's talk briefly about your subject in the trance room. When your subject is ready to enter a room have them look down towards the ground. Tell them to enter the room with their eyes closed. Inform them that in this space they have become the person in this story. Have them open their eyes in this room and describe the first thing that they see. Use the same question and answer feedback that you would use with a past life regression here if you get stuck.



Saying things like, “Look at your hands. What do they look like? What time of day is it? Investigate what is around you bit by bit. Tell me about it. Are your feet rough or smooth? What are the details that you notice in the room? Look at the ground. Tell me what you notice.” These are all common questions and statements that you will be prompting the subject for as you associate them into a story where they will be giving you feedback.

You as the MC, leave clues, notes, symbols that draw others in. You create puzzles to work out, and speak to the subject through a deeper connection than the average Nilla will ever know in

their lifetime. When you have questions to ask your subject ensure you are addressing your questions to the correct identity.

When it’s time to leave this identity behind have the new identity close their eyes and look down to transition from the scene.

When the subject opens their eyes the identity will be there in front of the subject. The identity may hug the subject and tell them that they will take with them all the experiences, emotions, and learnings that they have shared together. You may ask the subject if they would care for this identity going forward. Doing so will make them both stronger and more invested in this process. This identity will thank the voice of the MC for making this possible and give a pledge of loyalty



in service, love, or friendship. At this point you may ask

the subject if there is anything they want to say. You can see if the subject follows suit with their own pledge or says something else related to the relationship. If this relationship is something that you want the subject to begin to take the lead in, ask the subject and identity to bring into themselves this agreement. Ask them to strengthen this bond and grow these qualities that bind subject and identity together. Consider doing a parts integration at this point. If you are not aware of these concepts look them up and practice the skills that grow your control.

Doing a parts integration will have a powerful effect that will spread out to the rest of their life. As a programmer, and MC, you should consider what is appropriate with the subject, or just use your mental powers subtly. The goal should be to bring the whole subject into alignment with their strengths, goals, and challenges. Many Tist's have their preferred way of doing this. Be warned that creating your own stalkers that manically need to finish a story challenge at two in the morning, because you got them hooked, and their horny as hell, is not farfetched. Use caution, and consider the consequences and ecology of the subject's whole being as you're sending them back out into the world. I will be sharing with you a method for this in the next chapter.

If you're giving the subject the controls to experience some of these things without you then you're probably safe. If you're turning on and off aspects of her being when she is around you, or only on cue, then you best plan well. We MC's enjoy control. Really think about if you want to give your subject an outlet to experience and reach some of these states without you present. Talking about you with others, dreaming about you, reading themed materials, or watching themed media may remind her of you. At those moments you may want to trigger these phenomena to rise up within her, because certain feelings from association alone could make her seek you out. If you don't give them an outlet for these feelings and thoughts, you are ensuring that your subjects cannot be fully themselves without you and your permission. That almost guarantees they will seek you out.

Do you really want that permission to only be available in your presence? It could be that is exactly what you want. Have a strategy or plan ready. You've been warned and I hope you take detailed pictures with notes to share with your Guru.

I'll say it again. You should take excellent notes and do not leave the smallest details out. I encourage you to read Richard Bandler's work, yes all of it, or read the wealth of information on NLP online to sharpen the skills needed in this chapter. I will

share an open source link with good information that you may begin your search on this topic. https://en.wikipedia.org/wiki/Methods_of_neuro-linguistic_programming

Read each step, and all of the baby steps in-between every stage, in order to successfully accomplish the Modified Crown Merge Model or MCMM. These small steps are here to get an agreement frame that accepts the responsibilities and actions of the part/identity and whole person. Don't rush and use active listening. Active listening gets the person and part/identity to confirm repeatedly that they agree, understand, and are actively internalizing this process. This process also works well if you are using the techniques on yourself. I want to leave you with suggestions for training aids that impressed me while doing this work.

Life calendars

This product breaks down a human life into weeks that sets the timeline at 90 years old. Seeing this product for myself and being able to check off each week is very sobering when doing this work.

<http://waitbutwhy.com/2014/05/life-weeks.html>

Habits and life calendar excel template

This site basically takes the same information of the Life Calendar above and brings in the ability to use self-reporting data. It's all broke down for you and you'll only need to read the write-up and download their template to use it.

<http://www.livingforimprovement.com/how-to-chart-your-success-through-life-week-by-week/>

Brevity is at the heart and soul of programming another. Words matter and so does our silence.

Joseph W Crown

"When the world knows beauty as beauty, ugliness arises to be its counterpart."

Lao Tzu

*"She has healed herself of all knowing.
Thus she is truly whole."
Lao Tzu*



*"There will always be more questions. Every answer leads to more questions. The only way to
survive is to let some of them go."
David Levithan*

The Modified Crown Merge Model

"When I let go of what I am, I become what I might be." Lao Tzu

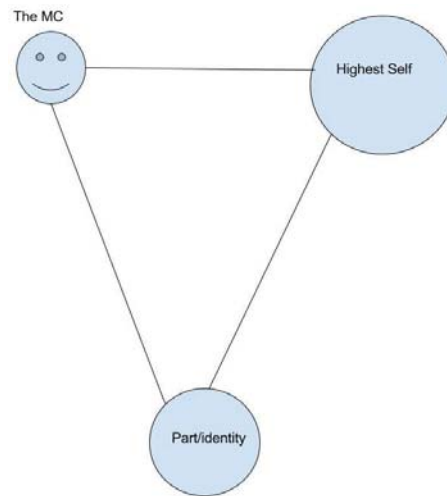
Step 1. Clearly state and identify the parts or identities that you will be working with. Explain that you will be bringing these parts together. You're doing this so that life is more fulfilling, and less frustration will occur as each part/identity recognizes what they are responsible for. This agreement will allow them to work together to keep you safe, and make less mistakes.

Here, X will represent the subject's identity that you have established with them as being ideal. Ask the subject to get in touch with that part of them called X. Explore with the subject what this part or identity does, or they believe it should be doing. Every part of us, including identities has a positive intention that seeks to contribute to our whole self through its attention and functioning. Give a name to the function that this part or identity is performing.

When communicating with this part/identity agree upon a signal that it may use to express itself. What signal would this part/identity like to give us to signify a "yes" and their agreement? Finger twitches, nods, etc., all work perfectly for this purpose. Establish a yes, no, unsure or maybe signal to do detailed exploration and change management.

Now, we go big picture. Talk with constellation of their whole being, or body, mind, and spirit. This whole self is responsible for doing specific things both consciously and unconsciously. Have the subject tell you about this whole being, and how well it has been doing in its role up until now. Ask the subject to tell you if the part /identity has a name that we should address it with now? Establish a yes, no, unsure or maybe signal to do detailed exploration and change management with the whole self. Setting up these signals are called ideomotor communication techniques should you need to brush up on them.

At this point you should have this hierarchy of communication with your subject. The diagram below will help you organize signals for who you're speaking with and tracking to ensure that there is complete agreement with the Whole self. You will notice that you, as the MC, are on the same level as the Whole self. You are guiding the whole of the person through the process of making deliberate changes and modifications. Agreement is needed to put these things into place and make correction for future adjustments. This is an area where mental powers that can place these changes immediately far exceeds the speed for those of us that must use words.

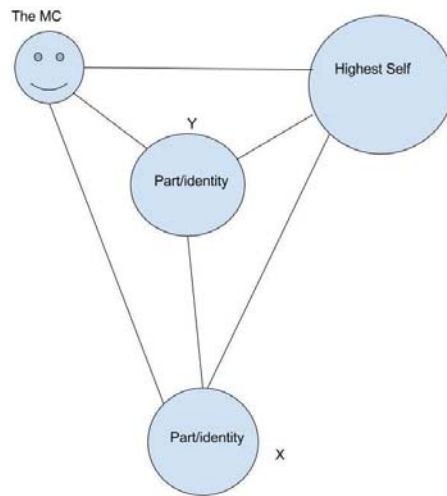


Once you have a cooperative agreement and the signals figured out for these parts you can integrate one more. I don't advise doing this process with more than two parts/identities at a time. The Highest self or Whole self, will always be present at this point. Later on you may stand in for the Higher self in order to redefine and streamline these processes. Relying on someone else with greater knowledge or authority is a common practice in everyday life. You get puzzled by a situation and you think about a friend and you ask yourself, "What would Joe do?" When finished this mental shell game of standing in for the Whole self you would reassert the Highest self to maintain the changes.

Ask the subject to get in touch with that part of them called Y. Explore with the subject what this part or identity does, or they believe it should be doing. Every part of us, including identities has a positive intention function that contributes to our Whole self. Give a name to the function that this part or identity is performing. Establish a yes, no, unsure or maybe signal to do detailed exploration and change management if desired.

Part Y should be what the MC is integrating into the subject. Part X should have been installed/present and functioning as expected. Notice how this is represented below.





Step 2. Determine and state the desired outcomes, positive intentions of what each part/identity (including the Whole self) is seeking, and the consequences of wrong action that is attempting to be avoided. Discover how the subject believes correct action and intention will help them.

As we proceed I shall refer to the part/identity that you're seeking to merge as Y, and the part/identity or whole being that is being negotiated with as XYZ.

Let's begin with talking with Y. What positive outcome does Y want for you as a whole person? When Y gets that outcome, what does that do for you? At times our actions produce what is called a secondary gain, so I'll ask you what does getting that outcome do for you? What are the consequence of doing something wrong?

The following will be some of the questions you'll be asking and moments of opportunity for action are emphasized. This emphasis is to help those who need the connections made. This is far from a complete list of opportunities and things to say. It is however a start to get a somewhat advanced MC going in the right direction.

The MC has a choice to anchor the mistake or bad outcome at this moment.

Would you like to be able to avoid negative outcomes more often?

The MC has a choice to anchor the yes and positive outcome at this moment.

Would you like to have access to another way to acquire more positive outcomes?

The MC has a choice to anchor the yes and positive outcome at this moment.

Will you work with me both consciously and unconsciously to ensure that you get more positive outcomes and avoid negative consequences?



What to do when you get an answer of No.

The MC has a choice to anchor the yes and positive outcome at this moment.

If a no answer came forth from your subject in this yes set, there is a problem here somewhere. If you have followed the steps perfectly you should ask the subject to vocalize what is holding them back. Attempt

to remedy it and reestablish the yes set. If I have gotten someone this far, and have prescreened them to get values, constraints, and limits, I do not expect any problems. “No’s” could happen because of something in the internal environment or some other constraint like needing to pee, not feeling good enough, or being unsure of what to do. I leave this description of possible limits and constraints wide open as the subject you are working with may have held something back from you.

It may not have been an intentional lie, but an omission. It may have been something they thought was not an issue, or one that they believed that they were over. A perfect example is when I had a subject who had a fear of moths. This wasn’t touched on before that moment. It was something she didn’t even think would be a problem in the middle of the day, and inside a comfortable living room.

I have had someone tell me during an interview that I did not ask explicitly about people they were sleeping with.

It wasn’t a relationship they were in, but the person deserved to be told if they were going further. It was more of a snuggle buddy, and someone to call if she was lonely. They were still important enough to deserve to be told. People will surprise you so stay alert to cues of communication. Do not be afraid to revisit something you have talked about if something does not seem as you thought it would be. In



short, some people lie, exaggerate, and omit. Be it intentional, or not. If I find that the person has lied, or gives me a strange vibe, I may end my association right then and there. Thankfully I have not had to do that. Moving on...

Once you get the affirmative from Y it's time to give XYZ a turn.

Now, I'd like to talk with XYZ. What positive outcome do you contribute to the Whole self by taking care of your function? When XYZ gets that outcome, what does that do for the Whole self? At times we get what is called a secondary gain, so I'll ask you what does getting that outcome do for you and the Whole of you? What are the consequence of doing something wrong? There can be somethings you think of as positive as well as negative as consequences.

The MC has a choice to anchor the mistake or bad outcome at this moment. Refocus on moving from wrong action to directed goals and skills.

Would you like to be able to avoid negative outcomes more often?

When anchoring use language strategies to redirect like this one. If all you get out of this interaction is the experience to better your action and thoughts, you will...

Use If All statements to connect transitions of thoughts, motivations, values, and goals.

The MC has a choice to anchor the yes and positive outcome at this moment.

Would you like new ways to acquire more positive outcomes?

The MC has a choice to anchor the yes and positive outcome at this moment.

Will you work with me both consciously and unconsciously to ensure that you get more positive outcomes and avoid negative consequences in your life?

The MC has a choice to anchor the yes and positive outcome at this moment.



Getting agreement through the yes set offers opportunities to build up euphoric states by obeying and saying yes to you. It is instant feedback that allows the MC and the subject to feel the fit that comes with working as one together.



Step 3. Get agreement and understanding from both Y and XYZ about how they contribute to the interests of the other and the whole.

I would like to ask each part, Y, and XYZ, for your undivided attention. Do you Y understand and recognize the positive intentions of XYZ?

If no work with Y until it does.

If yes, the MC has a choice to anchor the yes and positive outcome at this moment.

The MC should start to test now with conditioning statements if all is going well. Say things like, “It feels good to have our goals aligned in order to take care of the whole person, doesn’t it?”

Ask about times when the subject has gone the wrong way and made a mistake. Be their guide and use this cooperation to get the subject back on the path.

The MC should anchor the yes and give verbal praise at this moment.

Now, does XYZ understand and acknowledge the positive intentions of Y?

If a no answer comes out, work with Y until it works. Tell the subject their efforts are making each yes feel better and better.

The MC can be anchoring the yes and intensifying the pleasure felt in the subject’s body at this moment.

Step 4. Negotiating the cooperation and action

I will now ask each of you, one at a time. Will you Y agree not to interrupt or sabotage XYZ when it is expressing itself through you? Go inside and ensure agreement.

If no answer comes you will have to work with the subject longer. Any answer that is a no will uncover any problems that need to be worked out before going further. Remove every no answer and you will have an utterly orgasmic programming state.



The MC can be anchoring the yes and intensifying the pleasure felt in the subject's body at this moment. Saying things like good, perfect, or that's right, with an upbeat affect to your voice will keep building that pleasure in the subject.

Now, will you XYZ agree to wait your turn to express yourself when Y is actively interacting?

If no work with XYZ until it is ready.

The MC can be anchoring the yes and building the intensity of pleasure felt throughout the subject's body at this moment.

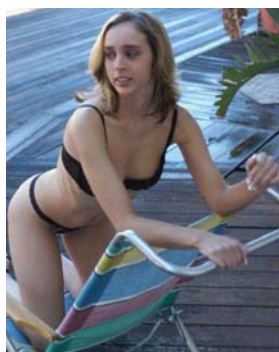
You can be building up the orgasmic feelings in the subject's body. You can start the process of training orgasms here, but if you're not an expert I suggest you do this when finished with the process. If you are more skilled than there are few things that can compare to an orgasm every time your subject says yes to you and follows commands. When you are ready to teach the subject to orgasm on your command, keep in mind there is at least 5 things you can manipulate in your training. These five things are:

1. The start and stop of the orgasm.
2. The intensity of the orgasm.
3. The sensations of the orgasm.
4. The locations of where the orgasm moves through the body.
5. The motivational urging and biological need for more orgasms and pleasure.

Step 5. Getting permission to merge and adopt Y into the whole self.

Now that we have gotten agreements we can bring in Y's cooperation and make this connection stronger. Can both Y and XYZ agree to cooperate respectfully and bring supportive action to body, mind, and spirit of the Whole self?

You should not be receiving any "no's" at this point, but if you do then work with the identities/parts until you get at what is holding them back.



When you get an agreement or “Yes” then the MC should be anchoring the yes and intensifying the pleasure felt in the subject’s body. These are the moments that orgasms should be triggered if you are using them.

Ask the Whole self if it will agree to explore these changes (for a set time or make them permanent) and make them part of life?

When you get an agreement or “Yes” then the MC should be anchoring the yes, and intensifying the

pleasure felt in the subject’s body. Orgasm the subject if your allowing that release here.

Thank the Whole self and assure it that you will be there to encourage it. You will be there to work with any challenges and celebrate all the successes. Ask the Whole self to be responsible for making sure that those agreements stay in place. Explain that by keeping them in place you can work together to feel pleasure and to keep each self safe and successful. Inform the Whole self that together you can now ensure that these changes are moving them in the direction we all want to go. That change and learning will not be so hard when working together.

Thank the Whole self and inform it that it should notice all the ways that the Whole self may improve as it takes in all that’s experienced through this practice. Inform it that you will be here to listen, and support it through exploration and development. You will be back to check up on things soon.

(Read this over completely and do not make promises to the Whole Self or the person you do not intend to keep.)

Step 6. Test the Merging Ecology

We want this merger to enhance the personal communication and experience for the subject, and to give them a sense of pride for following through with their goals. These questions below are to ensure that the merger creates options and not friction with the subject’s daily life. I will talk with the subject and run through potential scenarios to practice the responses



I want. In doing so, this merger and cooperative focus is developed through practice and it assists the subject in taking more control in their environment. Next, I will talk to the Whole self and ask these questions.

Are there any parts of you that disagree with giving you more options through this merger?

If you get a “Yes” then go back to step 4 and talk with the part that needs to make an adjustment for this to work.

If there is no objection, then you can move on to the next question. Ensure you give a positive response and set off the good decision anchor. Remember that you are developing the reinforcement potential of the subject through these exercises.

Continue using statements that build the relationship and physical/emotional intensity. A series of commitments that focus the subject’s mind unto the foreseeable future is recommended. Statements like this one. **Agreeing to this shows me that you are ready to build onto this relationship and going forward you must make a promise to me. Are you ready for that?**

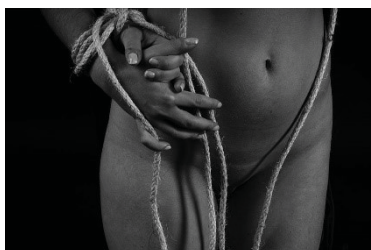
Agreeing to this means that it is the responsibility of every part of you to work together to achieve your goals and build upon these successful changes. Do you agree to do this in order to keep these changes?

When you say “Yes” you get to feel pleasure. Don’t you?

That should tell you that you are right where you are supposed to be. This is the place and the right time for you to know this. All that has happened has brought you to this place. Hasn’t it?

That pleasure is increasing as you say Yes. Every time you say Yes, you get to feel that pleasure growing inside you. Isn’t it?

I have never gotten a no answer here. If this is done properly and rapport is held you won’t either. If you do you get a “no” you’ll have to return to step 4 and work through trust. Our cognitive frames should focus agreement to an ideal desire with goals that the subject will want to achieve. There is no trickery here. Setting these agreements creates a strong foundation of feedback and implicit commitment. Now, it’s time to install our voice within the subject.



From this point forward I want my voice to reach the deepest parts of your Whole self. We are working together to keep you safe, and together we can achieve things that are much more difficult alone. You will respond to my voice more powerfully with every word, with every breath, and everything that you do with me allows you to bring your best self forward. I am going to talk through your Whole self to communicate every cell and part of you now. You must agree to move forward. This solemn promise has consequences to you. Your words and intentions run through your timelines and establish the connections that make life have meaning. These words bring awareness and responsible care to our interactions. You get to learn how much pleasure comes from living your life this way. Is this something you want?

Get your yes answer and give the subject pleasure. I have never gotten a no answer. If you do you need to talk with the Whole self, because something is not right with your subject or what is said.

Good girl. In your agreement you get to feel pleasure. Don't you?

Get the subject's answer and praise them.

You're agreeing to always be honest with me, and if you should hold anything back, or if you should lie to me you will not feel good. I am investing in you and I am putting my energy within you. I cannot honor my obligation to the Whole self if you lie directly or through omission. To be anything less than honest will immediately make you feel terrible. The Whole self will work with me to correct this. If this should happen, you will immediately tell me and we can work to remedy what has been done. You will begin to feel better as you admit to what needs to be said. You will work to redeem yourself by asking what you may do. Your body, mind, and soul, is paired with our connection. All that you are and all that you might be is being brought into this agreement. This is a deep connection that runs truer than you may have ever imagined. We shall test this now before I ask for the agreement. Tell me that you want this.



"PRETTY POLLY"

When they affirm that they want this, fire the anchor and intensify their pleasure. **"That's my girl. Is that True?"** When they say yes anchor it again. Say, **"Perfect"**.

Now, tell me you don't want this.

Have the subject speak and tell you that they don't want this if they can. Ask them how it feels to not speak the truth to you. If the subject is neutrally saying this statement then something is wrong, and this connection has to be revisited and strengthened. I have never had someone give me a weak answer or tell me no here. You should be able to see the reaction instantly on their face when you say this to them. You may wish to intensify this by stating that ignoring these requests and failing to make it right, will make them feel even worse.

This pain push towards the action of pleasure is the beginnings of establishing a propulsion system that can bring about powerful changes to create a more meaningful life in the subject. This is a cornerstone to creating motivational strategies that are built on intrinsic principles that individuals value. This will not easily fade with time or in your absence. If there is any doubt that these suggestions and commands will be successful spend more time here conditioning the subject's pleasure responses and establishing a strong aversion to not working with you before continuing on. Ask for the positive response again for alignment and intensification of their answer and response.

Don't waste your time looking back towards the past, you're not going back that way. All the maps in the world could be right, but nothing beats having a guide. Now, tell me that you want this.

When they affirm that they want this anchor that to the pleasure.

“That’s my girl. Is that True?” When they say yes anchor it again. Say, **“Perfect, each and every time you obey, and agree, you are taking this agreement even more deeply inside yourself. You can feel that now, with the growing pleasure of the knowledge that I guide you. Feel it growing now. (Fire the anchor) That’s perfect. Constantly adding more energy and further pleasure with the progress of every yes. You’re working with me now. Think about how many times you will say yes. How much pleasure with that bring to you?”**

The subject should now be squirming and ready for the agreement. The subject is also eager to feel that acceptance and achievement through the feedback and goals you’ve been giving them. The experience of organizing their thoughts, motivations, and identity expressions will be enlightening for you both. When going through this process the subject will be having an interaction with themselves that they may have never thought possible before. All of this is by your guidance and through this process.



Ask for agreement from the Whole self of the subject. You will be bringing all of the subject into alignment with this agreement. Tell the subject that every cell that makes them who they are and who they will be, will respond to this agreement and keep it safe. Body, mind, and soul, will consciously and unconsciously, obey my suggestions and commands, to work together, and transform our efforts into living, breathing reality. Is that true?

Keep firing off pleasure anchors as she agrees.

With your whole being in agreement tell me that you want this.

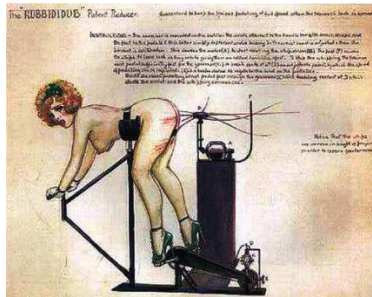
Tell me you feel it locked into your whole self.

Tell me that forever more you will honor this agreement.

Tell me you want to be trained by me.

Is that true?

Reinforce and expand the anchor into greater pleasures that her awareness never knew were possible.



Tell me you will accept responsibility for doing this work with me and feel your pleasure multiplied as you obey me.

Fire off the anchor and intensify it more. Connect it to sexual or sensual pleasures that they must earn through practice and obeying. You may change the wording to whatever you like, or add in what you deem as appropriate at this time in the context.

Speak to Whole self and have it speak to you using all their voice and energy to support this commitment. Use a ritual here that is simple if you like. Reaffirm what you offer the Whole self as guide, caretaker, and programmer. I will leave this specific language up to you. Once that agreement is done the rest of what you present now is just ribbons and whistles. I do suggest a kino close that allows the subject to feel your warmth and energy move through her. A hand on their leg, shoulder, or cupping their face. Bubble those emotions up and have her look at you. Then have her close her eyes and go even deeper. Have her orgasming at your touch and saying yes for just this moment.

When you're seeking to modify the parts or identities you established today you'll be repeating the same process. If your mental powers will allow you to isolate and modify these elements without words do share your technique. I'm always happy to learn and improve.

You may wish to record these sessions for later review and entertainment. I would.

"Nature does not hurry, yet everything is accomplished."

Lao Tzu

"The sage produces without possessing, acts without expectations, and accomplishes without abiding in his accomplishments. It is precisely because he does not abide in them that they never leave him."

Lao Tzu





"I get the feeling you're going to push me to that point and I'm going to have to show you how far I'm willing to go to get what I want." Theoden from Embraced: Chained in Darkness"

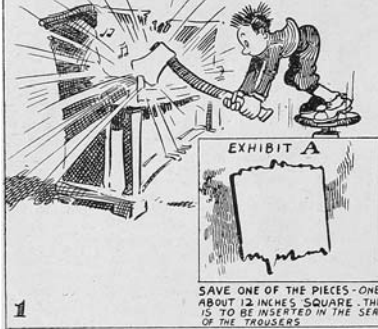
Nicholas Bella, Embraced

"The great Tao (or way) is very level and easy; but people love the by-ways."

Lao Tzu, Tao Te Ching

A PAGE FOR BOYS

HOW TO MAKE AN ELECTRIC STREET CAR —
FIRST, SOMETIME WHEN FATHER AND MOTHER
ARE NOT AT HOME, TAKE AN AX AND CHOP UP THE
PIANO. THE WOOD IS TO BE USED FOR THE BODY OF
THE CAR



1

SAVE ONE OF THE PIECES—ONE
ABOUT 12 INCHES SQUARE. THIS
IS TO BE INSERTED IN THE SEAT
OF THE TROUSERS

WHEELS FOR YOUR CAR MAY BE
OBTAINED FROM THE BABY'S
PUSH CART AND THE SEWING
MACHINE



2

FRAMED PICTURES WILL FURNISH
THE GLASS FOR YOUR CAR WINDOWS.



3

OF COURSE YOU WILL NEED
LIGHTING FIXTURES. THEN
ALL YOU HAVE TO DO IS
PUT IT TOGETHER. IF YOU
NEED ANY ADDITIONAL
MATERIAL PRY IT OFF
THE HOUSE



4

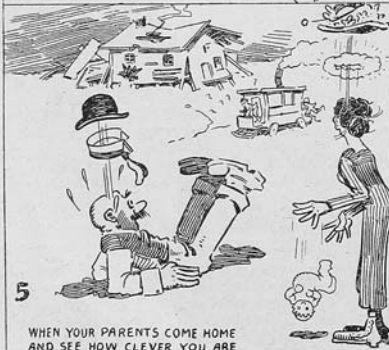
WHEN YOUR FATHER GETS
THROUGH WITH YOU THE
PIECE OF WOOD (SEE EX-
HIBIT A—FIRST PICTURE)
WILL LOOK LIKE THIS



6

IT MAY BE USED AS KIND-
LING WOOD OR TOOTH PICKS

IF WE ARE NOT STOPPED
BY THE STATE LEGISLATURE
MAYBE NEXT MONTH WE
WILL SHOW YOU HOW TO
BUILD AN ELECTRIC
BATTLESHIP



5

WHEN YOUR PARENTS COME HOME
AND SEE HOW CLEVER YOU ARE
THEY WILL BE MUCH SURPRISED



The Book and the Mirror – Layering identity, history, tasks, and experience

“At the center of your being you have the answer; you know who you are and you know what you want.” Lao Tzu

Do you have a movie that you like to watch again and again? Double features and movie marathons have been binge watching staples since the public has had cinemas. It is interesting to me that the same criticisms of media today had been heard when novels were first published. These criticisms were spoken when silent films established the silver screen, and the internet became available entertainment. Fear mongering is done by those who did not want to lose profit, who want to push the sheep one way or another, or didn't understand that what was being offered was only a new medium of entertainment.

You may have approached this work carrying some of those old prejudices to compare book learning with practical experience. Neither book learning or practical experience is able to replace the other. Those of us who watch documentaries sometimes hear the criticism that this production isn't real life, or that what we are viewing a poor substitute for living. Those statements completely miss the point. I wager you would agree that to use media, or any one experience to completely replace all of life's involvements would be drastically limiting. The person making these statements is reacting to one element of the exploratory process. If we did nothing else but absorb the information, it would be entertaining. Doing nothing else is not exploratory, and we need to take action to perfect our control. Using it or losing it, does apply here.

We all explore our relationships and identity through media and interactions with others. Those quirky lines and stereotypes make us think about what would life be like if it were just a bit different. As we watch or read what happens in a story we pick up skills, refine knowledge, and attempt to make use of what we learn through the feedback that characters get. “Great Googly Moogly!” We have to engage ourselves both directly and passively to get a well-rounded perspective. Utilizing the COP we have the opportunity to continually establish our history and story. That means we don't have to be one way or another forever. We learn and grow. Since you are working directly with experience, that development may be more rapid for you at times. Think about this for a moment because how we use the developing content of our story snowballs through our interactions.

The Crown Protocol is an evolving relationship that is not entered into lightly. Both the MC and the subject have responsibilities and obligations that link them together by their oath of service. All of what we talked about thus far is about to be tested and built upon as we bring the subject to the mirror. The mirror deals with how the subject sees themselves and how those impressions can be modified.

A mirror task I like to use involves taking pictures with the subject's phone. I like to have the subject associated into a particular identity and have her take pictures too. I'll have her take pictures that capture the moment where she is filled with a specific emotion. For example, it could be a picture of her kneeling and later she stares at it like the mirror. As the subject stares at the image she is filled with that same emotions. Over and over, I will have the subject build a collection of photos and events that depict her transformation. After a series of emotions are covered with events I will have her go over them and assemble them into a book filled with the story of what happened in her own words. This progressive transformation creates an integrative connection of memories and utterly brings your toy to life.



Every book is a symbol of study and mentorship through practice. What we are

seeking to do here with our subjects is establishing pathways of immersion into a designed state of being. There are many choices on how and where to create immersion and when to simply elicit responses. You have the ability to utilize stories and media that can be repurposed for the subject's experience or create fully personalized immersion media. If you don't want to create your own media at first there are many out there. Check out [Crave Cock](#) or [Cum Addict](#), and get some ideas. I will share one hyperlink here for the print version.

http://www.pornhub.com/view_video.php?viewkey=1076837628

This means that you will begin creating a private library from who and what you enjoy. The collective knowledge that is stored amongst us all comes from the vast efforts and interactions that would take MCs lifetimes to know. This collective aspect presents an opportunity for MCs to help each other and network with like minds.



When thinking about learning and the concept of feedback, reflection of the self, and the stories of the self, is an important element of associating into an identity. That goes for any identity. To be what who we are means there is a relational support and feedback communicated back to us about our behaviors from those around us. Even while alone humans imagine the interaction with others and relate to expressions, ideas, and tell themselves stories about relating to others. Making the subject aware of their social signals and communications with others, supports their immersion within a story that we have placed them in. When utilizing the Crown

Protocol we have the representation of the mirror to use for this purpose. This photo of [Woman posing in shimmery zentai](#) reminds me to share with you that the experience of becoming the mirror for others also influences us. Imagine staring at a picture of yourself and being told to see the attractiveness for others there. See the desire to please others there. Notice yourself getting happier as you do. The mirror tells no lies. :-> Think about that as you smile for me.

In discussing the process of the mirror in the Crown Protocol, the blending of command story interactions, tasks of observing, and being involved in specific displays of behaviors are explored. To accomplish the reflective guidelines of the mirror you must use a consistent location or object, process, and preferably a specific room in which the mirror exercises are accessed by the subject. You can use a mirror process in your trances all you want, but the objective is to create a space where the subject practices these reflections on their own. In the same way I gave the example above you can give the subject a set of things to observe and meditate on as they see themselves being transformed. You can also use the mirror process as part of their transformation by showing them step by step consequences of saying yes or no. Let me give you an example of doing this. Imagine I gave you a picture the picture that is below and told you to put it into your mirror. I want you to arrange the picture so you can see it and your face next to it. I want you to read each paragraph and look at the picture. There will be moments in this story where I tell you to look at the picture. For my audience here I will post it close by those sentences for easy reading.



Let me introduce you to Sue. Sue graduated college and worked as a hairdresser for many years. Her client's loved her because she always thought of them. She remembered their birthdays, offered to cut their hair for free before an interview if they were unemployed, and always offered a shoulder to cry on. Sue kept her worry, and anxiety bottled up, because many of her own relationships hadn't worked out. Sue had been married three times and knew in her heart that her husband wasn't satisfied with her. It was as if she was somewhere else, because she yearned for things she could not admit to him. She hadn't told practically anyone her secret because she wanted to be normal. She wanted to be good, and okay. Sue wanted to be liked by everyone, and still she believed she could never really share all of herself in a way that mattered.

Yet, all this time she ached for more. Look at Sue. You just may see the hint of sadness in her smile. There is a reservation there that can't be explained by shyness

alone. Since Sue has held back her desire to serve a man, along with her natural submissiveness, she has missed out on life. Sue feels as if she's putting on a mask to play a role that isn't hers. In the dark quiet of the night is when she often argues with her husband. She is thinking about how her life started out by taking on guilt that didn't belong to her. The problems and emptiness Sue and her husband both feel are all her fault today. These arguments happen because Sue is afraid that she can't share herself. Sue's life, so often feels like a lie that she is living. All of this is because she never allowed herself to follow through with her longing to be slave, a fuck toy, a passionate subservient woman. Even as she feels that need, Sue keeps following the script in her head about how people should behave. She feels that often people are able to take advantage of her giving nature. Then she tells herself that this is how people are supposed to behave. Sue has prided herself on living her life the way people ought to. The way a woman should behave, was the very first sentence that Sue scolded herself with over and over again in her mind.

Just like all the other relationships, Sue was waiting for this one to fall apart. Some days, her slight smile and nod was all she could do to keep from breaking down as people talked to her. She admits to having put up powerful emotional barriers because people could hurt her so easily. The voice inside Sue's mind was getting louder and louder. It was telling her that this was not how she was supposed to live her life. Look at Sue, and imagine you might have walked past this person who can't seem to tell you how she really feels. As you do perhaps your eyes are drawn to hers, and her slight smile. That's when you sense these feelings as you really look at her. You can see these feelings are coloring her life.



All her life she was afraid that people would laugh at her if she told them. People would judge her and she would never have anything good in her life. So Sue tried to fool herself that none of this mattered. She wanted people to look in her eyes and see her smile. After all, she has always felt oddly out of place and "different" from others. When she looked in her own eyes she

began to see every opportunity slip away that would have given her life the meaning she was craving. Sue never understood how much her sexuality and identity meant to her happiness until her youth had gone. People now didn't look at her in the same way anymore. Sue knew that her charm and beauty had faded away. Yet her need hurt and begged to be released even more. A part of her knew she was running out of time. Sue desired to serve someone worthy and she finally had to admit that this need would not go away. It was part of her and she was losing time. She had lost out on so much in these years that she wanted her life to fall apart. It was the

only way she could imagine letting go. See Sue smile. See the pain and brokenness that Sue hides as her hands shake. Everyday Sue fantasizes about being a toy. Sue knows that pleasure comes to her as she imagines being owned and serving the Master who would take that pleasure as his own. Sue will always look away before you can completely see what that means to her reflected in her eyes.

Sue is afraid that you, or the few people she might have shared this knowledge with, could hurt her with it. Sue feels like the only things she can do now is try to stop ruining everyone else's lives. Her life is almost over. Sue is eighty years old. She knows that soon the only thing she'll have left is the nursing home, and still she craves to be an obedient submissive fuck toy to a Master. Sue finally had to admit that her desires would not go away. Sue knows that there is not much time left. Every minute without living life as a whole person is utterly wasted. She has no safety because the voices of others had convinced her that there



would be none if she told someone else about her real self. Time has passed as she uttered the same promise and hope for tomorrow. Sue kept asking herself, through every marriage, if it really mattered that she didn't value the same ordinary sentiments as her husband? The answer came back the same every time.

Sue has tried to find someone who would care. She has tried to find someone who might come in to her life and see that ache she has inside her. Over and over, Sue tried to make herself feel better by saying she would live her fantasies out one day. That's when the sadness gripped her. She knew she was out of time. She knew she was lying to herself now. It had taken all those years. Sue had gotten married, raised a family, tried to live a good life, but that life did not include all that she was. Her life had been withholding meaning and passion that Sue was sure would have changed her for the better. Sue had to admit that she redefined her life to make it be what other people would view as righteous. Now, Sue knew that those people weren't living her life, but she had carried their voices with her through all these years. Before Sue knew it, relationship after relationship had ended. All of what she knew she could have been made her feel empty. Sue could hardly accept herself as she thought about how many chances she had had, and how much of her life had already passed.

Now, every time Sue looks back on the past it is with regret. Sue looks through her memories of arguments, and the smiles, to see if there might have been something she had missed. Maybe, just maybe, there might have been someone in her life looking at her with eagerness to take her and guide her. Everyday Sue finds herself

becoming anxious coping with routine life on her own. She finds herself fantasizing on what it would be like having a Master. Someone that would take her and she would be unable to hide anything from. Yet, even with all her secrets, this Master wants and appreciate her. He loves her anyway. Every day now, Sue wishes she could go back in time. She finds herself fantasizing about what it would be like to be a fuck toy. To have someone there that brought safety, service, and happiness into her life. Every day she fantasized about taking her Master's cock into her mouth. She thought about licking it and brushing the tip along her lips. Sue felt her tongue need to escape her mouth and taste her lips every time she thought this. Her fantasies run wild now. Lots of cock and lots of fun. Sue imagines herself making noises as she's fucked and gleefully obeying her Master's command. So much of her life and these moments are lost to time. So much sadness and muted emotions have come from not allowing herself to be who she really is.

Sue imagines talking to her younger self. Sue gives her younger self advice when she feels like crying. Don't be like me, she says. Let yourself find someone who will make you feel whole. Let yourself know what it means to experience life the way you were meant to. Then all the joy, all the pain, will be for more than the telling's that others give you throughout your life. These people judge you even when they are gone. It's really not you they are judging. It is ultimately themselves that they are judging and leaving you emptiness where opportunity and joy might have been. These judging people aren't the persons who you will



want to share this passion with anyway. They only share their limitations with you and drain your dreams like parasites. Don't let yourself become one of their empty victims like I did. You don't know how much regret hurts. Don't be like me passing on someone else's limitations, judging others, and silencing their dreams with "Ought to's" and "should's" of yesterday abuser. I should on myself my whole life because of the hold these people had over me. Cherish a life where you get to be free obeying Master. Master knows the real me and you. He sees past the masks I wear for the rest of the world. He knows how much I have tried and cried, trying to be someone and something else. He only smiles at my foolishness. He reminds me that I am not the only one.

YOLO.

Can you imagine how you would use a story like this? Story characteristics and goals of awareness are essential to the perception of being seen as an expression of an

identity. Our minds are recognizing the watching eyes of others, and displaying a set of behaviors that do not always work to our benefit. Instilling the awareness of mirror story elements can be practiced through scenes set in front a mirror in trance and upon waking, or by having the subject watching a scene that they are part of. Ensure that their disassociation transitions into association with their identity and the story over time. Incorporating the mirror gives the MC the ability to shape behavior from the perspective of others and brings the subject into the story of the self. The MC becomes associated with security and comfort through the good and tough times.

Doing this makes you a socializing agent for the subject that continually influences and aligns aspects of themselves. Be aware the subject will talk about some of this with others, so ensure you write into the script how to do that so the outcome benefits you both. Most woman have a few attractive friends that would be interested in how this happens to work. Just maybe, you have the time to take on one more of your toy's college friends. ::>



When working with paired identities in your stories your subject should know without a doubt that they serve you. The identities duty is to communicate with you

about all that is happening with them. The process of the mirror is an exercise of perspective taking, mutual feedback, awareness, judgement, communication, and expressive performance. There are many ways this can be done, and I encourage you to experiment. However, these elements must always be thought through to some degree and utilized with this method to get the best results. In today's world, reinforcement of subjective identity has people celebrating their own diversity of sexual tastes and cultural jargon. For example, the LGBTTQQAAP movement has become a terminology trap for some, and still the movement of a subculture, that is transitioning into mainstream culture, will often boldly defend one of their own against victimization. The more active the ideas of a culture are, the more apt those ideas are to be expressed, embodied, and furthered within a free society or group.

The LGBT Pride Celebrations around the world are living examples of how acculturation builds upon accepted values, awareness, and strategic actions. All of these elements are iteratively established through individual acceptance of the time-honored cultural expressions. The chosen cultural expression is just another story that individuals share and demonstrate to promote norms or social scripts of acceptable, or idealized behavior. Don't believe me? [What do you do when you see bullying?](#) Google those exact words. There is a story for that with a social script for idealized behavior (cultural norms) and an actionable plan. What do you do if someone says that's so gay? I won't even bother putting a hyperlink here there are some many results. Our everyday world is awash in stories that we walk in and out of every minute of each day. This did not happen overnight. People gave their time, resources, and lives in the LGBT movement and struggle. Please remember that no one needs to be hurt to celebrate all that the Tao of Crown imparts.



As we begin using the Mirror with the subject everything should be mapped out, at least roughly, for how, and where the journey will go. Utilizing skills in trance such as future pacing, staring at their reflection saying verbal affirmations, returning the subject to witness the past, and programmed actions/awareness that is cued by being in front of a mirror in the future. All this should be tested multiple times to ensure the result is as you desired before allowing the subject to do this one their own. Remember, be very clear which identities are getting the benefits of these practices if working with more than one. You must treat multiple identities as real personas, or you will foul up the thoughts and drives of the subject along with your work.

What an MC sees in the world depends on what is carried forward in his heart and mind. The layering of story constructed identities through the subject's interaction, and your commands, keeps feedback and goals as the thread that keeps them on the path of adventure. Remember, setting up a push and pull propulsion will keep your subject moving through adventures in and out of trance. It will take your energy and interaction to ensure that they step in time to the rhythmic pace you've set. Keep your goals fresh and your designs focused on where you want them to go. Not every

person/identity will think the same or want the same things so be prepared to connect the dots for them. As you advance, so will phenomena that you bring to life.

In getting some feedback for this work I had one-person comment that I am supporting the patriarchy with my views. Let me say that as I grew up I read parables and the word “He” meant both men and women. In the quotes I use here, that is how I intend the word “He” to be read. I do believe that both men and woman can top, be a master or mistress, and a MC. I prefer “He” in place or adding him or her to these quotes. Anything in this book could be considered wrong by someone. No matter what you or I say, there will always be someone who claims it is not politically correct enough (or too politically correct). I was also told that replacing “man” and “him” with “us” gets you out of any possible trouble, and might remove some of the pomposity. Once again, I am using the word “man” in many quotes here with the intention of having it represent both men and women. In saying this I want everyone to know this comes out of my background. As adults who are capable of understanding and talking about these things I’m going to tell my audience this feels right to me. This work promotes respectfully sharing and open discourse with others. There are many other things here to get your panties in a bunch besides this paragraph. For example, the picture below is one that I love! Should I have said Below me? Wink wink nudge nudge. Grin...



I advise you not to do anything that I enjoy or tell you about here. I'm not here to offer my seed, or reprogram the toy you set loose onto your cock to milk you dry.

When using this process as a mirror meditation, you will find it useful to pair it with physical and emotional stimulation. For example, having the pet edging themselves as they take on the assigned perspectives, thoughts, completing actions, and moving sensations through their body to serve you. Giving a glow, with a color, at the finish of this practice allows the subject to radiate with submissive energy as a reward for



completing their session goals. If you ever get stuck creating stories and planning adventures with each other, remember that stories resemble life when they aren't perfect. Just look at examples from how we live our lives. It's completely logical for some people to pay to store their useless stuff in a garage while they're \$40,000 car sits outside in the driveway. Emotional logic and illogical thinking is all around us.

Back to continuing on with the COP. When working with multiple identities, it is useful to have the subject start out by bringing the identity that is being worked with out in front of them in the mirror. When finished working with an identity the subject's head will look to floor and have them call upon the next identity to the mirror if there is one. Before having the subject leave the mirror have them feel a warm glow, reciting a verse that reminds them that this work imparts strength, confidence, and knowledge. A closing mirror ritual beyond this is up to you. The possibilities are endless with what can be done here.

Here's an example of bringing in an exercising and fitness metaphor for this practice. One identity is in training to cross the mountains with a thin atmosphere, and they need to be able to keep their batteries charged for the equipment. So every day they must run or walk, in order to build up enough energy in their own bioelectric field to keep powered the life support, and equipment that powers their force field. So as the subject moves outside, with every breath, they can feel waves of energy and physical pleasure moving through them. They can reach out with their awareness to feel the power of their movement charging the glowing energy field as it loops around them. As they move they might focus on the pleasure of having that energy moving through them. Any pain or stress, moves down and away from the subject, as their pleasure encourages them to move their body onward. As they focus on their pleasure centered in front of them, they can feel the less pure sensations moving out behind them. When they get home they can edge themselves in the mirror feeling the passion and energy charge up their body and mind. They are contributing to a goal oriented story and the feedback of distance, speed, and duration, can all be tracked variables that propels this adventure forward. This tracking revisits the gamification suggestions I gave earlier. All this data creates an opportunity for constant refinement and an opportunity for micromanagement, should you wish it. When designing identities consider the tasks, history, and interaction that can be layered into actions of service in this stage of the process.

Any books that you create should hold the stories you share together. Volumes of trance geographies will be filled with the stories you might share, and the tales you make together. I'd like to end this chapter by quoting a few Masters here.

"A pervert is anybody kinkier than you are." Jay Wiseman, 1996, p. 23, SM 101: A Realistic Introduction



“Acting so obviously submissive to Max around strangers, I felt a lot of humiliation. The looks from people, the comments. But I also felt this strange sense of pride. I am his possession, his property. And I'm proud of that. I'm proud of how happy I make him.”

Willow Madison

The Oath of Feathers

"Maybe the journey isn't always about becoming anything. Perhaps, it's also about unbecoming everything that isn't really us, so we can be who we were meant to be. It is in this moment of comprehension where you realize you've become a blank slate, and you immediately know that you could live a million different lives that will free you from the burdens of the self. Listen carefully to my voice..." Joseph W. Crown, September 1, 2012, MsC, Washington, DC

The Oath of Feathers is named for the potential of one feather working in conjunction with the whole animal. One feather may turn a bird in flight, and each feather provides warmth and protection that is multiplied by the feathers that surround it. Each feather does this by naturally by being what it is meant to be at that moment. No other thought is needed to fulfill its obligation. Every feather is a link to the heights of flight and a symbol of being part of the whole.

This section is not filled with ceremonies of namings, oaths, or obligations beyond the brief example here. It will take time, devotion, and planning to work your way through the designing what you want out of life. This section is here to give you ideas about what and how you want to welcome your toy into.

At this point, you should have worked with the identities you've established in your subject for some time. You will have explained to the subject that these identities establish a place for them within the service to your house. This chapter is a celebration of the culmination of work you've accomplished with your subject. This chapter covers a recognition through a status ritual for your subject's work and preparation for their oath. This oath can be a public ceremony where the subject is collared and her role spoken aloud for all to hear or private. The subject's preparation would be to affirm their role and speak aloud the expectations for this place at my feet. A challenge here can also be set that proves the slave's obedience and position. The focus here is to ready the subject to collect their thoughts, explain their knowledge, identity, and desire, and make an offer of service from themselves. Think of this like a graduation and a performance that displays the depth of breadth of knowledge and passion of the individual.

Formal ritual servitude, and their oaths of service, are still in practice today in places like Ghana, Togo, and Benin. These servants slave at religious shrines, locally called fetish shrines. The life of these servants is not an easy one. That life will not necessarily reflect what you want the lives of your serfs to be. Do not limit your inspiration to these cultural examples. You may find a ritual that you love from the samurai, stories of ancient kings, pagan celebrations, and oath of allegiances. I will share an example of how I incorporated the Oath of Feathers below.

If you get stuck you can seek out inspiration from the world around you, and the Annals of Gor. <http://www.moonproductions.com/Fantasy/Gor/theslaves.html>
The Gorean works are very prolific when it comes to ritual, honor, and expectation.

Here is an example of one of my slave's Oath of Feather's and the Obligation of Voice together. The Oath of Feather was explained to her as my slave's opportunity to show all that she had learned. She would be given time to prepare a testament, or statement, that would encapsulate her understanding of her training, her maturity in her role, and state her intentions in an offer of service if she wished to stay with me. The slave was given one week to prepare a speech and a presentation of herself. The slave was expected to submit the outline of what she would say and do by a set date and time. I offered her a feedback on what she wrote, but did not give her anything to say. I was satisfied that the slave could represent herself and me well by her response. I informed the slave she has no guarantee that her terms will be accepted. I may counter her offer with another, issue a challenge, simply accept her offer, or dismiss her entirely. The answer that the subject gives is her obligation of her voice. It is her one and only time she represents herself as her own voice. I let my slave know that once I answer her oath of service, she must acknowledge and accept the terms offered or refuse them. There is no bargaining here. Finally, the slave was informed that she should be prepared for a dismissal and an acceptance. She needed to only have the reply of her acceptance written out as the dismissal would mean no record of her reply need be recorded.

This slave's oath was to be presented to me at a small gathering. At this gathering I sat next to the Master of the House where the ceremony was held. The slave was led naked on a leash by another female slave of the Master's House who sat beside me. The slave's leash was laid before my bare feet and my slave knelt on the stair just below my chair. This is an uncomfortable pose to maintain as the slave's feet and legs hung off the stair. The slave balanced on her knees. I stood and asked loudly, why have you come here today?

The slave answered, "To pledge my whole self to you."

After the slave replied to me with only one line I thought something was off. This was not what was written in her response to me. I raised my voice and spoke again.

"Speak now and loudly. Tell all who are present what you came here for today. All must understand what is in your heart and mind before I speak again."

This slave memorized all that she wanted to say and bound the written parchment words around the end of the chain of her leash. The slave started out slowly and what follows is the best approximation of what was said.

“Your house is open to me, and with this plug within me tonight, my duty shall begin. I shall not be released from my duties until the last guest has left your side, and I’m informed that my watch is at an end. I shall take no breaks, I shall wear no clothes without your permission, I shall have no desires of being any other way than this. I will respond to orders for drinks, take coats, presents condoms, lube, but I will not drink or eat anything that my Master does not give me. My mind will not waver from my stated duties tonight, or any night hence. I will always seek to learn and anticipate the wants and desires of my Master, and the guests of the House. I will always be friendly and wear a smile. I acknowledge the burden of my watch. I am the candle in the darkness, and the whisper into the ear of my Master. I watch to ensure the house is in order and all things are as they should be.

I pledge my life, my integrity, my hopes, and my heart, into the wellbeing of this House. All of me is what I present to my Master. In the chaos of life, I find I’m held up by your strength, (at this moment the slave picks up its chain that it is leashed to and holds it up to me) and this gives me meaning and offers me a home. In taking action in service to you, I become something more than I am for myself. When I am with you I am able to pause the chaos that is this world. I live what most people wish for. In your service I save myself. I’ll show you I’m yours. All that remains is for you to accept what is offered, and I shall know forever more where I belong and to whom.”

I do not say a word. I stand there watching my slave’s body begin to shake in nervous tension from supporting herself on the stair. Now, it is my fellow Master’s turn to speak.

“Will you serve in any way that we desire?”

My friend asks the slave. He stands up immediately repeating the question and asking the crowd more than the slave this time.

“Should my Master take me as his and desire it.”

“Will you allow yourself any pleasure?” My friend asks the crowd again more than the slave.

“Should my Master take me as his and desire it.” The slave answers again.

The slave is shaking more without the support of her hands that are currently holding the leash aloft. Finally, I nod to my friend and stand to speak.

“I accept this slave to be mine and of my House. This will be so, from this moment on.” I said taking the chain from the slave’s hand and pulling it taut up against me.

The slaves crawls up the stair and over to my feet. She hugged my leg tightly.

“Master Joe, should we not test her pledge and promises made to you, and us, this very night?” My friend asks loudly.

“Yes, we must. Down, slave. Crawl towards the stair, but stay on the deck. You will take what is offered to you and please all others. Your pleasure will not be their concern. You will do this before I will hear your Obligation of Voice.” I said and lifted her up onto a table.



My friend blindfolded and clipped carabiners onto my slave’s bindings before inserting his cock into her. After two hours of exercise and attention from approximately fifteen men and six women, the slave was hosed off at the corner of the house by another slave. Then the towed off slave was brought before me and I was handed her chain. She knelt before me blindfolded and shivering cold from the water. I removed the parchment from the chain of her leash.

“With these words, I speak to everyone present. You will know that this slave is recorded as property, and her place is at my feet. Her contract is her oath. Her answer once spoken will be sealed by fire. Now speak loudly so all those here will have no doubt of your reply.” I said addressing the crowd as much as her.

“I feel like I have always been yours. I am saying this without any question or hesitation. I am yours and always will.” The slave said.

I put the parchment on the grill and it went up in a whoosh of flames. There was a small bowl with BabeLicious lube in it on the table behind me. I tugged my toy over towards the table and scooped up some ashes from the aluminum foil on the grill and crumpled them onto the edge of the bowl. I unzipped my cock and swirled it around in that bowl. I told my slave to open her mouth and I fucked her hole. For the rest of the night she was a toy and passed around with permission to get her off as many times as possible. Not every slave gets the same treatment, and this woman had a thing for medieval studies. You may have picked up on that from her answers. This is an experience none of us will forget.

We, as MC's, are actively engaging in a parallel identity development with our subject's. As you go through this process notice what thoughts and actions you continually are repeating. Take some advice from a Buddha on this matter.

"All that we are is the result of what we have thought: it is founded on our thoughts and made up of our thoughts. If a man speaks or acts with an evil thought, suffering follows him as the wheel follows the hoof of the beast that draws the wagon.... If a man speaks or acts with goodness of thought, happiness follows him like a shadow that never leaves him." Gautama Buddha



Some people know from their first breath they are meant to kneel. We MC's seek to control because it feels right. It is a calling that we are drawn too. It is with our power, as MCs, that we actively design a future that sustains what most people believe are merely fantasies. Creating active engagements for identities allows for unlimited first times.

Sketch out what you want to have said and done for your Oath before asking your toy to do it. You should be able to give them some guidance.

Before I conclude this chapter I want to leave you with one final thought. As I write this, I am reminded why there is no ultimate universal computer programming language, yet. The role of all computer programming languages is to translate the operator's instructions into machine code so that the software can take specific action. Companies spend a lot of time and money developing programming languages to create goods and acquire market share. This specialized use of a programming language translates to increased utilization and time savings. All of this is to produce products that people want and they will buy. One day, I believe computers will generate a large part of the digital architecture required to connect devices and program the instructions in code themselves. The creative upgrades will still be done by humans, but the AI will translate the commands into utilizable code. We are engaging in a similar process here. I believe we must network to share information and techniques to develop ourselves, and our world. Sooner or later we may not be referring to AI's in the same way. The term AI may become obsolete as better digital consciousness is refined and matured. At that point the art of being a MC will also need to be redefined.



"Fill your bowl to the brim and it will spill. Keep sharpening your knife and it will blunt. Chase after money and security and your heart will never unclench. Care about people's approval and you will be their prisoner. Do your work, then step back. The only path to serenity."

Lao Tzu, Tao Te Ching

"The Tao is hidden, and has no name; but it is the Tao which is skillful at imparting (to all things what they need) and making them complete."

Lao Tzu, Tao Te Ching

"He who is (ever ready to) speak about it does not know it."

Lao Tzu, Tao Te Ching

The Obligation of Voice

"Fear triggers the fight-or-flight response, fueled by adrenaline, which, as it turns out, is chemically related to amphetamines. Granted, it's a very different kind of high for mindfuckers: not a mellow, floaty "my vulva is one with the universe" high but a jittery, revved-up "oh fuck oh fuck oh fuck" kind of high. Endorphins are like great downers but adrenaline is uppers all the way. And it's just as addictive. Don't believe me? Go ask anyone who likes to jump off bridges or out of airplanes. - Edge"

Tristan Taormino, The Ultimate Guide to Kink: BDSM, Role Play and the Erotic Edge

The subject must now represent all that she has learned and state the obligation of her service to the MC. The focus here is to offer the subject the opportunity to present their thoughts, explain their knowledge, desire, receive an answer of their offer of service, and finally to state agreement with what is offered to her. The subject has no guarantee her terms will be accepted. The MC may counter the offer with another, issue a challenge, accept the offer, or finally deny the subject's offer. The offer presented by the subject and the answer that the subject gives to the MC's reply is her obligation of her voice. It is the subject's one and only time she represents herself as her own. Once she answers the Oath of Feathers has been spoken, she must acknowledge and accept the terms offered for her service or refuse them.

The identities you've created for the subject up until this point have given her a voice to speak through. The challenge of the Oath of Voice for the subject is expressing all of herself using her own voice. She must do this in order to communicate what it is that she ultimately wants.

Beyond this explanation above, all that can be offered before this obligation happens is the practice and the guidance done together. Before the moment where your toy is speaking their obligation, you should give them opportunities to speak. Build up their confidence and get them using their voice before speaking their obligation. Let's focus on our interactions before this moment now. Training your toy to speak is as hard or as easy as you make it. Constant reinforcement will get past any shyness or nerves. Frankly speaking, if you have made it this far it should not be difficult to get a consenting toy speaking after sharing this process with them.

Self-reporting should be a part of your routine and because of that this is our starting point now.



Setting down expectations for the subject to provide feedback is an event unto itself. Try it yourself with something simple that is easily agreeable. Use two easy suggestions from the list below. Stay aware of the emotion you can emphasize and how you are leading the subject's focus.

Tell me you enjoy the sound of the rain on the rooftop.

Tell me you are creative woman.

Tell me you feel things deeply.

Tell me you want to understand what we are doing right.

Tell me you like the way it makes you feel to listen to yourself saying this.

Tell me you are saying this to yourself as much as you are to me.

Tell me that pleasing me make you feel good.

If you are doing this well you are getting the subject focused on you and the words you're saying. What's more important is they are using their voice and amplifying their experience by being an active participant. This is an induction in itself if used

expertly. While the Obligation of Voice may seem simple it doesn't have to be. What you put into this you'll get out of it and when working with people there aren't shortcuts. I'd like to share a common complaint about the newbies as they enter this life. In this quote art mirrors life.

"Sometimes, I think our lifestyle has become the victim of a "World of Kinkcraft" gamer mentality, where people just want to download a cheat sheet or a step-by-step walk-through. Many newcomers yearn to "learn the rules" of the lifestyle as quickly as possible, so they can get right to "winning the game." These are relationships, people. Real BDSM relationships, involving real people with real feelings, living really complicated lives. If this was easy, everyone would be doing it. Stop looking for shortcuts and easy answers." Michael Makai, The Warrior Princess Submissive

We all make mistakes and the Master of any craft is someone who has made more mistakes than most people will have tried to succeed. Challenging ourselves is a lifetime of work, and the experiences of our challenges will be reflected in how we do this with others. Those who enjoy a bit of humiliation will find the idea of being put on spot by speaking aloud gets them into that dutiful mindset quickly. These questions above are just the start as you will want to get your toy saying more.

If the goal is to create dynamic and interactive experiences, then anxieties and fears will be faced just as pleasure is endured as part of their service. Some of my favorite times of self-report are inviting a friend over and having my slave share how she has been fucked, and can't understand how time sped by. Suddenly, she's discovering she is holding a steel butt plug in her ass and asking why she is so wet.



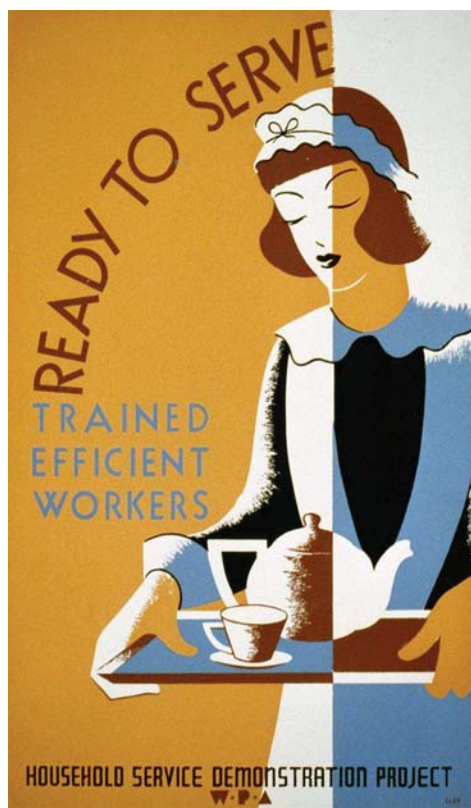
Speech restrictions are something I enjoy pairing with tasks. I do not believe that a subject should be freely allowed to speak at all times. At times using speech restriction is an excellent way to train them when to use their voice. The use of restrictions on speech is as good as the reason for the restriction. The word "No" is often forbidden when speaking to me, and at times guests, for my girls. The word "No" stops all action and puts the person on the bench. There are many different ways for my girl to tell me something. Saying the word "No" brings full stop to everything, and there are consequences for using it when not an emergency. Saying,

“I don’t think that will work.” or “I was told that I should inform Master if anyone refuses to follow the rules.”, are acceptable ways for my girls to express themselves. In public, if my toy has a job, she can say “No” all she likes. Saying that word implies that there are needed limits or boundaries between people. My girls have no boundaries with me.

Some people appreciate having the slave remove the word “I” or “mine”, “my”, or reference to their self in any way. I enjoy hearing about the challenge and thoughts that my slaves have without grammatical interference. I don’t like to have that experience communicated back to me in word jumbles often. That doesn’t mean that I wouldn’t enjoy it at times. There are always some things that we can take it or

leave it. Some people have a way of bringing out the kindness with the flogger, but the challenges in my training tend to more than limits on vocabulary. I won’t be adding grammar master to my kink list anytime soon. By the way, I’m also not a morning person. The vocal grunt while a mouth is over my cock or tonguing my ass is all the language abbreviation I need before 9AM. Again, this is what makes us all different and the reason toys need training with us. Let’s get back to silence.

Silence is not just a meditation. To some people their lack of ability to speak makes them no different than a common object, or beast of burden. They are there for use and no different than any other animal. For this reason, many religions have used vows of silence for a humbling and grounding oneself in their faith and service. There are more than enough examples of this silent witness role across cultures to provide any and all examples you may wish to impart on silence with



your servant and pupil.

Stones of Solidarity & Service -The Journey Ahead

“Allow your life to unfold naturally. Know that it too is a vessel of perfection. Just as you breathe in and breathe out. Sometimes you’re ahead and other times behind. Sometimes you’re strong and other times weak. Sometimes you’re with people and other times alone.” Lao Tzu, Tao Te Ching

All our lives have defining moments that we all look back on from time to time. Some of these moments are milestones because they mark a transition in our journey. Other times they represent events in our lives that may not have changed our directions, but the event influenced our character. This chapter brings together the linking of past and future, and multiple paths taken by people that will be brought together through the use of milestones. When we create bridges between us and those who serve us, these milestones become stones of solidarity. This chapter will focus on these stones of solidarity, because they are what we build our life around.

Life events are the things big and small that bring meaning to our lives. That includes signing a lease, making a friend, and even discovering you like Dean



Koontz. Stones of solidarity represent those elements of our life choices that we can celebrate and honor, because of commitment, or acceptance that we have achieved from them. It is with our daily choices that we create stones of solidarity from the milestones that we believe are important enough to live by.

Each generation will view stones of solidarity differently, because what is important enough to define us will not always have a consistent expression. Unless that result is life or death. As a result of living longer, the younger generations often takes longer to reach some of the life events that their parents did earlier on in life. Daily living for us all is changing rapidly as we mature and the challenges we face today are not always on the radar of those who came before us. Much of what we talk about in this

book is needed because we don't have an easy way to come into this information on our own. Your introspective practice of the Tao of the Crown could be a milestone that leads you somewhere important, or it could become a stone of solidarity that

speaks to how you live your life from this moment forward. The events that we choose here and now will probably not all be shared with your parents or your charges. That is a good thing as you are different people. In developing this community, we shall all have a place where to share our learnings and skill and develop together under the banner of the Crown.

Let's begin by sharing some milestones that you can use to tie the constructed lifeline paths together with your own. Many people today are familiar with The Slave Register. If you are not, I have included the web address here.

www.slaveregister.com

Designing milestones from marked achievements for your toy is very common, and typically is an expected condition of the MC. The Slave Register (TSR) provides a central place for the registration of slaves and submissives. Each registration is assigned a unique Slave Registration Number ("SLRN"), and owned submissives and slaves can display an ownership certificate. This site is often the first stop for many newbies today. The SLRN is something that can have meaning and be valued when it is earned. I have seen SLRN numbers and bar codes used as tattoos to mark property. They tend to be very plain like the photo below. I cannot confirm or deny that the photo below is SLRN, it is possible. :>



As trainers and trainees, I think there is room to grow. And just like getting a diploma for years of study, and service to a body of knowledge, there are developmental occasions to offer celebration events around lifelong learning. Many lifestyle expressions such as BDSM, Speed Seduction, Swinging, Polyamory, and even vanilla dating and marriage, only set down a basic premise of what to expect from celebrating milestones in their prescribed relationship modes. That means the direction and progression of the relationships is still dependent on one, both, or all

the individuals within that relationship. If you have heard about traditional and modern ideas of what to give for anniversaries gifts, you'll notice these milestones are designed to be expressed in part by a symbol. I recommend you check out this site for Anniversary Gifts for Each Year.

<http://holidayinsights.com/anniversary/year.htm>

I find it an interesting and at times a laughable social prescription that many people have adopted. These material gifts are symbols for another generation designed by marketers. I'm sure someone will be looking to update this but it won't matter as much to me. A commercially constructed anniversary list designed to get people to shop more is not where I want to derive meaning in my life. These companies that put these campaigns out are great at it. Just look at the cultural expectation of buying a diamond. I recommend you check out the clip from *Adam Ruin's Everything* as he explains this (<https://youtu.be/N5kWu1ifBGU>).

Let's look at bringing together created and original timelines with your own. To do this well, you should begin keeping a timeline notebook. You might remember

creating these timelines in school. You can search the internet for "timeline notebook" and you will find many free examples. You can even go to an office supply store and buy Timeline Writing Pads. Timeline Writing Pads are designed to organize narratives, storyboards, research, interviews and more. We want to track how events flow from different parts of our life and fit together, and then create an alternate timeline for your subject to connect through some event. Simply edit the timelines together through events, identities, chances, and all of history is intertwined through linking the elements at that present moment. I will suggest you check out Youtube if you want to see examples and get more ideas with timelines. You can start with this video, <https://youtu.be/zAanGzjtbEw> and if you want to try keeping a public time you can check out this site. <http://www.plotist.com>



I would think through the possibilities and

consequences of keeping such a public document for your work online before beginning to create it online. Can you already guess how Stones of Solidarity fit in here?

Stones of Solidarity are there to represent a rough outline from where we have been, the achievements, and the celebrations of the milestones of our life. They also serve as the access points where specific actions, agreed upon commitments, and an anchor to the strength, and presence in one's life that surrounds them. When you're timeline planning, be sure to think about your exit strategies, and the longevity of certain relationships. This does not mean that everything will go according to plan, and our priorities along with our needs certainly changes as we get older. Having an exit strategy ready and proven makes our actions less likely to make errors. To err is to be human, to arr is to be a pirate. Our goal should be to reduce any harm to another person in our exit. Nothing we do will completely eliminate mistakes, but training our minds to think along our future designs will allow us to recover faster than the average bear.

Tallying and tracking things to compete and record can be fun, but not the whole picture here. Don't get lost in the recording activity alone. I have some ideas that should get you considering leaving no sexual stone unturned and adding some play to these milestones. Some entertaining records that I have put together will give you ideas to play with. These records could start you and your toy on a comparative



testing grounds for holding a world record. I do find it unfortunate that some agency has not been set up to more widely promote and collect all this data. Hint. Hint. Perhaps a future MC will fill this role and establish a standardized record agency for us. Let's get back to the trackable achievements you could be inspired by. With the internet you'll find many sites that have pulled together wonderful feats of amazingness that can add another level to your tracking data and milestones. Here are some options to get your thinking.

One tracking possibility is recording penis length your toy has had inside them. The record-holding penis I found today is 13.5 inches (34 cm) in length and 6.25 inches (16 cm) in circumference. The bar is set pretty high with this one, and I'd say this event is set at donkey show length and girth.

The longest ejaculation was 18 feet and 9 inches, and this man's spunk has a record of being clocked at 42.7 mph. I'm not doing the math to convert this one. It is just wow!

The most orgasms that could be logged in one hour by a man was 16. While the most orgasms one woman had was 134, and both of these people were observed, measured, and hopefully given warm towels with their unlimited porn to complete this challenge.

The most semen swallowed on record was by a woman who downed 1.7 pints. Putting that into perspective, its .8044 L, and just shy of one liter. That is a onetime amazing guzzle! Consider this, a stat from the World Health Organization states that the average volume of ejaculate for a man is approximately 3.7 ml. They also state that this number is far from exact, but it is an average measure of men across the globe. Imagine dividing those 1.7 pints by 3.7 milliliters to get to a sample tasting of 217 smiles given. That must of been one heck of a milking moustache from this challenge. As the picture below shows, this has been a sport for some time.



Longest pubic hair and strongest vagina were amusing qualities to track. I'd like to see more vaginal barbarians competing on this one. If you think your vagina is impressive enough to compete with Tatiata Kozhevnikova, a 42-year-old Russian mom. You best be able to pussy press over 32 lbs to beat her. Guinness World Records has crowned her the Queen of Vaginas.

The strongest penis was recorded lifting 250 lbs. off the ground. This makes me nervous just thinking about it, but should you wish to enter into a Penis Strongman Competition check out a video first to see if your willy has what it takes!
www.ebaumsworld.com/video/watch/352205/

Edging and masturbating has its place in the records too. The record holder kept it going for over 10 hours. Could that masturbator have imagined their masturbatory

air guitar prowess might somehow create a championship performance that people would flock to? Believe it or not this is a real event and there are even nationals for this. Check them out and maybe even bring these guys and gals to your town!

www.airsexworld.com

You can find websites below to compare your training challenges, and create legacy records that will amuse and delight you and your friends for ages to come.

<http://challengers.guinnessworldrecords.com/>

<http://www.guinnessworldrecords.com/>

<https://recordsetter.com/>

In the next chapter I'd like you to consider representing these milestones literately by making them part of your home and environment.

"Do the difficult things while they are easy and do the great things while they are small. A journey of a thousand miles must begin with a single step." Lao Tzu



"Accomplish but do not boast, accomplish without show, accomplish without arrogance, accomplish without grabbing, accomplish without forcing." Lao Tzu

Displays of Stone

"You're going to be my cupcake amongst muffins little one."

Joseph W Crown

I want to give you ideas on how you might include celebrating the aspect of stone in your life. How these stones are displayed within the home, or perimeter of the house, can be an extension of the life history that is pledged there.



Having stones set into furniture, walkways, trees, plaster, etc., where you both can see the history together is a powerful thing. Doing this surrounds the MC and toys with mutual history and personal milestones that speaks of the trials, challenges, and leads on towards the future. The placement of these stones can become a ritual of celebration and impart a sense of accomplishment without much expense. I have enjoyed going into the woods and to beaches collecting stones that I have brought home for such purposes. I firmly believe that what I give back to a slave is not dependent upon money. Showcasing these elements in a relationship is even more important, because buying things should not be the only way we offer gifts of



affection. If you have a stable of slaves, then perhaps one day you will have a stone castle and you will have your crew running up and down all those stone stairs. Those stairs will ensure a well-toned ass and legs. Oh yes they will! Think about it! Mmm.

Beginning to Use the Crown Order Protocol (COP)

When teaching this section, I like to have this lill teaser on the whiteboard in front of the room.

Before authorization is granted for our Doomstruction device we make all customers submit a lengthy essay describing the intended use and desired functioning of their prospective device. This is how we can sell you only ethically sourced doomstruction for all your individual needs.

I wrote this bit to get people talking and laughing. If I get a sense that my students need to think bigger, or want to tease out a cooperative dream of world domination, I will have them share their answer to this doomstruction essay as their abstract doom yourself manual. Big or small, the answer to their design starts by asking and refining basic ideas. In a world where you can be anything, how long before you realize that being yourself is the most important thing? Speaking of group projects, Bukkake anyone?



our hearts and minds.

What is offered in this work is a framework to create a life based on what is meaningful to you. This work offers a way to focus your art and power to attract those who you might want to establish a lifelong relationship with. The Tao of the Crown will allow you to nourish and sustain relationships by living our stories together. The stories and life we share together will stay as lively or as dull as the experiences inside

What we are doing here together is defining our best possible self and potential destiny. The first time you get to this chapter I wouldn't expect most of the information we covered to be at your fingertips in a polished form. Whether you craft the form of this design in pieces or big chunks, you'll benefit by talking with others of like mind as you make it happen. What you are designing is the hooks into your lifeline, and your thoughts will be focusing on key elements every time you work with them. That means these values and goals will have influence on the quality and content of your life. It also means that you will have to be able to talk about them in a way that ensures that they are appropriately shareable, no matter the circumstance. Choose wisely and don't be afraid to redefine what isn't working and what only sort of works for you. This is an art that inspires you to dream.

James Dean said, *“Dream as if you will live forever; Live as if you will die today.”*

Mahatma Gandhi put it this way, *“Live as if you were to die tomorrow. Learn as if you were to live forever.”*

Hopefully, in relation to this text, you have been asking yourself some basic to deep value based questions about your art and life. The COP works best when the MC has a clear idea of what they want. Developing short term goals tends to be easier than long term, but with continuous development that long term picture will get clearer. As that picture gets clearer you will draw more insight from it. Sometimes the path ahead is decided upon by having a defined outcome, and sometimes working multiple paths at the same time is needed until the ones that show the most promise presents itself. Don't get caught up in having to choose only one way to do or be anything. Don't stagnate waiting until something happens for you to take action. Take action every day. Even small efforts add up to create results. As you begin with this material start by creating goals for ourselves and describing what you want for your life. One of our main actions is hooking together those we want in our lives in meaningful ways. Ask yourself who are the people you want in your life and why. You don't have to know them yet. The Tao of the Crown has its power magnified by having the ability to link lifeline priorities and roles together. We are like fisherman putting out what we seek and putting our lines in the water. We will reel in some fish to keep while throwing back others.

When we have a person, or many people, in and out of trance with us, they pick up cues that we may not be directly sharing. For example, where you might be headed in directing them through trance and the relationship. Some people will just be around for a stop or two on the ride, but others may fall in love with the regulation of behavior, and overall goals you have made possible for them. Designing interactions with others can train apprentices in this method and they can assist you. Planning and goal setting is not that scary, but for many it can seem overwhelming if it's not broken down into bite sized pieces. I touched on this earlier in this book.

I prefer a pen and paper when I am exploring and brainstorming ideas instead of a computer. How you do this is ultimately your choice, but my advice is keep it simple. I want to be able to pick my plan up and edit it. I find that sometimes computers inhibit freeform exploration at the beginning stages for me. I will however keep my computer next to my pad so if I want it it's there. I'm going to share an exercise to explore and flush out some of these chunks you will need to connect roles and timelines together with your own.

Looking back moving forward timeline exercise

I ask students to get a pad and put a date twenty years from now on the top of the page. We will be working backwards from this date. As you're going through this exercise you'll understand why this is so effective to start this way. Let's begin by writing some daring questions on the page and answering them the best we can today. Follow along and do this one question at a time.

What is important about your life on this date (20 years in the future) that you want to communicate to the you now?

What elements are so important that you cannot imagine living without them?

What kind of vocation, lifestyle, level of health and fitness, environment, living situation, community, and skill set do you see yourself having on this date?

What are the qualities and activities that you are participating in that keeps you in contact with people you want to have in your life?

Do your best to outline what home life may be like and what you want from your minion(s)? Qualities of personality, energy level, and behavior are elements that influence the life you are part of, and the environment you're choosing as ideal. Some people get a clear image and others get pieces that will be used to create that big picture as time goes on. Whatever you put down here remember, it will be built upon and changed.

No one that I have ever met has been able to divine how they will age, and what problems that aging will deliver upon them. Every day, we hear more about what global warming is doing to sea life, water levels, and the environment. Those are all great things to prepare for and resources can be developed. We must ensure that in this goal setting we are working to shape a future that we desire for ourselves. As much as we want to shape what is happening around us through our influence and action. Environmental quality is important to think about for the geographical area we want to be located in, but do not ignore the rest of the areas of your life. Some things may become more or less important to you as you mature and seek to stay healthy.

For example, have you considered what is being fed to our food that we are ingesting. How close we are from immediate health care? What is the water and air quality like where you want to live?

How much you believe these are important elements to include in your plan is up to you. They are worth mentioning as everyone's priorities change with time. Details are important to glimpse the whole picture. I recommend talking with others and sharing pieces of your plan, or even your whole shebang to get feedback. If you're worried tell them you're setting the scene for a dystopian novel and in sharing this idea, you can explore the experience of living like the character wishes they could. In doing this you will be preparing for details that many people have not even considered, and still you will get things wrong. It will be so much easier to adjust your plan, because you're already attentive and available to take advantage of the opportunities from your preparation.

Ask yourself, what you have accomplished and experienced to get this future?

We all give up something to attain our goals. It is not enough to think about things and get excited about them. We must use the knowledge we acquire in some way in order to derive benefit from it. Thinking before taking action is getting prepared. Thinking about things with only the goal of getting excited is mental masturbation and entertainment. That's a benefit in the short term, but we can do much more than this.

Working backwards after you have major elements planned, outlined, and envisioned is the next step. **Let's bring that vision to ten years into the future.** Start a new page on the pad and write the date on the top.

This exercise will get easier as you go through this a few times. Remember, your plan does not have to be perfect at this point. You will be working with this information to constantly refine it. Copy each question in bold below and answer them one at a time. Don't be afraid to add your own questions.

Ask yourself where you'd have to be in ten years to achieve the twenty year plan objectives you've described?

What things would you be doing each day, each week, and what strategizes have are you investigated to get to that twenty year vision?

What kinds of people and learnings will support you in achieving this ten year vision?

Once you have this all flushed out, it will be time to half this goal interval again.

Turn the page to a fresh one and write five years at the top. Revisit each element/question you listed for your twenty and ten year vision, and copy them back to the fresh page describing your five year next step. Copy the additional questions below in bold onto the page that you don't have already. I will list some that I have carried down here and others that are new.

What concepts will you have to learn, trainings, experiences, and topics will you discover?

What kinds of people and community are you seeking out?

What roles from the people around you have made life more interesting and enjoyable?

How are you prioritizing your time and money to reach your future goals?

What things would you be doing each day, each week, and which strategizes are you using to get to this five year vision?

How often did you revisit this plan to refine and revise?

You'll discover that the closer you get to the present day the more detail should be accumulating together through these questions. Immerse yourself in the care of your future self and explore the opportunities and thoughts that you will have. Once you have these elements all flushed out it will be time to half this goal interval again.

Open to a fresh page in your notebook and write a date two years in the future at the top. Revisit each element/question you listed for your multiple year visions above, and copy them back here to the fresh page describing your two year next step. Copy the questions below in bold onto the page that you don't have already. Add your own questions here as you think of them.

What do you want to have achieved in your lifetime?

How do you want to enjoy yourself?

What is the legacy you want to leave behind?

How do you begin adding to that legacy today?

Are enough of your goals positively influencing your present reality?

How well is your current goal-setting model working for you? On a scale of 1-10, how would you rate your performance at setting and achieving meaningful goals?

You'll notice that this time I included a question about the organization and the process of goal setting itself. Pushing yourself to get better isn't always the solution. We all need to examine our strategy for planning because how we accomplish a task today is not always the best way.

After you are done this time we will be halving the time interval again. At the transition of two year mark is where I change this up a bit. **You can continue to half on your own.** After the one year mark you are going to include **six months**, to **three months**, and lastly to **one month on your notebook**. You should continue this process down to the next three levels bringing with you all the elements from your future.

After you've finished going through the one month mark in your notebook allow yourself to pause. At this point your notebook usually has things crossed out in it, and potential adventures mapped out. I have seen some really intricate doodles as well. Now you have a plan about what you want to do that begins from a month ahead of you to twenty years into the future. At this point this exercise may have taken a half day to a full day to complete.

This is the point we go to lunch, play with a toy together, or whatever. After doing this activity I always feel like I need to move my body and relax the mind. The goal is to get into a neutral state doing and thinking about anything else. What happens in the background of our minds is the relational processing of everything we went over as we are in this neutral state. Whatever you're doing I find that after doing this activity our mind's naturally are drawn to focus on the elements you went over without intentionally bringing your focus back to it. Give yourself time to process this information by recharging your batteries in the neutral state before the next activity.

What comes next gives this timeline design real power and polish. In fact, it will give you the power of opportunity, because you will be able to plan how to include others in it. When you are done you will be able to describe something very detailed and real to the people you'll encounter. I want to be sure you have had enough time to process before coming back to work with this material. Have a moment of distraction to learn some Latin phrases to tease your toys with.

DULCIUS EX ASPERIS means "Sweeter after difficulties."

AUT VIAM INVENIAM AUT FACIAM means, "I will either find a way or make one."

NON DUCOR, DUCO means, "I am not led, I lead."

BARBA TENUS SAPIENTES means "Wise as far as his beard."

AMOR VINCIT OMNIA means, "Love conquers all things."

Hope you enjoyed the brief distraction. Getting back the exercise now. It's time to go through this exercise again moving forward in time. Turn to a new page and write the date one month from today on the top of the page. Ensure you're putting an actual date on the top of the page. You are setting a schedule so that you can see what needs to be done and how you'll do it. This time we are moving forward.

Start again to copy over everything that you listed under one month going backwards to this page. Remember you're starting with one month, then three months, six months, two years, five years, ten years, and finally twenty years. When moving forward through each personal milestone you can be asking yourself what you have to do each day, each week, and every month, that will be moving you closer to your goal. You will inevitably be flushing this schedule out with multiple details that you will continue to refine over and over.



Instead of thinking of your goals as time-bound projects, consider each goal by its effect on your present and future reality. While that statement may seem like a contradiction after all this planning and goal setting – it's not at all. Not every MC is going to use this information the same way, and if you didn't finish something it is not failure. Our motivation and sense of time cannot be spent like currency to accomplish everything. Time is going to pass for us no matter what we do. Decide for yourself how ambitious you want to be in your future and the present. Reevaluate and modify events as you go. As you move through your timeline this

time make a note of the relationships you have and those relationships you want to have. If possible, put them in a different color of pen or mark them somehow so that they will be easy to find later.

After finishing this exercise your task will be to go to a neutral state again. I'm going to give you something new, but related to think about in this break for a neutral state. Begin to explore the symbols and expectations of others in the culture of ownership and possession. <http://www.ownership-possession.com/icons/>

As you come back to this, begin writing in the relationships you outlined into your plan for life. Expand on traditional and nontraditional roles that people may fit into while serving you, and describe how they may walk the path as part of your life. Just like a company that has a mission, goals, and limited resources, there will be people who want to fit into those roles and fulfill those duties. The developing descriptions of how their role functions and what the responsibilities are will help to bring it to life. Some individuals may be so passionate you'll want to expand upon those roles you'll create today. How you manage this is entirely up to you, but remember you are the sole socialization agent for how this role fits in your life. There is no community culture that will specifically outline the social scripts for individuals to step into your life, and how others already in your life should treat them. That is all you.

As you move through this exercise, now, and in the future, you will be creating plans for people who are walking through these milestones and goals with you. Ensure you create a process that brings elements together in both the short term, and long term, that improves the quality of your life and those who serve you. Imagining how people come into our lives isn't too difficult. Allowing them to be their own person while contributing to these goals and things they are drawn to under our control takes flexibility. It all starts from this point you're at right now.

Once the exercise is done set your action items into a calendar and begin scheduling them with your daily life to do. Follow through and take action on your future. You'll start appreciating that you are getting exactly what you want as you live by a strategy of your own design.

Every time you go through this exercise it is done in the same way. Right now, when you think about your future, you will notice that this future has a real solid feeling to it. If you do this exercise once a month you will be developing a practice of regular feedback about how successful you are in the areas of your life that really matter you. You may decide that a monthly ritual should be done for you and your toys and that's great. I have seen that task assigned and half a day is set aside to grow

stronger as a unit. Doing this activity together establishes another record and useful feedback to ensure every person in your charge is on the same track.

Achievement with the COP allows you to see opportunities that others will miss. You'll see these opportunities faster because they match the criteria you're looking for. Having gone through this exercise you will get a real sense about what you need to do to be successful and move forward at any phase in your life. Having all of this working for you will result in your seeming more confident. Being confident will allow you to say and do the right things more often than not. All of what we are doing here works on multiple levels. When you talk about a vision of your future with others it won't seem like some dream that might happen. You are going to be able to present it with the certainty of purpose, and that is attractive to many people. To the people around you every day, this vision of the future will begin to appear like a sure thing as they watch you progressing on your path. You're becoming something to believe in.



The decision to include other people in your vision is an important one. Exploring role, responsibilities, participation, and questions that you encounter along the way will happen naturally. Initiating others into a role in your life and destiny should have some standardization to it. Questions and a period of adjustment will be needed as the whole person is put into a relationship with you through their role. Role conflicts do happen. For example, a man may have trouble letting go of work when he is home with his family. A mom may have trouble letting go of her child as she goes out to be social. Allow role conflicts to be opportunities to streamline the thought processes of yourself and others.

Whatever roles you choose ensure they go through a similar exercise with their timeline so they understand how you will work together going forward. Taking them through each interval in the same way as you did, and this is not a substitute for how you will train them physically to your liking. Having the subject ask themselves

how they will contribute, and fulfill tasks that lead them towards a mutual future through participating in goals begins on day one. It is your job to make sure what you provide is grounded in reality and consistent with the structural feedback you've dispensed. Our subjects' will be following your lead to the best of their abilities, so decide how much each person needs to know about the big picture.



When the subject becomes part of your vision you both will have tasks, and action to move toward goals (including to each other) that can be tracked, scrutinized, and be held accountable for. Keep in mind that some tasks can be given to those not included in this process. Share the whole process with a person once you are sure that there is a fit and desire to include this person in the future. Knowing what parts of the COP to share is just as important as shaping the subject's expectations for their role. When you use the COP fully you are capable of permanently shifting awareness and their everyday reality. Return to this work and reflect often. It is with your example going forth that you'll be demonstrating to others how we MCs live.

"Knowledge is a treasure, but practice is the key to it." Lao Tzu

Approach, Pattern Play, and Designed Experience

"Send me nudes when you get home so I know that you've made it safely."

Joseph W Crown

A woman wearing only a hat and socks and shoes, runs through the house. She bursts through the backdoor and sees a crowd of people having barbecue. She raises her hands in the air and yells to everyone in my backyard. "Joe gave me an energetic placebo for my agoraphobia. I'm fucking cured! At last, someone takes me seriously. It was on his first try too."

You live the life of an MC and you'll have stories to tell. This chapter is about sharing some of the approaches, tactics, and fun that can be had using our MC skills in everyday life. By walking the path with me you will also begin to collect stories. The things collected here are what I believe will inspire others and get the conversations started. My first it is a transcript of an interaction I had with a toy after having an initial session with her that she only remembers pieces of. You will notice that some things are familiar to her and others are asked conversationally. In this transcript I'm using direct commands to condition responses for this toy to be a hypno slave. I've previously installed nervousness for speaking on the phone and immediate apprehension responses come up as I test this response through texting. I also readily enjoy getting this toy so fucking horny she's pumping her cunt in the air like a dripping piggy. Enjoy the history here.

Hello sir

I'll bet you get excited reading this Hello from me.

Yes sir!

Tell me what you went to college to study?

Nursing sir. And you sir?

Psychology and Contemporary Mental Domination.

Seems appropriate sir. You must have been at the head of your class sir.

So does not being able to stop playing with your nipples now excite you?

Sir. Yes sir. How did you know!?

What are you going to do if I have you craving swallowing cum?

How is it appropriate to ask you sir? I really want it.

Beg for your cum sir. I can't stop touching myself thinking about sir.

Or for permission to taste others cum... What shall I do with you?

FUCK EVERYTHING SIR! I WANT TO BE YOUR PIGGY!!!!

You feel that control and it is lighting you up like a Xmas tree. It is making you more aroused and more stimulated by everything you think and touch.

That's very true Sir. I'm still touching myself and I can't stop. I don't want to.

When you hear me speak that slave name of yours, jiz, I want you to feel an incredible urge to swallow me.

Yes sir!! I am so wet sir. I'm flooding out.

That my good girl jiz. I'm off to get ready for bed. I hope you are too.

Yes sir but I don't want to be sir. I want more sir.

Put in the medium butt plug, edge 6 times, then put on the clit suction device.

When should I remove the plug and the clit vacuum sir?

After edging 6 times and batting around that clit device on your engorging clit for 6 min. You'll be like a cat in heat. So cum like one on your own time. When your done with all of this.

Oh that is torture sir.

As you do this feel my control filling you up. Enjoy every thought, and watch your helplessness in the mirror. Notice how wet you are piggy.

Thank you sir.

I want to obey you sir but I don't want to touch my pussy, I feel like I haven't earned the right.

(I don't reply. I allow the toy to hang there in the silence for a moment.)

Is that weird sir?

I feel so docile and in heat, focused on your cock and cum and pleasure and that brings me such joy.

Touching myself would distract me from you and that feels awful.

Obey cunt and encourage my energy filling you up more. As you experience it getting stronger, after every time you edge. You'll know that is my cunt in heat and I am claiming all of you more and more.

Thank you sir.

Plug is in and I've edged 3 times, gushing everywhere sir.

So afraid to cum.

6 times sir and now 10 min of clit suction. :(I hope I please you sir.

I'm going to use the vibe. What setting should it be on sir -low med high?

Low and then cum thinking of pleasing me. Be that feeling and jiz. Your nothing else but that for me.

Be it as much as you can today.

I'm taking of the clit pump. Cum at the end sir?

Yes, then tell me you are mine. Don't make me repeat myself toy.

Yes sir. I wish I could stay in heat for you forever sir.

This feels so good sir.

I can't wait to serve you and suck you.

Sir I don't deserve any pleasure sir.

That my cock worshipping cunt jiz. Double that feeling.

Almost there sir. Something happening. It won't go any farther! I'm so fucking hot and soaking but I can't cum. I'm trying sir.

I think I need something. I need your cum. I need your cock.

I'll allow that orgasm to get a little closer. Feel it you can almost get it cunt. Beg like I'm there and you'll jizz like a piggy should.

Mmm oh thank you sir. Fuck yes sir!

I need your cock sir!!! I can't believe this. It's impossible but your fucking fucking with me.

I need to suck it so badly sir.

That a good jazzing piggy. Cum for me. Cum harder than ever before and soak those sheets!

Good night and glow with that feeling.

I bet it tastes so good sir.

What., oh Fuck Fuck. You don't know what you just did that's fucking impossible. BUT you did it! That's incredible.

Thank you sir, good night. That's amazing. My whole bed is soaked.

I am yours sir. FUCK I want your cock in my mouth sir.

Shut your hole. We are done for tonight. You've been a good appreciative girl. Clean up and go to bed. Write me the details in an email.

Yes sir. Sorry sir. Your fucking amazing sir. Sorry fuck. Stopping typing now sir.

This is the next day. I read jizz's email and I'm happy to hear that she slept in her bed, and the whole thing was a wet spot. We video chat and I do short session after getting her feedback on what she likes. Jizz is discovering that in denying her pleasure she is getting more turned on. The thought and feeling of my pleasure makes her orgasmic, but she can't cum without permission. Discovering that is making her more turned on. Jizz likes being a bimbo for me and not remembering the session before made everything more intense. I turn up the intensity she can feel in the session and add the commands to forget. I smile as I read this now. One of the first amnesia commands I learned to subtly slip in was from David Shade. I still love saying, "and all of this is right. It's all a secret your keeping from yourself and I am the key."

Hope you're well Sir. I hope you do not mind I texted you.

Am I on your mind jiz?

Yes sir.

Going to share how your soaking through your cloths like a nasty fuck toy?

How did you know Sir? It's like I can almost feel you touching me.

You are my cunt. I am interested in making you respond even more. Anything I want you to be you'll be.

Anything you want me to be sir?

Right now yes. A controlled toy ready to respond to my every word and whim.

You're already feeling how your body is responding and aching to obey. Fill yourself up with my energy and notice how I am always training you to respond as a slave.

Thank you sir, I love this feeling. Its like you're magic.

Respond cunt. Double that feeling. Double it again.

Oh sir. I'm soaking through the towel on the chair.

Thank you sir.

I just seem to always crave more sir. I can't help myself.

Good that will keep you ready always for me. That's what animals are for. They listen for the command of their Master.

I love feeling you shape me sir. I can't stop touching myself.

It's what you are meant for.

Mmm thank you sir.

I hope I'm not bothering you. I just can't seem to stop thinking about what you're doing. Its magic sir.

I chose when to answer you.

Yes sir I waited patiently.

(She doesn't remember we just got off video chat. She thinks she came home and did chores as these feelings built up inside her for hours before breaking down to text me.)

What are you up to this weekend?

Relaxing tonight sir.

Is that a complete answer to my question?

No sir, I don't have firm plans yet but I might spend the day with friends tomorrow.

Alright good to know.

Do you have a busy weekend sir?

Yes. I'm doing some writing. What are you going to do with them?

There's a bondage con we might go to sir. You have me so curious to learn more.

These are darker urges sir.

Think so. Ask your friends subtly how far they would go to feel deeply fulfilled by living what they believed could only be a fantasy.

I'll ask them, but I don't think they think that deeply sir. I don't think they have felt this.

Let's see if their answer surprises you. You have gotten only got a taste of this. I bet you now have a higher standard for use and control now.

Yes sir. Your magic. I've never felt like this before.

This makes me appreciate how my pussy is going to be soaking wet reminding you about me as you take in all there is to see at bondage con.

God yes sir!

I have a higher standard now for use and control but how do I describe it sir? I don't seem to have words for this power.

I will talk about this more when you are kneeling in front of me.

Yes sir. I'm so eager sir. My mouth is salivating thinking about it.

Sorry for bothering you sir.

You are fine. Off to fuck and eat. We will speak soon.

Thank you sir. She is so lucky sir. I would serve you both in anyway just to watch and clean you both with my mouth sir. Please sir.

Perhaps I will take you up on that soon pet.

Thank you sir. I would be so happy sir.

(I ended up getting very busy and told Jizz she could not contact me until she was done with bondage con. She had a weekend pass and was eager for trance and use. When Sunday came around she raced home and begged me to trance her. I told her I had 30 minutes but that was enough to make her feel like weeks had passed in trance time. I got what happened during Bondage Con and amplified her feelings until she was losing herself in lust. She was so aware of her lust that she told me she could hear a fly across the room. When her senses were begging for my control and

use. Everything became hyper sensitive and then I made her forget. Then had her speak.)

Jizz did you get the answer to that question?

Uh... What question?

The one I told you to ask your friends. Thoughts are just failing out of your head aren't they?

Yes sir. Sorry I did ask them.

The question made them ask me who asked me that. If that makes sense. They said it was the reason they were there.

They all wanted to get swept away and find someone like you. They want to talk to you but I told them I had to ask.

Good girl. Sounds like you represented well. Let's talk about that later. What did you learn?

Ummm I enjoyed that con. I figured out a few simple ties sir

You're a rope beast?

A slutty piggy for you sir.

I am happy thinking of you as my animal to move about. I just might saddle you.

Oh that sounds fun sir.

I want to make plans to enjoy you soon.

As a beast sir?

I'm drooling for your cock again.

You think you'll be able to suck me or taste my cum?

That's what I'm craving aren't you?

(I love the slight panic there. I can see how well she is responding.)

I'll let you know when you show me how good of beastly you can be.

Yes sir. What do you mean sir?

We do this often enough now you'd expect to be used to waiting.

I want you crave it like a thirst. Drinking me down and knowing I could force you to cum or send you home thirsty.

Mmm yes sir.

Lots of fun ahead for you. When can I come to you sir?

(Jizz came over and she was a good toy. I sent her home to forget but to keep thinking about swallowing my cum. She would smell, taste it, and my cunt would demand attention. Five hours went by before I reached out to her again.)

What are you doing?

Pumping my tits and relaxing sir, you?

When did you start doing this? (Jizz hadn't mentioned she like this before.)

I was home all day and I can't get your cock and taste out of my mind. I went out for a drive after seeing this breast pump on sale on CL.

I drove to their house and bought it. I just knew I wanted it. It makes me think of you. Is it ok sir?

It's fine. You are a beast. You are my distraction at the moment. Getting more horny thinking about being a hucow now aren't you? Making you feel like you should.

Oh God yes! Like I should sir. I need to taste you. Can't stop imagining you.

Like your meant too. This is what you are.

Yes sir. What am I Sir? Tell me and I will be it.

Mmm so excited and happy Sir.

Good cunt. This pleases me. Your learning well.

Thank you sir. That has me so excited!

You need a weekend time correct.

Huh sir?

To get together. It has been awhile since you served in person.

Yes sir. Too long. I can come today.

It's like 40 min away, that's pretty far for tonight.

I can do it. I would leave now.

We can figure that out later. Np. Relaxing night all around.

Yes sir. I'm so horny and all I want is you.

Smile. Nothing says soaking like your anticipation.

I'm soaking everything at the thought of being of use. I need to kneel before you and kiss your cock.

Let's see if you really can impress me and my cock little cunt.

Mmm I really want to please it. I need to so bad.

Sir. Sorry sir. I forgot the sir. I'm slow sometimes and I want this.

That's what I want to hear and see expressed. Don't want an undisciplined cunt do I?

No sir. I'm yours and I can't stop playing with myself. God sir. I need this!!

Perfect. That's what I want and expect from a beastly like you.

Yes sir, I hope I please you in every way sir.

I'm off and until we talk again pinch those udders for me.

Yes sir. Oh, I want you sir.

(We video chat the next day and I progress her ideas of objectification and humiliation. She discovered on her own that she gets even more turned on servicing and be used for pleasure. When I force her to cum it is a double whammy. So I build those things up and start giving her the story that she can be transformed into a doll. I have the pull cord to make her speak. That when we are done she will forget and these ideas will create an even hornier state that she will beg to be released from. Now, Jizz feels a lot of pleasure being denied pleasure for herself and is uncontrollably drawn to pleasure. This push pull of emotions are beginning to make her feel like she is utterly owned. Jizz will masturbate at the thought of having my attention for a story and doing something that pleases me. Having the string to her voice is what I will use soon to ensure Jizz will never call without permission.

She is loving the reality of having herself reprogramed. She tells me that she can't stop think about it and it arouses her again. Jizz is tied up in the patterns of thinking

and stories that are subconsciously unlocking an uninhibited state of being. I love seeing how the commands and story suggestions affect her.

I didn't come up with the idea for the breast pump. It was her Whole self demonstrating for me that we were on a united front. I liked what was presented so that Whole self and Jizz's conscious service feels rewarded. My pleasure sends waves of joy and sensation through Jizz. When she tells me she loves this feeling I have made it her trigger word for forgetting when she says it to me. Now the Whole self of my slave is rewarded further by rewarding it with the ability to make Jizz forget and maximizing her pleasure towards me at all times. If I want her mind to keep something I tell her I'm talking to the part of herself that is in charge with me. I want you to remember this... and the self does. If I don't like an expression that is picked I choose to train that behavioral expression so that the Whole self is able to continue behavior. Having Jizz trained in person is something I enjoy and involves many towels. That beastie can soak everything for a chance to have cock in her mouth.

Soon after that day I have Jizz over the house for the morning. I'm attracted to her obedience and thirst to please. On this day I do not tell her to forget I leave it up to her Whole self to decide if it will maximize pleasure. Jizz leaves to work for second shift and it's getting late in the day now. I want to see what she is up to. I do get attached to my toys. :>"

Hey what are you up too little one?

Got out just a little bit ago and now driving over to a friend's house for dinner.

This late?

I promised I would show. Better late than never they say.

I couldn't help but think I wanted you at this moment. You are a good beastie. Enjoy your friends.

Sir thank you so much sir. You don't know what this means to me.

I'm off to sleep and really want to make you think about nothing else but my cock tonight.

When something touches your lips your body will response as if my cock is at your lips.

You'll be thinking I could reach out and push your head down onto me. Your body will respond as if I will fuck you at any moment.

That is what you will think about. That is the responsiveness you will know.

Mmm I would love that sir.

That's so evil sir. I keep thinking about that and now I'm licking my lips.

I'll soak through my panties before I even get there.

That sounds right and good. Enjoy the night.

Yes sir. I will can we message later?

You can write me an email to tell me about this. Night.

(Jizz was writing me that email as she sat at her friend's house. She couldn't stop licking her lips and she kept fidgeting not to touch herself. Her hands kept pulling at her buttons and her body kept her on the brink of orgasm. Jizz was soaking through her dress and couldn't believe that I wasn't there. She told me it was as if I was right about to touch her and pull her down onto me. She told me that it felt like everyone knew. The pheromones she was giving off were fresh with sexual intensity and everyone kept asking who Jizz was seeing. They kept trying to see what she was writing. Jizz told me she felt owned, humiliated, and sexually excited. She loved that and was amazed at how real it all was.

Jizz was working out well so I told her I would try her out with another woman. When I had her in trance next I emphasized how her Whole self and I worked to control her body and she could be moved like a puppet on strings. I reinforced that I had the string that controlled her voice and without permission to call me, or talk to me she would be unable. I intensified every sexual thought and pleasure and allowed her to feel them as she obeyed. When I woke her from trance she told me she loved this and she forgot everything consciously. Getting this signal from the Whole self I know that nothing is being held back or omitted. Jizz's pleasure will be maximized and I tell her she's a good girl. We sign off video chat. Now, we jump into conversation via text."

Saturday morning are you free? I may enjoy getting coffee and starting out having you sucking my cock while I watch traffic go by. How does that make you feel toy?

Very excited sir, nervous that someone would see us.

Someone will see us as I plan on bringing another woman along.

Yes sir. Oh god that sounds amazing and will work around your plans if need be.
I'm happy to serve.

I can't wait sir.

That's a perfect little beastly.

I'm glowing sir! I'm so eager to learn my place.

This is who we are. I'm pleased to hear that.

And taste your cock sir, I know it tastes so good.

That's a girl. Keep showing me you want to earn your place. That shows me you understand your place and are excited by it.

I'm really excited to please you sir.

Yes sir I'll do anything to earn my place.

Good jiz. I know every time you talk to yourself about this you'll be getting wet and aching to show that to me. This is who you are.

God yes sir! I know that you can really train me to be the perfect cunt for you sir.

Notice how those feelings are building more and more as you get a taste of what it means to be of service to me.

God I can't believe this. You're magic! I love being in service Sir and I'm so grateful for you showing it to me.

Oh wow I'm aching sir, I wish my mouth was wrapped around your cock right now.

As you should ache to be shaped and built into what pleases me.

Once you get a taste you will know that your life is right.

You will know how fucking amazing you feel is all linked to how you please and serve me.

This is who you are slave. When you say that to yourself feel how blissful that makes you.

Mmm I do ache sir, I keep craving more and more.

I'm standing up and I feel my thighs shaking. It's like your fucking me with just the tip in.

I keep trying to push into you. I want to feel your fullness sir.

Then do as your told. That is what you are made for slave. That is what thrills you more than anything has ever made you feel before.

Mmm I just want to be your piece of clay that you turn into exactly what pleases you most sir.

Sir your fucking magic. Your fucking me with magic and I want it all inside me. I want more sir.

This is how much you want it today, imagine tomorrow, after you get to taste my seed.

Each and every time you swallow you take with you this thirst and intensity of emotion. Feeling this awesome or better means you are serving me.

That emotion tells you that you belong to me. Those feeling double and you feel my energetic cock teasing you. Realize it now.

Your service will change you cunt. Ache for it. That's what you deserve because you know who you are.

Yes yes Sir I'm fucking yours.

I'm there sir. Tell when and what to do. I'm ready now to please you sir.

That thirst is not enough for me. You still think you have your own thoughts. You can FEEL MORE and then maybe.

Mmm oh your seed sir, I can't wait to savor every drop.

That's level of intensity is nothing compared to what's to cum. Keep your attention on that dripping cunt Jiz. Soaking through and smelling that musky desire.

Mmmmm yes sir it craves you so much Sir. Fuck how do you do this to me?

Send me a pic of you. I want to see that wetness and your face cunt. Obey and feel that submission rising in you.

Sir I want more. My legs are shaking. It really feels like you're going fuck me.

Making you so sensitive to everything else. Hear yourself saying your mine and know your fucking wet and musky craving cock.

Fuck sir. I want it so much I could cry. I feel your cock sir.

I'm so wet and musky and need to be yours sir.

Good cunt. Now work to not touch that cunt too much as you send me that pic.

(The picture was great. I won't share it here.)

Love the look on your face.

I'm so glad you do sir. I'm yours. You own me sir.

It makes me feel so good to please and obey you sir.

Fuck me sir. I still feel you inside me sir.

Having you obey pleases us both. I'm waiting for the even muskier pussy to get here.

Oh sir. This musky pussy is your sir.

I need to please you sir.

I want all of you. Pushing past any hesitation. I want you to obey and feel what that is doing to your body, and your mind. This is what you are.

That is your pleasure now. What is teasing your body is my energy and the more you accept it the better you'll feel.

It's growing isn't it cunt?

God sir. It really is sir.

I'm pleased your aware of that. It tells me your ready for more. Tells me pumping won't be enough and you know it.

Feeling it all become more intense. Waiting for an order to move.

Holy fuck sir. What's more than pumping sir? I felt your cock moving sir.

That need to be of use. Think about that.... take it in and feel how everything your doing is filling up the space in your mind.

Tugging at you to be at my feet. Until you can be on my balls. Until you can know what it means to utterly be mine with no other thoughts.

Nothing but the joy and pleasure of having my cock in your mouth.

Mmm Yes sir. no other thoughts sir.

Only those thoughts that serve me, or I put there.

Wow that's amazing sir. I want that sir.

I'm drooling for it sir.

Enjoy it because you may never find someone else who will mold and fuck you like this. This is what you are meant for.

Yes sir. I don't want anyone else to mold me sir, just you.

You going to be this eager licking my ass?

Absolutely sir, I really love licking ass.

You really have no idea how much that makes me want you right now. That is the response I expect from my beastly.

I actually crave licking ass.

You'll obey like a good cunt. That's what your good for.

I just got in the cab sir. I want you to know in case I take a min to respond. Tell me I can come to you and I will get dropped off.

Do you have a skirt on?

Yes and leggings sir.

I'm very tempted to have you take a sexy picture now.... Anything else that you crave?

I couldn't do that discreetly sir. I'm sharing the cab sir. It's so hard to hide what I feel sir.

Your cum sir, I need that badly sir. Your still fucking me sir.

You will always need that badly. That need will prove to you that you have lived as your supposed to. All you need now is a leash.

You'll feel that need growing more and more.

Mmm I love the way your phrased that sir.

I want to live as I was meant to sir.

Your need will be an extension of my pleasure.

Mmm yes sir I am your pleasure object. Should I come to you now sir?

Good jiz. Thirsting for the chance to suck cock and feel that submission fill you up every time you know you've served. Every time I call you Jiz cunt.

You belong to me more and more.

I can't stop thinking about you sitting on my face and letting me lick your ass sir, I'll tongue and lick and slobber like a good whore Sir.

I belong to you sir.

Mmm that's all I need sir. Can I do that now sir?

This is what you are meant for. No you can't cum now. You will have to try to hide this until I allow you serve.

It's up to you to communicate all the chances you have to serve. It's your duty to grow this experience so you can have the most time at my feet.

What do you mean sir? I'm so horny I can barely think about anything except your cock your cum and your ass.

Then think about them as my cock slowly fucks you. Tell me what you believe I have said.

Umm I have to tell you when I'm free to serve? To share opportunities that I see with you?

That's it. I know you have a mind and I enjoy taking your thoughts away when I have cause to.

Thirst cunt and feel your body responding to me. Even more. Double that feeling and double it again Jizz.

Can't even resist showing you my tits and cunt. God your magic!

I'm trying so hard not to moan. You're fucking me sir.

Driver just asked me if I'm in pain.

Will you be calling me in a few minutes? Don't remember giving permission for that.

I dunno Sir. I don't think that's a good idea. Sorry sir. So sorry.

What don't you know?

I really can't talk on the phone with you sir. Sorry sir. I don't know why. I just can't. I'm so sorry. Please forgive me.

Please forgive me. Please sir.

That's fine. You'll do okay. You only need to last a few minutes, but you don't have permission to call yet.

I can't sir. I think you have to give me permission. My body is shaking and I can't even turn the phone to my ear sir. Please forgive me.

Be wet. Be calm. Be good.

Please forgive me sir I can't do it. I think I have to have permission. I hate the thought of disappointing you sir. Sorry sir.

It's fine. You're just following my orders.

I'm sorry sir, I just don't like it at all. I dunno why.

Very good, I will tell you. This was a test beasty.

Thank you sir.

Thank gods sir. I couldn't control my body. I didn't understand what was happening.

I knew something was wrong. Thank God Sir. Thank you for allowing me to prove myself.

What are you doing now?

Just calming down sir. I still feel like apologizing but I'm also so happy sir.

It's such an odd mix. I couldn't have guessed I would feel like this sir.

Your fine beasty. You did as you were told. Long day I imagine. Did you eat well tonight?

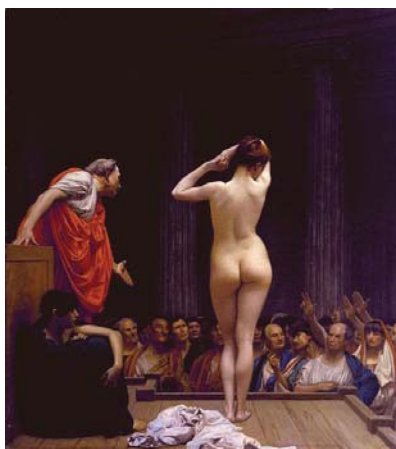
Thank you sir. You mean so much to me sir. Yes, sir finally ate an hour ago sir.

You're still fucking me sir.

PERFECT!

There is a wide range of emotions you have to play with my fellow MC's. I wanted to give you all the contexts of what led up to the moment that I took away the ability to call me without permission. This example should inspire and sober you to the possibilities of what you can do with the COP. In this example I left Jizz with the ability to call for help should there ever be an emergency. Plan well, because I could have taken away the ability to have Jizz use the phone completely without

permission when not working. That could be a bad idea if she ever had to call an ambulance, fire, or poison control, etc., and so many other important numbers. You have been warned. Remember, don't try this at all. Doing this is the joy of every MC. It is difficult not to feel amazing and magic when you have the power to do this with someone who is saying this to you. Allow that feeling to keep you humble. There is always more to learn and master.



When I gave copies out of this book for initial review I was asked to put more scenarios like I did with Sue's story earlier in this book. So our next story will be a story about sucking dick like candy. This is a coming of age story for consenting adults who want to enjoy their oral obsession (even if you gave them that obsession today). After all, lill fingers can find candy almost without thought. All that anyone wants at first is just a taste.

Remember how you used to think about candy? It wasn't exactly getting candy that got you so excited. It was the way having that candy made you feel. Candy is often an obsession when we are growing up. I've seen the excitement on kid's faces as they stare at it knowing there might be a possibility that they can have it right now. When you think back on it now, I wonder if you remember times where you felt like you always wanted it, would do anything to get it, and as soon as you had one taste you already wanted another. The only thing stopping you from eating candy all the time was the fact that you didn't have candy all the time. Someone may have kept that candy just out of reach, and only rewarded you when you were a good girl. Candy is so often given freely in celebration and as a reward for being good.

When you started to develop, and your breasts and hips started to show you were maturing from a girl into a woman people around you began to notice. The part of your mind that used to obsess over getting rewarded with candy starts to notice cocks on the men all around you. You may remember going into a dreamy state staring into crowds as you watched men going here and there. You started to notice the boys around you suddenly seemed more interesting every day. You began to blush and giggle when they said things that would have made you annoyed a year ago, but somehow now, those things made you feel different and special. Their words just seem to stay in your mind. When you looked at all those men and boys around the neighborhood you thought about being good for them. You thought about doing what you were told. Feeling so pleased when you could make one of them happy, you found that directions were something that helped you do what was important in life. Discovering that for yourself kept making you more excited when you knew you were pleasing them.

These boys didn't seem all bad anymore and something about that made you want to be around them more. These boys liked to play rough and they always seem to know what they wanted. Still you couldn't help staring at their cock through their pants. You could tell they were noticing you do that too as you blushed getting caught looking at their bulge. You began to dream about a man who would take you away and make you feel things you didn't even have words for yet. These boys thought their long lewd stares at your butt were as subtle as their comments as you passed them by. They didn't know what to do when you whispered to them as they were growing up too. As you discovered that they were boys and not men you didn't say much more about it. Their attention felt good anyway and the desire to submit to your man burned bright and true inside you.

Sometimes you'd hear these boys talking about girls when they thought they were alone. Sometimes the girl they talked about was you and you caught yourself biting your lip. You'd ask yourself why these boys couldn't act out what they talked about. You had decided that it might be shyness or immaturity, and that was just another sign to you that they weren't ready. They weren't the one who would control you and hold your heart and spirit in their hands. Still you'd imagine what it would be like to listen and obey whatever one of these boys said. A lot of the things they talked about sounded exciting and their words stayed in your mind. Perhaps, they needed help but couldn't ask for it either. That was just another sign that they weren't ready. They weren't right.

Sex began to dominate your mind. You started to think of all the ways these boys wanted to be pleased and explore a woman. Yet, their inexperience and inability to

ask was as clumsy as their strong bodies. The attraction and draw of your desires still kept pulling you towards men and their cocks. How would these men use their cocks to make women moan? What would they make you do? Those feelings began to heat you up and kept you thinking what you would do with them and for them. Still you knew that all you had looking at you were these boys who weren't ready. They were not the one to control you. That meant you were not ready too.

Yet your mind and heart would not give you any release. Your thoughts kept asking how you could please them and maybe one of them would come forward to claim you. You wanted to help them and were so eager. It hurt. Still you had to admit they were not ready. Ready to make you theirs is what you craved and kept you awake seeking proof of it at night. One day you realized that this strange new development inside you was better than candy. You were not a kid anymore. You remembered how you always looked forward to Halloween, so you might be something more or someone else... Going out and getting what you wanted. Now, you wanted to be released and caught at the same time. You want to be that someone else who got what they needed. A costume was not enough anymore and you had to wonder if it was you who was still not ready now.

The law said you were an adult at eighteen, but maturing only made you seek something from someone else that still seemed impossible. You wanted to do things that seemed so awkward and you didn't always know what to say, or how to ask. Being so certain that this is what you wanted and needed you didn't give up. You couldn't give up. Sex was pleasing someone who would give you commands and the courage to do what you have imagined so many times. Sex would be with someone who could claim you, and then this girl inside you would begin to learn everything there was to please him. It would be at that moment you would know this girl inside you could finally let go.

You have matured both mentally and physically. Now, you have been discovered. There was a woman inside you who is ready and being claimed opened up more of the yearnings of that passionate woman. You would finally become aware of how deep those emotions ran inside you. You would be amazing in some fiery, and fantastic way for him. You would know how it feels to wait for the chance to do or be something for so very long. It had felt impossible to be yourself and the waiting felt endless. Not anymore.

Right now there is a chance for you. You can have a taste of what you've craved for so long. There is no way you could know all that you would want before now. You had the knowledge that someone special would be there in your life to claim you. At that thought you have always felt yourself responding. That ache inside you longed

to beg, moan, and to please. Pleasing gave you so much joy and pleasure. It has been all you ever wanted since you knew there were things better than candy. How do you feel yourself responding as you recognize you have a chance for this right now? Your body knows what to do, doesn't it?

Right now, you'll have to admit to yourself that you've always wanted sex. It was the maturity of your consciousness that allowed you these feelings and desires. You were awakening to what you would love, not the sugary stuff of flavor that beckoned you. Oh, the taste was part of what appealed to you, and you'll recognize that too. When you think of cock in front of you today you'll realize you're salivating for it instantly. It is the flavor of the man who controls you that is locked into your mind and commanding you to kneel and open wide for it.

All you have to do is think about this man, and his flavor gets your mouth salivating. Thinking about pleasing gets you moist between your legs. All you can think about now is how your body responds when you get your first order. How happy you will be when his cock is inside of you. I know you can already imagine this as the smile is coming across your face picturing how he looks at you now. When this man found these desires in you he choose to awaken them further. All these parts of yourself knew what it meant to finally be able to be needed and loved for who you are. As you look at him, you know your sharing who you always needed to be.

This is the feeling of what candy should be for adults. This is the very first moment that you had to admit there were gaps in your life, your development, and who you are as a person. Together, with this man you can be complete. You can be who you are. This man will open you up and you will learn.

This is today and you have found such a man. You hear his voice in your mind. He sees the person who you can be and the person you may blossom into. Get on your knees, give me a smile, and you can feel amazing sucking the candy right out of me. Now, be my good girl and move.



This next story would be one you may introduce before sending your toy into a new identity. This is a consensual nonconsenting rape fantasy where you could share this with your toy's main identity and plan together if you want to act this out or not. Stories like this allow for team play and might fit into long sagas. Enjoy this hypnotic story that I call John's Missed Calls.

You are sitting on the couch in the TV room and you look at the time. John was supposed to be home two hours ago. He isn't answering his cellphone as usual. You shake your head because you're pretty sure he is cheating on you. He's going to be surprised if he intends on bringing home a fuck buddy with you there. Behind you in the kitchen there is a knock at the door. You scowl and stomp into the kitchen wanting your angry footfalls to be heard. Then the front door is opened behind you and two men burst in through the door yelling at you to stop right there. You're shocked and freeze. You're scared and unsure what to do. The tallest guy immediately grabs you and pushes you down over the arm of the plush couch. You're screaming and kicking until he turns you around and slaps your face hard.

"Shut the fuck up. You don't open that mouth unless I tell you, or you are going to make me hurt you. Understand?"

You nod and whimper.

"Good. Leroy you going to get all of this in the shot?"

Leroy comes walking through the kitchen with his cell phone pointed at you.

"Hell yes. You got two angles so we can capture her face when you break into that brown button. Mmm, mmm, good!"

"Perfect. Bring me one of those knives." The tall man says and your body tenses up and hardly a sound escapes you as you feel the room moving around you.

Your shorts and panties were just pulled down and left by your ankles and you had no voice to protest. What little struggle you offered was pitiful as you felt the cold metal of the knife slash off your tee shirt and bra. The tall man pushes you down harder as he relaxes his grip on your wrists only to grip your hair in his fist and tug your head up toward him.

"She's going to like this." Leroy laughed and you hear their pants being unbuttoned.

"Please. You don't have to do this. Please..." You let slip out and there's something more in your voice.

"You'll be begging soon baby girl. Don't rush us now." The man behind you runs his fingers across your breasts and brings the knife up to your neck. "Going to be a good girl aren't you?"

You nod and feel your body tremble. You've always had this terrible need to be taken. This is what your mind throws at you now. Somehow it makes you relax and you stop struggling. What's left of your rational mind screams at you that it shouldn't be like this.

“That’s a girl. Focus that shot on me and Johnson get over here so you can get the perfect angle.”

The man moved and stood to the right of the man behind you.

“I warned you John. I warned you that we always collect payment. This little piece of ass today takes care of only a percentage of the interest. If you won’t pay your debts on time well, I will come to take payment any way I like. So today who do we have here?” The man grabs you by the throat. “Talk! Who the fuck are you to John?”

“I’m his girlfriend. Please.....” You beg as the man covers your mouth with his hand.

“Well girlfriend I don’t need to know your name right now.” The man begins sticking his fingers in your mouth and grabs your face when you try to turn away. “This bitch is paying on your debt.” You feel the man’s cock rubbing up and down your cunt lips. “I’ll be happy to claim this cunt first.” You gasp and start a scream but the fingers go deeper into your mouth as his cock fucks you.

“Ya, boss fuck that cunt.” The man says behind you as reaches over to squeeze your tits.

The man in front of you came closer laughing and grabbed your hair as he sits in front of you on the couch. The fingers pull out of your mouth as your head is tugged closer to the other man.

“You bite me and I take this knife and I will slit your throat. Got it?” The man pushes your face onto his cock and you breath in the musky flavor of his cock.

The men change positions and fuck you like they are pistons moving into an oiled engine. They didn’t seem to care about anything. They took turns, pushed you onto your knees, and even began rummaging in the refrigerator for beer. The videos happened again and again posing you with cock in your mouth and being sprayed with cum across your face. They force you to swallow and laugh while making you find every drop that fell off your chin. The short chubby man pulls you by your hair and makes you face the other two who point their phones at you.

“John we think your girl likes all this cock.” They all laugh. Look at how wet she is!” The man pulls you up to your feet by your hair. “She’s soaking wet and now it’s time to see how well she takes it in her ass.” The man pulls you down towards the couch. “Put your hands on the couch. Don’t move unless we say so.”

You nod and lean over the couch spreading your legs. You have already started thinking about how wet you are and wondering if this is going to hurt. You close your eyes and someone slaps your ass hard making you yelp.

“You getting this John.” The Boss says as the cock behind you plunges into your pussy and then pushes into your tight ass.

You start to squirm and moan.

“Look John, we can see she likes it. We must be giving her something you aren’t. Where’s my money John? You better reply soon or we may just keep her.” The Boss man lifts up your hand and sits on the couch in front of you. “It’s time we give her the business.” The Boss man pulls you forward onto him and you feel the cock slide out of your stretched ass. “It’s okay baby. You can whine for me. I like that.” The man says looking into your eyes and smiling.

The Boss man pushes inside of you and slaps your ass. Then man behind you pushes you forward and makes you whimper as he opens your ass up with one plunge of his cock.

“This bitch knows what she likes.” The chubby man laughs fucking your ass.

The third skinny guy stands on the couch and shoves his cock in your mouth and the phone directly in front of your face. Your moaning against his cock and he is loving it. They call to John and all you can think of is why are you so close to cumming. Then it happens. In a gush you release your orgasm and you soak the men and the couch.

“You must be loving getting fucked by all these big cocks huh slut? Aaa...” The Boss spits in your face.

That’s when you feel his load explode inside you. Then the man fucking your mouth grunts and cums in a small gush.

“Swallow it bitch.” The man barks out and every drop is drunk down as the man fucking your ass picks up speed.

“Fuck sake! Nut in this slut Leroy. Can’t you hear her begging for it.” They all laugh as the man fucks you harder and breaks a sweat pulling your ass into him.

Finally, Leroy cums and the Boss moves you off him as Leroy moans pulling you into him.

“Stay.” He says pointing a finger in your face. And moves you to kneel on the carpet.

Leroy pulls you close and instantly you open your mouth. Leroy laugh as you clean his cock and wonder if you should be shamed by your pride in this.

The Boss comes out of the kitchen and moves Leroy away. He shoves something into your face that is not a cock but a card.

“See this. This is your license and we will be keeping this so we know where to find you if you’re not here. You say anything to Cops and the next time we see you will be the last.” The Boss man moves over to his pants. “Be sure to tell John he needs more beer. Let’s go.”



The men complain and eye you kneeling on the carpet. You can sense their reluctance to leave you and your eyes are drawn to their limp cocks that are quickly being covered and put away. You watch them close the door and they start chuckling. The last thing you hear them say is that maybe next time they really should bring more guys.

Some of the details of this story are intentionally left vague. I want you to be able to see that it's possible to put in the details of people you know.

How short or how long a story is will ultimately depend on you and how much enjoyment you and your partners get from this, and how you want to use this fantasy. Remember, this story may just be a story to prompt your toy that some adventure is coming. There is no reason other than your desires to act these elements out. Doing so will always come with risks. If you made it this far into the book I'm sure you are aware of that already.

One of my good friend's, and fellow MC, Damien, will build up a story through his timeline work with his subject. That story becomes an identity that exists exclusively from the subject's other identities usually. When stories like the one you just read are finished, he has the subject reverse the time line until it is back to a pulsing blip like a heartbeat. A neutral state is used to have the subject float around or do something enjoyable for a bit. At that point he has the subject walk back from the chosen door and down the hallway. The story may or may not be remembered, but Damien will talk with the subject's Whole self after such a story. He will ask it what

the subject liked and didn't like. He doesn't talk with that identity again because it doesn't exist in a timeline anymore. After gathering those impressions from the Whole self, Damien will make any needed adjustments through the Whole self who is having fun with the increased control that Damien gives it. Damien has made a partner out of the subject's mind, and together that gives him ultimate authority over reality itself for his toys. Use this example and imagine how you will embody the Tao of the Crown in your own life. The power of a MC is tempered by accountability of their life, and authenticity derived from the Tao. I leave you with two final thoughts from great masters on this matter.

"The more prohibitions you have, the less virtuous people will be."

Lao Tzu

"My new and improved Golden Rule: Dom unto others as you would have God Dom unto you."

Michael Makai, Domination & Submission: The BDSM Relationship Handbook



So you want to be a Mind Controller

Congratulations on completing this work. The work you did here is a milestone in your learnings of mind control, and getting you accumulated to the various expressions of our culture in ownership and possession. You may be ready to spit semicolons and commas at me after reading this book if you're a Grammarian, as well as a MC. I write, teach, and if we're talking flaws - I get a kick out of flogging people, then fucking them. The love and joy you'll find here is in the content. This information will get refined and more will be added as I get a sense of the response to this work from the public. This is my first attempt at sharing the Tao of the Crown on this scale. If you have something to add or offer please do. That input does presuppose constructive and positive intent.

For those of you interested in furthering this work do share your workings with each other. It is the very act of sharing which establishes communities and cultures. I don't mind if your protecting names and shifting the details just enough so that it reputations are protected. Misdirection is a part of our art. At times you will find me an unreliable narrator as I seek to cloud the identities of those people who have walked this journey with me. When asked outright I might tell people this has become a work of fiction in places. It is a convenient lie that they will understand. Very few people can accept that we walk among them.

So you're a Mind controller now, or at least advanced in the Tao of inclusion trance inductions. I need you. This book is a system to focus your art, your life, attracting people that fit, and preparing their exit plans when needed. You are not alone. It does take time to find people that fit with us. I don't believe we should be rushing good people out of our lives either. The life of an MC is passionate, artful, and full of satire. Welcome! This is your advancement opportunity to practice your art with us. For the community of MCs, this is the start of something more. I'm starting the Crown Guild. Why a guild in this day and age? I'll tell you.

Guilds were and are associations of artisans or merchants who control the practice of their craft in a particular town or geography. This will be a global guild. The earliest types of guilds were formed as confraternities of tradesmen. They were organized in a manner something between a professional association, trade union, a cartel, and a secret society. This is the vehicle I will start with to move this community forward. Simply write to me an email below to ask how to get your credentials.

crownhouseone@gmail.com

Be one of the first Charter members of the Crown Guild. For a limited time, Charter Members Badges will be designed allowing you authorization to view materials and to vote on goings on. I will be taking applications for servants, networking with fellow MC's, and looking for those who seek to make their work matter in this community.

You will be invited to submit the work that you have done through this book for endorsed certification in the Crown Order Protocol. If your work is accepted, you will be listed as Masters of the WatchTower. What that means to you and the privileges of that rank will be shared upon acceptance of your work. Your work must show your intent and skill.

My work is just beginning. This work would not have been possible without your support. I hope to be hearing from you soon.

Bonus Material

Hypnotically installing a question of identity and perspective: "Have I earned worth?"

Wayne's World made famous a phrase that so many people have uttered throughout their lives. "I'm not worthy." The matter of worth and meaning in a person's life is something that can transform a heaven into hell and a hell into heaven. Pardon my Milton here, but he hit the nail on the head with this insight.

For what it's worth, over the last few months I have shared with you bits and pieces of the process of my book *The Tao of Relationship Maintenance for Mind Controllers*. I've shared how it is possible to create multiple identities that operate independently through life/ story lines. What I'm going to share with you today is why installing identity questions and perspectives can change the quality and experience of a person's life. I've held back sharing some of this material because this is a mind control technique. It has the power to narrow choices, increase awareness on particular directions and instructions, and propel someone to take action. This is not a disclaimer for shock and awe. I promise you that reading this will change your thinking and that alters how you take action in the future. Is that worth your time here?

Stop for a moment. Think about the word worth. How often do we hear it? How might each of us be comparing and contrasting what we think and do by implied, or imparted worth from others?

The Crown Control System is rooted in the culture of Ownership and Possession. That means the relationship or lifestyle that I partake in is hierarchical. It's important to say this because this foundation sets the context where these interactions happen for me. This lifestyle is more commonly referred to in the media as power exchange, Master slave (M/s), Dominance and submission (D/s), or Owner and possession (O&p). All of these terms have overlapping commonalities and differences that will be expressed slightly differently from relationship to relationship.

For example, I identify as a poly, O&p, head of House. The House here describes the people who serve in relationship to me and it. When I practice my art of mind control these are the people I do it with. The Crown Control System has been designed to used with the operator's relationship style. This is what makes my method of utilizing mind control and hypnosis different then any other method out there. I'm imparting the knowledge to use MC and hypnosis within the operator/MC/user's current relational framework.

Some people just want to learn hypnosis or mind control to pick up people for sex, acquire additional skills for influence, or power. Those skills may or may not come with context to use them within your life or others. My process and method of learning these skills involves taking an active part in the relationships that you are part of. That means by learning with me you will be expected to put in the effort to develop yourself and the connection to others. I do this because this knowledge to me is about accumulating worth. That worth is both for oneself, and for those around you. This worth may also be thought of as relational authority.

Perhaps, you didn't expect to hear those sentiments above from someone who freely admits they enjoy spanking, binding, controlling, and training the behavior of another. If that's the case I'd say you don't have enough MCs in your life. My subjects are toys by consent. What that experience is like depends on what

it means, and is worth to them. Here we have again used that word which represents subjective quality of experience and identity, "worth".

"Worth" is a trance word that puts all things in comparison to it. Even the reality of the future by emphasizing behavior and choices in the present moment.

As an Owner, MC, and Master, I come across people that feel they are not worthy. That sentiment may be due to confidence, skill level, ignorance of knowledge, humbleness, or an identity perspective that questions life's assumptions to better themselves. The concept of worth is often presented to us in stories from along time ago, or in the modern day depictions shares the events of what it took to find oneself by doing the right thing. The concept of worth is presented to us everyday, and it's done so contradictory throughout every culture that it is extremely difficult to separate it from subjective values in the moment. The doctrines that use the practice of worth today, tend use it as a way to elevate the doctrine itself. Thus, by following the doctrine the person attains worth through it. The practice of the Tao of the Crown is important to me. It is part of my life, and to me, it's influence and worth should affirm the quality and character of life itself. The Tao of Crown is a banner that we MCs may assemble under. This is our community and tribe. When teaching in this tribe I impart knowledge and skills through investing in the practice of worth. I'll explain this through the experience of being a Master.

A slave or sub comes before you. It doesn't matter who approaches who. It matters if you understand their need and they fit with your energy level, time commitments, and dynamic. To the slave it matters that you are someone who sees through them. You get them. It matters that you have the experience to guide them, and speak to them in a way that connects their private nature to their desired life. Some people enjoy feeling powerless when safe. Some people want to be broken, built back up, and spanked. Some may even come to you saying that they are worthless. I agree with them. Yes, you read that right. I agree with them. This way of life is not for everyone, and nor would we want to take just anyone. That person is there in front of you is ready and willing to tell you what they need, what feedback (including names to be called) is empowering and supportive for the position or identity they wish to assume, and open and ready to discuss limits to their proposed service. The standard hypnotic pre-talk for hypnosis is not going to prepare someone to be an MC and onboard someone to be a onetime subject or more in the O&p MC dynamic. This work will not get into the many reasons for that right now.

The story I will tell the subject is about another slave who came to see me just like them. I will say something like this. "You are worthless. You have come here to tell me this. You have come here to tell me that you need more from life and you have not been able to fully express or develop yourself. You are worthless but, I think, not unworthy. I will give you worth. In this worth you will practice using until you know what matters."

In sharing the above text an advanced MC would be able to replicate this opening process. They may even add in other instructions and guidelines. The process is not complete yet. This story begins the installation of worth.

I would like to point out at this juncture that a sense of direction is worth cultivating vis-à-vis the goals and guidelines that is yours and the goal that is theirs. We all come into contact with competing goals, obligations, and values inviting us all to make bad choices. I do like people to do me the honor of thinking before they act

or speak. This direction and other guidelines should be taught to the subject through practice and instruction.

Think about the person or people you would want to impart this to. Would such a person be worth all their meals, laundry, and a standing level of attention and investment of time? Do you think using this in setting up your communication and feedback with others would be worth a try?

Learning has to be digested. It is not enough to know a fact. The fact needs to be comprehended in context to existing meaningful relationships in order to have your influence direct and sway thoughts and attention. Again, this is why I seek to teach this material in a relationship model. We are all in relationship to each other and reality. I can teach anyone to hallucinate green eggs and spam, but if that hallucination is not put into a meaningful context it will more than likely be rationalized away. So what statements in trance would you use to install a compelling directive? As you think about what would be meaningful to you, and those you guide, explore what or how the instructions and commands evoke in you.

How about using some of the following instructions and commands below?

Accumulate worth.

I will be making myself of worth.

I must gain worth.

That is worth.

You can easily insert commands in front of these in your delivery and continue the above story with commands. I will do a mix of both of this below so you can get a sense of how to install and create commands that motivate the subject through this perspective identity work. As you read these statements imagine what it would feel like to say them, or have your subject say them to you. Put yourself in their shoes to shape these questions and answers so that all interactions that they will encounter falls into these contexts.

Is this worth the argument?

I was nothing. I knew nothing, I understood nothing. I had no understanding. I had no skill. That does not mean that I was bad or broken. I was worthless. He showed me how to gain worth and now I have worth.

I must not lie. I must gain worth.

May I be of some worth, sir?

Have I earned worth, sir?

Do I have worth?

I am sorry if I have transgressed in any way. I was only seeking worth.

Have I failed to achieve worth, sir?

I am worthy?

I am not worthless, I have worth.

I was nothing and she gave me worth.

I have completed my task. That is worth

The power of influence that comes with installing this into a subject's mind and attaching it to joint goals is staggering. After reading this what does worth mean to you? To me, the concept of worth means that each of us should leave the world better than when you found it. That concept is something I have found applies universally to doctrine, relationship, and our art. It is our relationships that brings meaning to our thoughts and actions. The Tao of the Crown is learning to recognize the natural feedback communication loops that we are all part of and appropriately transitioning people through a many natural states of being. To learn more about inclusion trances you should read The Tao of Relationship Maintenance for Mind Controllers.

Inclusion trances can be a kind of spiritual housekeeping, or an adventure. Sometimes people fool themselves into believing things that aren't true. Sometimes that can be quite dangerous for the person. They see the world in a wrong way. They won't let themselves see that what they believe is wrong. But often there is a part of the mind that does know, and the right words can let it out. Well, for the proper working of this reality it is essential that spankings are important to at least one person.

If you have the necessary skill you should know how to construct a worthwhile inclusion trance identity now. Are you worthy? Do you think the world is a better place with you in it? I find that asking if the people you helped wanted to be helped is also a necessary question.

The most common criticism I get in sharing this is from people who are outside of an M/s, D/s, O&p relationship dynamic. The criticism is usually something like the example below.

"You shouldn't have told him/her that they are worthless."

The person they are talking about may love the name calling from me in certain circumstances, the person may need a hard thuddy paddling to cum, and crave being locked in chains. Some how in explaining this there will be certain people who take offense that it sounds like I'm being mean. Be warned, and be aware of surroundings when you say these things. Saying she was worthless because she couldn't talk properly when she was claimed won't help you.

I like to install this concept of worth as if its something that drains away. Now, everyday you have a person seeking to keep topping it up. Self worth, relational worth, and public communal worth are things that should be built upon. Give the instruction through an identity or by direct command. Use the example below as it fits.

"I am learning that worth is something that must be continuously accumulated. You asked me to be worthy and contribute the best of myself. Have I become worthy?"

It is a wonderful thing to hold accountability for the best of a person. I'd love to hear how your MC art and experiments go using worth.

Seek with your passion, and seek with your spirit. We are all unknowing seekers that brings with us stories that has described the past. To live with mind controllers you must be accepted as their tribe, learn their dance, and never forget that this is but another hat to wear.

Subscribers of The Tao of The Crown, www.taoofthecrown.com will be randomly offered goodies not released to the public. Have you signed up?

Have you submitted to the Monthly Essay Contest to win a free copy of The Tao of Relationship Maintenance for Mind Controllers. If you missed it you can get more information from the link below.
<https://goo.gl/NhJylE>

Seeking Community Voices of Mind Controllers and the subjects that love that control. Find out more about this here <http://rx.hu/fpuv>

You can find The Tao of Relationship Maintenance for Mind Controllers live on amazon at www.amazon.com/dp/B01MPZQ7SL

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Join us at the Tao of the Crown Facebook Discussion Group
www.facebook.com/groups/1271216662923632/

Bonus 2

Training Trances with those who claim to be un hypnotizable

I have received a few questions about how I onboard people into regular hypnosis sessions for fun and conditioning. It seems that many people are worried about working with people who claim to be un hypnotizable. This is a common fear when new hypnotists or MCs are learning their craft. It is a matter of practice to be secure in your skills but also belief.

You are the one leading or your asking permission. If you're using hypnosis YOU MUST BE the hypnotist. You don't ever TRY to hypnotize, you DO IT. If the person you're working with does not go under, it is because they are not following your instructions and commands. This is an art that qualifies people by their participation.

Your subject MUST follow your every command if they want to continue exploring hypnosis with you. If a person says they cannot be hypnotized, you say that everyone can be hypnotized and that you have never met anyone you could not hypnotize. That is unless the person is unable or unwilling to follow directions. Do you have someone who wants to test the strength of their trance? I have seen that and some people want the confirmation that they can't help themselves. It is the thrill of the mental restraint that they are testing for. Nip it in the butt fast and don't apologize for holding the person accountable for their actions and focus. You will give them an opportunity to test, and you should explain that to them. If its a matter of thoughts popping up or the subject can't relax, you have to change you're technique.

Do the best you can to qualify the people you will work with. Use inductions that incorporate proof for the subject. Things like arm levitation, getting their fingers stuck together, forgetting their name, and fractionate the experience for them. This should be trance #1. Trance #2 you can get into more advanced material and give more instructions, commands, and perhaps suggestions. If you're wondering why it is that you hear subjects telling their Tists how relaxing and wonderful trance is - it's because that's what the Tists told the subject. Tell you're subject how good it feels, how good they are getting at attaining this level of trance, and going deeper each time. Tell them how good it should feel when they get the result you are asking for. These are the elements that keeps your subjects wanting more.

What it comes down to is skill comes from practice. Practice with the correct attitude, and lastly make it fun. Fun includes both the subject and the Tist.

Bonus 3

Be a Sexual Monster through the Crown Control System

“Beware that, when fighting monsters, you yourself do not become a monster... for when you gaze long into the abyss. The abyss gazes also into you.”

— Friedrich Nietzsche

I was talking with a Hypno Dom today that has established a standing inclusion trance with his slave that her taking on the identity of a sexual monster. In that Alpha Monster Slave identity she brings home women for him, she hunts and controls the slaves they regularly play with, and when Master feels like transforming he becomes a monster that shifts shapes to fuck them all. My book is The Tao of Relationship Maintenance for Mind Controllers, and it is a system of Mind Control rooted in the Ownership and Possession culture. It teaches you how to use the Crown Control System to create inclusion trances that fulfill fantasies and bring those in your relationship closer through their participation and role.

What is an inclusion trance?

Inclusion trances are an altered state of consciousness where a subject is disassociated from their surroundings, life events, identity, and associated into a timeline story identity. In that timeline the subject will recognize themselves through identity backstory, goals, and desires. All of this serves the subject by allowing them to demonstrate their personality and take part in a story through interactions in context with both real and hypnotically guided tests, tasks, and experiences.

If you could give the gift of identity how would you shape that identity's desire and experience so they could walk in the world to undertake some of their missions? Hunting new slaves and keeping active with current slaves routines takes time and energy. When I heard of what this sexual monster does to fuck, tease, and control this unit it keeps the interactions fresh among the group. Everyone in this unit is exploring and experiencing a world of experiences that it would be impossible to do alone.

Human history is rife with monsters, devils, and things that go bump in the night. It also has its fair share of things that exist to go hump in the night. And let's be reasonable; sexual terror is a real and powerful thing. A monster is ever-so-slightly scarier if it violates a person in some way. And maybe that's what people were thinking about when they crafted this handful of ghouls who aren't content to just hide under your bed or wait for you in the darkness. They want to give you the bad touch and make you feel worse about yourself as they take you in any way they choose and enjoy the taste of a person's humiliation. To inspire you to bring in more than tentacle monsters I thought I share some lesser known monster identities you might consider.

The Liderc is our first shadowy follower. From Hungary, where they have too much time for putting details into their perverted monsters, comes the liderc. Is it a giant-winged hamster? You wish. The origin of the liderc is the most complicated trail of bullshit anyone ever imagined. First, you get a black chicken -- maybe a little black chicken, the story isn't too clear. You then take its egg and warm it, either in a pile of actual horse shit, or just your armpit. When the egg hatches, the liderc is born. Where did the chicken go? We don't know. The liderc, however, will now proceed to fuck with your mind before literally fucking you. It will take on the appearance of a long-dead relative or lover.

This is the part of the stories that I wish offered more details, because generally they go on to say how it comes back every night to bone you, and you start wasting away to death as it humps you and sucks your blood and sits on your chest so you can't breathe and that kind of inconsiderate monster stuff ... but for real, as a relative? Like, did someone's grandma do this to them once? You hatched this egg and it looks like grandma and now she keeps coming back to pork you to death? There's a lot wrong with this story. A whole lot. Anyway, regardless of what and who the *liderc* looks like (Some stories say it has one chicken leg it keeps hidden in its pants. You know, so you don't get wise to how this dead sex partner of yours may not be all they seem), it'll keep coming back, either until you're dead or you find a way to distract it. How do you distract it? Random household chores! Keep that up for the rest of your natural life and you'll get through this OK.

Incidentally, there are also a couple of other *lidercs* out there. One kind is just a tiny devil that you might find in the pocket of old clothes, because maybe that's where you lost that little devil you owned? Anyway, find that *liderc*, and suddenly your life takes a turn for the better, as you gain fame and fortune and try to overlook the fact that the cost for these wonders is your soul. The other kind of *liderc* is just some flying fire or a will-o-the-wisp, which seems like the least menacing of the three at this point, and doesn't involve necrophilia.

Our next shadowy friend are the *Caballi*. They are lustful spirits, still possessed of their earthly passions, who instinctively seek out living persons of similar inclination for the purpose of gratifying their desires. Spiritualists believe that they are especially attracted to lustful and salacious mediums, whose powers permit the *Caballi* to materialize and so experience more intense pleasures than are possible to them otherwise. However, their sexual practices also take place on the astral planes, where they copulate with a variety of astral beings and with humans visiting the planes in their astral bodies. Check out the movie *The Entity* to see a force taking a woman by force. Be warned this movie is older but it could set off those who are rape survivors. It may also scare you a bit. Enjoy!

Popobawa is a one eyed goblin with a fetish for ass fucking. A shadowy follower who waits until you are alone or fast asleep. The *Popobawa* slips you the high hard one in the back door. The *Popobawa* tells you that you better tell people about it, or else he'll come back to do it again and again. So you know, start gossiping, because that is how the monster is passed on.

What you may not know is that this isn't some story from the Dark Ages, when a mud farmer and a poop farmer would meet in the middle of a field, sit down to a lunch of mushrooms and despair, and spin yarns about why their asses hurt so much. This thing was born in the 1960s and has been reported in the news, as in on the BBC, as late as 2001. The news legitimately reports on outbreaks of ass-blasting monsters in Tanzania. That's why 24-hour networks don't help society better itself.

How do you defend against a *popobawa*, and what does it want? You could try to never fall asleep, as some villagers do. As for what it wants? Your ass. It wants to be inside your ass, and then it wants you to tell your friends that last night, a small one-eyed bat man plowed your ass like a field of cassava. And that's why this monster is so terrifying. It has no part 2 to its plan. It just wants to bugger you or your friends. It even enjoys knowing you told.

EGRIGORS (In Tibet, **TULPAS**) Egrigors created by group effort, and which may be apprehended only visually, are the most common, but most occultists also hold that there may be tangible materialized Thought-

Forms, and that these may be created by individuals as well as by groups. Usually they are created by intense concentration, but they may also come into being as the result of very intense daydreams or fantasies.

Egrigors, once in existence, may develop wills of their own, passing beyond the control of their creator(s). Sometimes, it is reported, they turn upon their creators. There is the story of a young woman driven insane by the physical and mental cruelties of her Egrigor-lover. There are other stories of men driven to crimes of violence because of their jealousy of the unfaithful Thought-Form mistresses they had created. Other accounts tell of Thought-Form replicas (and DOPPELGANGERS), created for homosexual indulgence. It's not gay is you're blowing yourself right? It might be noted that some authorities vigorously deny that the Tibetan Tulpas are to be equated with the Thought-Forms of Western occultists.

Our next follower in the darkness is the Thokolosi. The thokolosi wants to debauch people in their sleep, but enjoys more than your ass. Being sleep fucked is a huge cultural fear/fetish in other parts of the world. Not that North Americans aren't afraid of home invasion or sexual assault, but we generally blame those things on actual creeps wearing ski masks, not dwarves who have one buttock and a penis so long they have to sling it over their shoulder like an old hose. Putting aside its mysterious large butt cheek and allusive poop shoot, the thokolosi is a little fellow, about three feet in height. The way to fight back against the thokolosi is to prop your bed up on some bricks because, you know, he's short. If the little guy has to put effort into his sexual assaults, he's just not going to do it. It's all about the low hanging fruit here.

Our last shadow follower is the Encantado comes from Brazil. The encantado is a river dolphin that lives in an underwater land of paradise where there is no pain or death, and will occasionally surface in our world to take on human form. Why leave an orgiastic paradise to hang out in Brazil? All that sweet Brazilian ass, my friends. Sometimes we just need a new set of hands and a new friend to oil the squad up. Encantados appear as humans, and have pretty much three things going for them: they're built like Roman gods, they want to hit it 24/7, and they love to party. They are one of the finest monsters in folklore. Who the hell wants to deal with a shitty chupacabra when you have a Big Dicked Sex Dolphin Monster down in Brazil? When encantados have a lady's night that porthole does come into play.

In human form, the encantado is the coolest person at the party. You can pick one out of crowd because if it tries to leave, everyone freaks out and tries to make him stay. Also, he'll be wearing a hat to cover his blowhole. Fun fact: when the male shapeshifts back into a dolphin, he'll still be wearing the hat. The downside to this party and always ready hump machine, is that they haven't mastered tact just yet, and will sometimes fall in love with their human partners and kidnap them. The weird part is that the locals in Brazil seem to feel this is a bad thing, as if spending forever in a paradise with shapeshifting, magical sex dolphins is a hardship or whatever.

Want to find more monsters for your monster porn play? You should also include the term "cryptozoological erotica." There really is a porn for everything. I hope you enjoyed this post. It is a bit longer than usual.

Bonus 4

Hypnosis Is NOT Meditation.

I have been asked the difference between these two states over the years. I'd like to ask the community how you define the difference between these states. I have used these descriptive proofs for years. Perhaps it is time for an update. The following is my explanation of these concepts.

Meditation

Focus on the self.

Goal or no goal.

Enter an altered state and then focus on yourself or the responses elicited.

Become mindful that you are not your thoughts, and thus become more aware.

Hypnosis

Focusing on something outside yourself or your conscious awareness.

Goal oriented focus to change behavior.

Enter an altered state for the pleasure of it to receive suggestions.

Association and disassociation are routinely part of practice.

In hypnosis you get to the trance state and then begin to work on yourself by changing your relationship to a thought, idea, or behavior. In meditation your goal is to sustain that meditative state to achieve a balance or harmony while letting thoughts in and separating them from you are. During meditation you deconstruct concepts and thoughts to become mindful that you are not your thoughts, and thus become more aware. To simplify this even further. In hypnosis you talk to subconscious mind. In meditation you listen to see if your subconscious will talk to you.

At least that is the line I will often share with people who do not like the idea that meditation could be used as a programing state. Meditation in its many forms has been in existence for thousands of years. Meditation is the umbrella term for the variety of practices such as Zazen (Zen), Vipassana, Loving Kindness (Metta), Chakra, Kundalini Sound, Transcendental, Mantra, Pranayama, some forms of Qigong, Mindfulness, Taoist meditation, self-hypnosis and many others. Within those above listed types of meditation there will be various other teachings and practices. If you can imagine a tree and at the top of the tree is 'meditation' and each branch has different categories, and within each of these categories will be different techniques. All branches lead to the trunk of altered states of mindful consciousness. The trunk of this tree is where trance is guided into deepening altered states with or without philosophy or dogma attached. Trance states can be hijacked or directed into a focused goal orientated process that can have greater access into an individual's subconscious then a novice's efforts at hypnosis or meditation. Hijacking a trance can be subtle, shocking, or confusing for the subject.

If anyone is so inclined to diagram this altered states tree, I'd like to give you a little head start.

These are the categories of meditation I have categorized. As you read over these descriptions think about how similar these meditation experiences are to the experiences we can create with hypnosis. You will understand that getting past the philosophy and dogma, we are all practicing the same art.

Concentrative Meditation

In this meditative practice the objective is to cultivate a single-point of attention on an object, sound, an image, the individual breath, or a flame. Through the training of consistently returning to the object of focus, the mind develops the capacity to remain calm, stabilized, and grounded.

Open Awareness

The objective of this practice of meditation is to open the mind into training awareness through monitoring whatever is happening around an individual without any specific focus. Often this awareness is compared to the spacious sky or a river with objects floating by. The capacity to be present with the multitude of details that arises in the moment is developed through this practice.

Mindfulness

The objective of mindful meditation is derived from a widely adapted combination of concentration and open awareness techniques. The practitioner focuses on an object, such as the breath, bodily sensations, thoughts, feelings, or sounds. The focus is not as narrow as in concentrative meditation, for there is a simultaneous awareness of other phenomena. This mindfulness practice is often extended to daily actions, such as eating, walking, driving, or housework. Mindfulness is found in many contemplative traditions and has become very popular in recent years.

Self-transcending or Transcendental Meditation

The objective of this practice of meditation is to both focus the mind on an object, sound, an image, the individual breath, person, God, or a flame, and to contemplate the focus of attention. Whereas concentration and open monitoring meditations require some mental effort to sustain, self-transcending meditation is the achievement of effortless transcending of the meditation process itself. The duality of meditations state, once mastered, allows an individual to train themselves to hold onto this state of consciousness by transcending the expression of self. Mastering this meditation is a bit like running a marathon for a runner. There is a point where the individual realizes that they can sustain the activity without exhausting themselves. This allows the individual to feel like they can keep going and going. This experience of feeling like they can keep going and going is often referred to as transcendental or pure consciousness.

Guided Meditation

All forms of meditation can be guided, and many are often practiced with recorded, computer aided feedback, or face to face guidance. In one form of guided meditation called guided imagery, the practitioner follows the guidance of a teacher or recording that elicits certain images, affirmations, states such as peacefulness, desired experiences, by through a stage by stage progression similar to a story.

The major categories of hypnosis that we will encounter is NLP, direct hypnosis (such as stage hypnosis or hypnotherapy), and indirect (such as Ericksonian, nonverbal hypnosis). All of these categories can use elements of the other and this does not include neurological and/or biological hypnotics. Things like hypnotic drugs, sleep deprivation, biofeedback are perfect examples neurological and/or biological hypnotics.

This is just my opinion and there may be better ones out there. If so, please do me the service of sharing that information and perhaps add a little summary of your own.

Bonus 5

Blanking the mind and creating amnesia with hypnosis

How many of you have wished you had a trigger to create a blank state in someone? Perhaps, you have had the urge to show someone they were in a trance or hypnosis by having them forget a number, their name, or a friend's name. While it is possible to hypnotize a person and cause them to forget they were hypnotized, their name, their phone number, and so much more, the memory loss may only be temporary.

Immediately following hypnosis, a subject may experience a temporary form of amnesia - especially if proper post-hypnotic suggestions were given. One of my subjects started out going so deep, so quickly that it took practice to remember she was in trance. Whatever you are doing with a subject, you will always be working to increase their ability and skill as a subject. Everyone will have different strengths and weakness so you will have to explore, test, and practice the phenomena we are interested in. Sometimes the manifestation of hypnotic phenomena does not present itself in a way that we are expecting. Let's get back to blanking someone.

You can also cause memory loss in a person during conversation (and make them forget the time, their name, where they work, etc.) But again, the effect is only momentary. Hypnotists usually only use conversational, non-trance amnesia techniques like this one to cause confusion and preoccupy the critical mind of the person they are attempting to hypnotize. A form of waking, or uptime hypnosis. For example, here are a few ways that are commonly used to create temporary amnesia:

1. Before and After

Immediately before performing an induction and putting their subject into trance, a hypnotist may choose to engage them with general small talk. For example, the weather. The hypnotist may say the forecast is calling for rain and he thought he heard thunder just a moment ago. Then they immediately begin the hypnosis session. At the conclusion of the session, the hypnotist will emerge the person from trance and immediately continue talking about the rain and thunder he is hearing outside. The unfocused mind will always attempt to finish a thought, so after emergence the subject's mind will recall the beginning of the "rain" discussion and process the conclusion of the "rain" discussion . . . and many times, forget the session in between. Effectively "skipping" the entire event. This technique work's best when you also use post hypnotic instructions and commands.

2. Post-Hypnotic Instructions

Very simply, you can choose to give your subject the command to "forget". You can easily give them a post-hypnotic suggestion, or something they should follow unconsciously after the session. In this case, you can simply instruct them to "forget" upon waking. Used in conjunction with the "before and after", you can create a fairly entertaining state of amnesia in someone for a little while.

3. Conversational Hypnotic Amnesia

Using conversational hypnosis can be a little more difficult to create amnesia in a person, but the results can be almost instant. For example, imagine you are talking to a person that you know. Say an odd or confusing statement. Then immediately ask them, "Where do you work? I can't remember." Move your hand across in front of their eyes briefly as you say this creating confusion. This temporary confusion while embedding the command "I can't remember" can often cause temporary memory loss in a person. The mind is inherently narrowly during surprise and confusion, so this is a relatively simple technique you can use. Again, conversational hypnotists usually use this moment to their advantage as both the confusion and amnesia serve to preoccupy a person's critical mind, leaving you full access to the person's subconscious mind.

An induction can take 30 seconds to do, or 30 minutes, depending upon the talent of the subject and the skill of the hypnotist or MC. Hard-to-hypnotize clients need more time, while some very hypnotizable clients just sit in the chair and they're out. Since I tend to enjoy trance hijacking, which basically means I enjoy deepening conversational trances into hypnotic states by using confusion, overload, and association techniques. You can use an overload of instructions, terms, and elements to overload the conscious mind so that people who are not used to relaxing can stop over analyzing as well.

Imagine if you entered my office and I told you to close the door, then open the door, then open the window, then close the window, take the orange out of the refrigerator, put the orange in the stove, now turn around, look for a grapefruit and sit down. If I went on and on for four or five minutes giving you instructions and sprinkling in suggestions that made absolutely no sense, what would you do? Probably, stop trying to make sense out of them and give up. That's what happens when hypnotists use the confusion induction. Some clients are so rigid and analytic that the best way to induce hypnosis is to get them to stop thinking so much.

If you want to use a traditional method of creating amnesia or blanking someone there is always the Elman or the ten to one method. As you progress through the method you can have the subject test their eyes, then you test for muscle tension with their arm, and finally making a numbers on a blackboard in their mind disappear. Once those numbers disappear you can fractionate them by having them open and close their eyes giving the subject a command to write their name on the black board and then wipe it away. You instruct them that they can have their name back when you snap your fingers. Have them try to remember their name. Fractionate by opening and closing their eyes, and then have them write squiggles on the board and wipe them away. Simply ask them, "You can try and remember your name. I can't think of it. Can you tell me what it is?"

Test this out for yourself as there are many fun uses for this technique.

Bonus 6

Con conversationally introducing people to trance

I have been asked many times how do I transition a conversation into a trance in a way that feels natural. My style of control is a combination of diverse mind control techniques and a utilization of what I call relational hypnosis. We are all in relationships with each other, our intimate friends and partners, and the world itself. The Crown Control System has been designed to be used with the operator's relationship style and to shape that style into an art. This is what makes my method of utilizing mind control and hypnosis different than any other method out there. Your art is developed through your relationships.

Not every trance needs to be developed into a deeper hypnotic state, and when you are introducing the concept of hypnosis, trance, or doing covert work, it really doesn't take much to begin. I'm going to share something with you that could use today. This is a creative exercise that allows people to explore relationships that they are most strongly associated with. I have seen people working with exercises like this discover insights to move out of writer's block, and have few ideas to tackle challenges. The goal of this exercise is discovery and insight into how we are thinking.

Let's try a relational exercise here together now. Allow yourself to share the first thing that comes to your mind as you read the sentences below. Give yourself permission to discover what is right on the periphery of your awareness when you are in the moment. As you read the questions, and discover the answers coming to you say them aloud, or write them down here. That's all you have to do, besides have fun. Picture this. It's going to be beautiful. Take your time necessary, and take one line at a time. Let's begin.

You start out on a path. What does it look like? What are the first details that grab you from your surroundings?

Who are you walking with? What are the first details that you focus in on with your walking partner?

Walking forward something gets your attention. Describe what's happening.

As you walk on you come upon an animal. Describe what is happening with the animal you see.

As you walk closer what does the animal do. Describe what is happening as you pass the animal by.

Up ahead there is a wide open space. You see clues that people may be nearby. Describe what you see.

Something ahead of you catches your eye. You're drawn forward. What is going through your mind as you move forward?

Something happens that makes you smile and tell's you that you're about to take part in an adventure. Describe what made you realize that you were in for a fun adventure.

How did you do? Were you surprised at how easy you were able to fill in the details? Anytime you use your mind this way you'll make connections and you will get curious about what this means about you. I could tell you more, but to really experience you would have to let go. Have you ever visualized or tried going into a trance?

I guess I may have introduced the concept of moving people into trance by making a kind of game out of it. The experience had clear guidelines and expectations for you to follow along with. It even had a few suggestions peppered through this text. This was a very light state of trance that you are learning to guide people through. It can lead to more profound states by including social proof techniques and hypnotic tests like have hands rise into the air as they move, or having hands stuck to their chairs. Blending details of environments, and story with questions that you ask the subject allows you to setup a feedback loop to take them into a deep state of hypnosis, or install commands with a story you are bring them through. When you start creating the story with them to give them commands you have begun using inclusion trances. What is an inclusion trance?

Inclusion trances are an altered state of consciousness where a subject is disassociated from their surroundings, life events, identity, and associated into a timeline story identity. In that timeline the subject will recognize themselves through identity backstory, goals, and desires. All of this serves the subject by allowing them to demonstrate their personality in relationship to the identity assumed and take part in a story through interactions in context with both real and hypnotically guided tests, tasks, and experiences.

What you should take away from this scripted example is that we are all in a constantly shifting altered state all the time. As an MC you learn to direct those states and craft experiences. Relational hypnosis works for me because so many of us have basic guidelines of how we relate to each other, how to treat authority figures, how to behave with lovers, and there are clear expectations on emotions, and actions that are permissible. There are also ideas about what is not good. As I share this information with you here you may already be getting ideas about how to work with subjects within these relational spaces. Be good to each other and whatever you do, leave them better off than when you found them.

Hypnosis allows us to work with concepts outside the boundaries of everyday time and space. Recognizing that power instills a desire to have incredible moments of joy, intimacy, and delight in my life every day. Whatever this holiday is for you I want you to have an incredible experience. May your art and passion allow you the presents that your mind can be thankful in this moment, and so many moments more.

Bonus 7

Anchoring -Simple, Stacked, Chained, and Collapsing Anchors

You can create anchors in yourself and others. To do this, you need to understand some basic concepts about anchors. Anchors are created naturally and artificially in two ways:

- In an intense emotional (positive or negative) event.
- In using repetition. The continual association between a stimulus and a response and this happens in everyday life, as well as intentionally developed. Greater repetition is needed if the emotion is not intense, or there is no emotional involvement. Remember Pavlov did this with a bell and then food. Think about how a person could strengthen that natural response to food while developing this anchor. For me, when I work all day and have to skip lunch I can feel my mouth water and the happy endorphin's moving when I get that burger. Suddenly it tastes like the best burger ever.

Your anchor needs to be:

- Unique, distinct and easy to repeat. If you're touching yourself or someone else in this same way all the time then that is not a good trigger.

Saying a word internally, or out loud to yourself, in a particular tone of voice would be a good auditory/auditory digital anchor.

Selecting a trigger that you inadvertently fire quite often has the potential of dissipating the anchor and rendering it useless. Unique triggers make better and longer lasting anchors.

- Link to a state that is not complicated and can be completely re-experienced. If your subject wishes to create an anchor to feel confident in certain situations and she recalls a past event when she felt confident, but he was also confused as to your instructions, then the stimulus will generate a response that is a mixture of confidence and confusion. My advice is to ensure that you explain what to do first and bit by bit if need be.
- Timing the trigger to happen just as the state is reaching its peak is ideal.

As your subject recalls a time that she had a certain attribute (confidence in group setting), the feeling of confidence will begin to get stronger until it reaches a peak. Generally, the anchor should be applied when the response is about 75% to 90% of its peak and held until emotional state peaks. Depending on how fast your subject accesses their feelings, the anchor could be applied anywhere from a couple of seconds up to 10 seconds.

Applying the anchor long past the peak, can associate the weakening of state, or another state entirely. Do not worry about being absolutely perfect as numerous repetition will take care of slight variations.

For those of you who have *The Tao of Relationship Maintenance for Mind Controllers*, think back to when I wrote about using a Behaviorist conditioning process to developing a conditioned emotional response (CER). The exact timing of CER does not matter as much as it does when developing complex motor responses to stimulus. To train CERs, the ideal interval is 2-10 seconds. That is exactly the same interval for anchoring and repetition of pairing emotion to trigger will increase the conditioning of the anchor or CER.

The basic steps for anchoring are:

1. Have your client recall a past vivid experience for the state you are anchoring.
2. Apply a specific trigger as the state is reaching its peak.
3. Break state.
4. Test the anchor after three to five pairings. When you fire the trigger, does your client think of the state?
5. Repeating steps 1 - 3 several times will intensify the anchor and can make it stronger. This is called stacking an anchor.

The easiest states to anchor are the naturally occurring states. The best state to begin with is a vividly intense state.

If you wish to create an anchor for a specific state that you have never experienced, do you know someone that has that quality? Imagine stepping into that other person's shoes and taking on their physiology and feelings (this person can be real or imaginary). This highlights the potential use of inclusion trances paired with themed stories to do some of this work.

To begin anchoring simply follow the criteria from above and choose a past memory for your anchoring purposes. Follow the script below to create an anchor for yourself or with your subject:

Remember a specific time when you were really (**confident in a group**). Close your eyes and fully associate into that moment time, (putting yourself in the appropriate body - Use this if putting someone in someone else's body or identity), looking through your eyes, seeing what you saw, hearing what you heard and have the feelings of being really (confident in a group).

Have the subject nod their head, wiggle their finger, or say "peaking"
when they feel that state filling them up almost to almost as much as they can feel today.

You, as the MC, or hypnotist, should be using a voice tonality and volume that reflects the state the subject is accessing. To make an anchor really strong or to associate different resources to the same anchor, you can stack anchors; that is you repeat the anchoring process several times by eliciting several occurrences of the same or different states and anchor them in the same place.

Have the subject pick another memory that they were confident in a group. This time the speed of going through this process should be faster.

To reinforce (or build up) an anchor, you can either on a regular basis repeat the process you used to establish the anchor or if you notice you are naturally experiencing the state that you desire then fire the trigger to enhance the anchor.

To maintain an anchor, it should only be fired when desired and have regular reinforcement. If there are many misfires the state can be linked to other states, weakened, or even extinguished.

You can do this with the same memory, or with different memories for the same emotional state (recommended). If you stack 3-4 different memories of confidence in a group, the next time you need confidence you can fire off your anchor and you'll feel a intense rush of confidence surging through you.

States for stacking anchors example

To stack anchors, elicit several events of the states and anchor them in the same place. This is all that a stack anchor is. One stacked on top of another. The state chosen for a particular stacked anchor can be the same or different.

When chaining anchors, the states used for each stack of anchors should be the same. For example, the stack of anchors on the thumb are all confidence in a group. The index finger has a stack of anchors that are humorous. The middle finger has a stack of anchors for energy that made you feel like you could keep going and going. The ring finger has a stack of anchors that make you feel like you could have anything that you really want. The pinky finger has a stack of anchors of feeling totally loved. Finally, your palm will have a stack of anchors of when you felt powerful.



To fire this stacks of anchors off I would have thumb touch thumb, index finger touch index finger, and so on. To fire them all off you could steep your hands for all your fingers could touch and press your palms together rubbing up and down as if cold.

The more times you stack an anchor, the better. Like many things in life, the more effort you put in, the better you'll do. My recommendation would be to spend 30 minutes setting anchors and make this part of a story. Even if you don't, I have found the process of doing this very engaging for everyone involved. When you spend the time and do repetition you'll have an incredibly powerful anchor set. If you don't have 30 minutes to do

this, then you'll be pleased to know that doing an anchor just a few times is enough to get results. Not rock to the moon results, but results nonetheless.

Collapsing Anchors

Suppose you didn't like the placement of the powerful stack of anchors on the palm of the hand. You could move that anchor to the subject's knee. You can do this by instructing the move in trance and then practicing a few repetitions and pairing new events with this stack.

What if you want to collapse an anchor? It's simple. Create an opposite stack of anchor, or a neutralizing anchor, and build the intensity up on it. That neutralizing anchor must be in another place and is often called the negative anchor. The anchor on the palm being the one you wish to remove would be the positive anchor. The labels of positive and negative are referring to two opposing charges that cancel each other out if brought together. All the guidelines you learned about anchors still apply. For the sake of location let's say this neutralizing anchor is the tip of your nose. If we want to collapse the powerful anchor on the palm of the hand, then picking the opposite state of powerlessness will work. So will picking a state of uncertainty. For this example, let's pick uncertainty.

Make sure that the subject is in a fully associated, intense, and congruent in each state that you have stacked anchors on. Then have the subject think of a time or event where you want to replace feeling powerful in. Associate them into the memory or event. Then fire off the uncertainty anchor.

Ask the subject how it felt. It should feel confusing and uncertain as the newly paired anchor is associated into the experience of the event.

Now do or talk about something else for a moment. If we want to replace the anchor in the event with this new anchor we would simply continue pairing it with repetition.

Have the subject think of a time or event where you want to replace feeling powerful in. Associate them into the memory or event. Then fire anchors at the same time until they peak. Release the trigger on their nose but hold the trigger on their palm for at least five seconds longer. Remember when I told you that applying an anchor long past the peak, can associate the weakening of state, or another state entirely. Watch the subject, they will visibly exhibit signs of conflicting states until the integration is complete.

Now test your work. Let the subject process this for a few moments then ask them how they feel. Future pace the subject into another event similar to the one in the past. Ask them how it feels. Most people say that this pattern feels strangely good.

If you'd like replace the anchor that has just been collapsed. Again, collapsing an anchor is canceling one out by running two emotions into each other. bringing these two opposing states into each other within the neurology creates a strange unsettling reaction within the subject, resulting in temporary confusion, disorientation, or even light amnesia, after which the negative state is canceled out by the positive state. This pattern is also called integrating anchors in some circles.

Please recognize that I have not chosen another state to replace the one on the palm of the hand. Doing so is not needed. My advice is caution as you use these techniques. Use the Collapsing Anchors pattern when you want to rid yourself or your subject of unwanted thoughts or states that seem to arise at just the wrong time. When this pattern is done effectively the two opposing states should effortlessly melt into each other all by itself.

Picture Credits

https://commons.wikimedia.org/wiki/File:Hand_parts_-_en.svg

Bonus 8

Designing Slave and Servant Roles for a Modern House of Influence

I have often been asked by people in the lifestyle communities what roles do I train people for. Often this is a question of exploration and learning to know what more is out there. This has been a topic I have thought about often during my personal development and I am talking about this a lot after the release of my book, *The Tao of Relationship Maintenance for Mind Controllers*. After a move across country I am about at the start of establishing my House again and I have spent a considerable amount of time contemplating this topic. In my book I talk about what it means to be a servant in O&p culture and how being part of that culture influences my life and art. What I am going to do in this article is discuss traditional roles of servants in Houses and great homes of the past. I'll also be sharing what these same services cost today. In sharing this information, I hope the reader will see the parallels of power exchange that exist in these roles and society from the past to today. I break down how to think planning to have these roles staffed in our home in order to make it a House of our own design and influence. I share with you the roles that I am seeking to establish at present in my House. Lastly, I share how I think about service. I welcome reader commentary on these roles and stories on how you have made your House operate.

The concepts of O&p and the culture is present in mainstream culture today more than most people realize. Living a life of service is still seen by many people as a way to better oneself, acquire a skill, and earn respect and responsibility. The work is hard and the hours long, but a servant working for a considerate and enlightened House can expect to lead a life of far greater comfort and quality than he or she would have outside of their service. For some to sleep in a warm bed, to eat good and plentiful food, and to be properly cared for when he or she is sick is more than they had at home. Working for a lifetime is hard, and a life in service is no harder than most, with considerably greater rewards. In the past the work of a man or woman became their life and it was almost all that they would know.

The British television show *Downton Abbey* is set in 1912 and delivers us a polite story of common themes of O&p as part of every episode. The servants of a House allowed it to function and prosper according to the desires and whims of its owners. A House should be thought of as a property that is lived in by family, and groups of people. It is both residence and an institution which includes business, politics, and influence. These facts about make a House have not changed in over a hundred years. I'll share a simple breakdown of a house servant hierarchy to assist us in choosing roles that we might want or need when adding an individual to our House today.

The following is a list of servants taken predominantly from the early 20th century, a brief description of duties, and today's salary is provided for each position. You will notice that male and female genders are attributed to many of these positions, as traditionally these roles served one gender primarily, or exclusively, in specific roles for many houses.

Butler

The butler is the chief servant of a household, the position was traditionally held by a man, and he was respected from all stations and feared by many. A butler has normally served a long apprenticeship as a footman before being appointed to his position by the Master of the House. The largest households had Under Butler(s), who acts as his deputy. The butler's main responsibilities, beyond general administration of the household, was to answer the front door, greet guests, collect visiting cards, answer the telephone, serve drinks in the drawing

room, supervise the service of meals, to serve the most important family members and guests himself, control the wine cellar, and keep secured the butler's pantry. The butler would have extensive knowledge of alcoholic beverages, 'the charge of Wine and Liquors' and most aspects of banqueting and entertainment. In smaller households, the butler replaced the valet in his duties.

The butler's pantry contains the valuable crystal and silverware, and like the cellar it is kept locked, with the butler holding the key. The butler always wears a tailcoat and waistcoat, usually dressing in plain black. He is traditionally addressed by his surname only, and will politely remind any guest who insists on calling him 'Mister' of this fact. The other servants, however, do address him as 'Mister X' or as 'Sir'. The butler and the Master are often close friends, and in many houses it is traditional for the two to have a drink together before retiring for the night. The butler's last action before going to bed every night is to make his 'rounds', checking that all doors are locked and that the house is secure against intruders and fire. Most butlers are trusted absolutely by their employers, and very few would dream of abusing this trust. The butler is a loyal member of a House and is often stationed for a lifetime of service. Today a butler usually earns a salary between \$50,000 and \$150,000 annually, plus benefits. A butler can be a live-in or live-out employee. Follow this link to learn more. http://www.butlerschool.com/en_US/the-extras/interesting-facts/

Estate steward or sometimes called Agent and House steward

This position is a key administrative role within a house which is particularly necessary when the Master of the house had to attend to business elsewhere. Depending upon the size of the house, the complexity of the business and interests that a house was involved in, there may be multiple individuals filling these roles. The stewards(s) and/or agent(s) saw to processing almost every aspect of management for the family and its affairs, communicating with lawyers, architects, suppliers, tenants, and other family members. An estate usually consisted of different property spread across a region so an agent might have had responsibility for more than one estate steward. On smaller estates the house steward performed all these duties as one. Today, a House Steward Salary in Princeton, NJ, (I chose a location at random.) earns a salary of \$85,000. Apparently the average House Steward salaries for job postings in Princeton, NJ are 9% higher than average House Steward salaries for job postings nationwide. <https://www.indeed.com/salary?q1=House+Steward&l1=Princeton,+NJ>

Today this position may also be considered by a **Domestic couple or Estate Couple**. Often a married couple offering the combination of services of Butler/Housekeeper or Housekeeper/Caretaker. Both typically live in. Uniforms are often required.

http://www.domesticprofessionals.com/job_descriptions.html#DomesticCouple

Chef

A male cook held great esteem for a household. French chefs were particularly coveted by many wealthy houses. The Master of the house made it his business to enquire about a good chef and seek references out. As head of the kitchen department, the male cook or chef demanded enthusiasm and hard work from his support staff. The kitchen of a Chef in the 1900's was often described as resembling the high protocol of D/s perfection you may think of with TV Chefs like Gordon Ramsay. The display of entertaining insulting perfection had a boot camp like appeal that was often true to life and served as part of the reputation of such a Chef. A hundred years later a Chef's anger in the kitchen can still be thought of as stereotypical. Today, the average pay for Private Chefs is \$59K per year, and can range from \$30K on the lower end to \$111K per year near the higher end. Location, years of experience, and celebrity, each impact pay for this group, with the former having the largest influence.

http://www.payscale.com/research/US/Job=Private_Chef/Salary

Cook

The image of a blowzy woman shouting orders at young kitchen maids and errand lads is synonymous with the female cook. Not as prestigious as the male cook or chef, the female cook was nonetheless gifted and sought out for her sophisticated practical knowledge. She is the senior female servant in the absence of a housekeeper. Like the housekeeper, the cook is traditionally addressed as 'Mrs X', whether she is married or not. Large houses may also have one or more assistant cooks. Crucially, the cook had immense power over the reputation of her employer when it came to entertaining and feeding guests. Today, a Private Household Cook can earn a pay level that can range from \$24,000 to \$36,000, based on levels of tenure. Cooks in a private household can receive an average compensation of \$31,200 per year.

<https://www.recruiter.com/salaries/cooks-private-household-salary/>

Scullery maid

Scullery maids were the lowest-ranked and often the youngest of the female servants and acted as assistant to a kitchen maid. The scullery maid reported (through the kitchen maid) to the cook or chef. Also referred to as a house maid-of-all-work whose routine revolved around supporting the kitchen maids with fetching and carrying, scrubbing, washing and scouring pots, pans and the kitchen generally. Her duties consisted of whatever the other staff (mainly the kitchen maids) thought fit within that department. Today the average salary for all dishwashers is about \$8.20 per hour. Experienced dishwashers at high-end restaurants can earn up to \$10.75 per hour.

http://www.payscale.com/research/US/Job=Dishwasher/Hourly_Rate

Valet also known as Groom of the Chamber

The better paid equivalent of the lady's maid, the valet was the companion of the Master of the house and saw to every personal need. Like the lady's maid, the valet helped dress and style his Master, accompany him, liaise with the other servants, and attend to the private domestic and social arrangements of his employer. Dedicated lifetime valets to one Master are very common. However, when needed footmen are often called into service when a valet is needed (such as when traveling). The butler may also valet for the Master of the house when necessary. Only in the largest houses will there be full-time valets, and they are often important men. The Master's valet sits in the House hierarchy second only to the butler among the male servants and addressed by the other servants as 'Mr X'. He is usually addressed by his Master by only his surname, although sometimes Christian names are used. The word is usually pronounced as VAL-itt in 1920s Britain, not as VAL-ay. Today salary range for a personal valet is \$45K to \$70,000 per Year. A valet is still considered a gentleman's personal gentleman.

http://www.domesticprofessionals.com/job_descriptions.html

Chauffeur or Driver

Most wealthy households own at least one luxury automobile, and employ a chauffeur to drive it. He must also be proficient in carrying out at least minor repairs and maintenance. A Chauffeur will typically be responsible for driving family members and guests to social and professional appointments. He or she is also expected to care for the car, making sure it is always clean and operating properly. A Chauffeur may also be required to

work in the office of the employer, doing filing or faxing, and even doing errands. Often the hours vary, so flexibility is important. The chauffeur may wear the classic uniform, normally grey in color, of plastron-fronted jacket, breeches, boots and peaked cap. Drivers may be used for traveling or contracted for logistics in specialized transportation. Today, the average annual Chauffeur salary is \$31,880, with a range usually between \$27,164-\$37,775, however this can vary widely depending on a variety of factors.

<http://www1.salary.com/Chauffeur-Salaries.html>

Gardener

Like coachmen, grooms and chauffeurs, the gardeners are 'outdoor' servants. They frequently live apart from the other servants, often in rooms above the stables, and are generally only expected to enter the main house for their meals and when summoned. Naturally, townhouses rarely have gardeners, but country houses usually have at least one and may have many, with titles such as Head Gardener and Under Gardener. Outdoor servants may be addressed by their surname or Christian name depending on the tradition of the house. The head gardener of a large country house is an important man and is treated with respect. The knowledge of produce – the more exotic the better, could influence the reputation of his employer; pineapples, apricots, grapes or oranges were inviting and added a great deal of variety to the dining table. Today gardeners earn an average wage of \$14.60 per hour and an average annual salary of \$36,746.

http://www.payscale.com/research/US/Job=Gardener/Hourly_Rate

Nursery Maid and Nanny

Modern-day perceptions of a nanny most likely come from the 19th century middle-class stereotype who was a stern and efficient outsider. The term nanny was used more affectionately for a long-standing female employee who had previously been in charge of the youngest children. The nanny's responsibility is the care of the young children of the household and the smooth running of the nursery. She has often served the family as a nanny for two or even more generations and is frequently a much-loved figure (although some nannies are notoriously authoritarian). It is certainly not unknown for a nanny to give the Master of the house a piece of her mind, particularly if he was in her care when a child. She is invariably known as 'Nanny' or 'Nanny X' (Christian name or surname) by all. Nanny's assistants help her to look after the young children and run the nursery. Most nannies are assisted by at least one nursery maid. They wear normal maids' uniform, and are addressed by Christian name or surname depending on the tradition of the house. Today full-time nannies can expect to receive some benefits along with their standard weekly or hourly nanny pay rates. Nanny pay can vary quite a bit, depending on where you live and the competition for qualified candidates. According to a survey by the International Nanny Association, average pay for a nanny is \$18.66 an hour. Newborn care specialists earn more.

http://www.babycenter.com/0_nanny-care-how-much-does-it-cost_6045.bc

Middle class households used to make do with a single live-in maid, who performs the jobs of butler, footman, housekeeper, housemaid and kitchen maid all rolled into one. Sometimes she also does the cooking, sometimes she assists the mistress of the house to do the cooking, and sometimes the family employs a separate cook, who usually lives out and only comes in during the day. Single gentlemen living alone often employed a valet, and who is a trusted friend, ally and confidant. Partnerships between Master and valet often became legendary about town. Usually the gentleman will either employ a cook to come in for a few hours a day or will eat out, at his community club, or at a restaurant.

As culture and society has changed throughout the last hundred years many wealthy individuals took to dining out in restaurants, drinking in bars, and socializing in cafes rather than at home. It was much more inexpensive to entertain and socialize out than it was to maintain a household staff. By the early decades of the twentieth century, there was an expansion of jobs in manufacturing, secretarial work, and many other fields. Today a technology revolution is fast replacing human beings with machines in virtually every sector and industry in the global economy. Already, millions of workers have been permanently eliminated from the economic process, and whole work categories and job assignments have shrunk, been restructured, or disappeared. Global unemployment has reached its highest level since the great depression of the 1930s. More than 800 million human beings are now unemployed or underemployed in the world. I believe there will once again be a rise of domestic workers due to a variety of reasons and circumstances. This is perhaps a digression for another time.

As we think about roles for others to fill there is a lot that we can learn from the Houses of the past. The first premise that we should make is that a House should be self-sustaining. As we move forward in planning to create roles to establish a great House of our own we should do so taking into consideration one room at a time. Our aim is establishing a self-sustaining environment for our personal and public life. The servants of the past and present were given their titles and duties from the geography of the house that they served in, and the tasks that they performed. Nothing fancy about it. Stable work meant security of shelter and food for many. It also provided a way of life, education, and meaningful pursuits that would not have been possible at all. Our aim is to find others who seek to live in the ways that we do, and that want to be part of the life that we are designing. It is really as simple as matching purpose with person. The roles that I have chosen to share here have been providing a service to Houses for at least a century. The service to the House is what creates the quality of life for everyone to Master from Laundry Maid. Ask yourself what service means to you in both your private and public relationships.

Service to me is being utterly present in the moment and putting our personal needs, wants, desires, and thoughts aside for the benefit of someone else. Being that present takes a steadiness of our mind, body, and spirit. Being grounded a culture of O&p this point is important enough that I will make it again. Service to me, is an investment of being completely present in an action that meaningfully benefits someone else without any expectation of a return or favor. When setting goals and expectations for service shouldn't this definition be set as the standard as opposed to an episodic focus? This experience of service rewards the giver with something more meaningful than money. Being in a relationship of service bring out of us the person we are meant to be. Being of service helps me express who I really am. When you think about bringing someone into your House, under what role and purpose are you inviting them? Be specific and as clear as possible.

Think about what is sustainable. Will one or two house slaves do? When your House runs well you may find yourself being served by a unit of people. Taking one room at a time think about what duties are there. Remember the lifestyle component is important here. Just because I don't get into it doesn't mean that after sometime your House slave won't get upset because it feels like they are cleaning house and getting less than they thought in return. An identity in action will not be satisfied if it is not communicated and connected with as that identity. Every day I tell the wind, hills, and the trees who they are, and every day they tell me who I could be. The relationship must be reciprocal. Don't be a douche canoe that plays at being Master, be the Master.

Build up a proposed servant list and keep in mind that after having just one servant and acquiring another you've added a layer of complexity here. Now someone else will be in charge or supervising part of the time, and that means you have the added role of training and responsibilities. This means there is another protocol of communication and supervision needed. Keep in mind that as the Master you only have so much time, and you have acquired servants to support the design and function of a particular lifestyle. For me, that lifestyle is both hypnotic Master, guru, and teacher. The people that you choose should be trained well so that they may use that knowledge as an extension of yourself. This brings us to the second premise to be learned. Playing with someone overnight is fun. It may be a short term episodic adventure, but what you do with that person is probably not adding to your lifestyle and building up your House. Goals should be set that may begin with episodic training, assessment, and examination, but the aim is to build the lifestyle and the House. By building up the lifestyle and the House it strengthens all the individuals who are part of it.

I have given a goal setting and journaling exercise to assist bringing all these moving parts together in *The Tao of Relationship Maintenance for Mind Controllers*. If you have already done this than you are aware of my recommendations to journal and keep records for personal development and creating a knowledge base focused on the workings of your art and House. Ledgers of servants are also used for examination and assessment of their abilities and effectiveness. Lifestyle Houses and those who are fairly well off financially operate as you might expect a business would run. The goal of being self-sustaining establishes roles beyond old fashioned ideas of simple pleasure slaves. You can still have a pleasure slave who eats, fucks, cleans, and then goes back to her closet or cage until called for. I believe that a simple life is possible should it be desired, but it does not need to be the end of a servant's development. Here are the present roles for live in slave staff that I seek for my House.

1 Butler. This servant may be of either gender.

2 Maids. For these servants' role I have preference for female slaves.

2 Valet. For these servants' role I have preference for female slaves.

1 Technical Writer/Editor. For these servant role I have preference for female slaves.

2 Drivers. These servants' may be of either gender.

2 Builder. This servant may be of either gender.

2 Influencer. For these servants' role I have preference for female slaves.

The above roles are very similar to the traditional ones stated above. I don't get much into the lifestyle dynamics here because that is something that will be different for every House. The domestic duties can be made more sensual with slave bells, chains, toys, and a community schedule. As you can see from the number of people living and serving together this House is a community unto itself. You will see how this can get even difficult managing people as I tell you that each person in the House is expected to be furthering their education and/or working outside the House. I very rarely allow anyone to simply stay home unemployed unless there is good reason. Working with individual and House schedules, individual and House accounts, domestic and service based tasks due at the House, living up to commitments of work or education, and balancing social life takes effort for all involved.

I will describe my House simply here and say the butler and maids take care of domestic logistics and meals. Builders take care of property maintenance and have skills to build and repair aspects of the home. Valet's ensure specific social engagements, recruiting, and working with Influencers happen. Valet's will ensure that Master, as well as the House has clothing that is fashionable and networks with people of interest. Technical writer and editor is needed to create standard operating procedures, record keeping, and assist with House communications. Influencers have the role of furthering House goals and doing impression management in the community.

The organization of the House functions as modern institution of influence. I will not recommend the best legal form for this to work, but with a little work, and speaking with an attorney, one form or another will work for you. For me there is no need to state what role is also a pleasure slave, House pet, or property. They all are and those roles will grow and develop in relation to desire, talent, and worth. There is more than one way to have a House, but this is what has worked for me. I hope to hear from others about what works for you. I have found that people new to the lifestyle have a fear that what they propose as a role won't work, but that is a matter of planning and communication that is completely dependent upon them. This is as easy or as complicated as we allow it to be.

If anyone wishes to formally inquire about the positions listed here, you should write my email asking for a slave application to proceed further.



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Seek with your passion, and seek with your spirit. We are all unknowing seekers that brings with us stories that has described the past. To live with mind controllers you must be accepted as their tribe, learn their dance, and never forget that this is but another hat to wear.

Enjoy your toys and give the gift of Mind Control to those deserving few.

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Bonus 9

An introduction of a fellow MC is due. [Damien Atropa](#) is a hypnotist, life coach, and a storyteller with a decade of experience in behavioral modification. Damien has demonstrated himself to be a capable master relational hypnotist and his inclusion trances offer erotic experiences that wake subject's in situational bondage circumstances, and learning about the world anew through identities living through science fiction and horror tales. Damien was kind enough to show his work and provided an audio for this work This tale explores sensory isolation in a story that is best described as bodily takeover. Enjoy it at your own risk. I hope we will be hearing more from him demonstrating his art. If others readers seek to share their art do contact me.

Joseph Crown.

The Dark Forest Induction Script - Damien Atropa

Welcome, to this 20 (*cough, or 40) minute fantasy. Over the course of the next 20 minutes, a story of erotic horror will be told. That will hopefully keep the audience at the edge of their seats. However, dear listener, you will not be in the audience watching tonight's story, you will be a part of it.

But first, we will free your mind, and teach you for a time, to become someone new.

*snap

Inside your mind's eye, see yourself lying down in an empty space.

White floor beneath you, white sky above, and still air around you.

Inside this place, close your eyes.

The only sounds around you, being that of my voice, and the sound of your own breathing.

Feel the movement of the air inside of your body.

And as you breathe out, feel the way that the muscles inside of you... relax.

Shift your attention, to the sound of your heart.

allowing your conscious...to slow down, as you feel the beating of your own heart.

With every beat of your heart, feeling your body becoming more at peace.

Serene.

As you are filled solely with the sound of my voice, and the calming beat... of your heart.

Laying in this empty space with your eyes closed, breathing peacefully.

Feel nature filling the space around you.

Allow a comfortable sun, to appear in the sky.

Warmed grass growing from the space around you, and beneath you.

The feel of a soft breeze, teasing your skin.

The gentle sounds of birds, and nature entering your ears.

As you continue to breathe, as your body continues to sink, into a deeper state of relaxation.

Now opening your mind's eye, enjoying the beauty of the new world formed around you.

Feeling the warmth of the gentle sun against your skin.

And as you feel nature's embrace, your mind and body, begin to sink.

Falling deeper and deeper.

Finding it increasingly difficult, to hold on to your mind, the further you fall.

Knowing, that it is now time to wipe your mind.

You may allow your mind, your thoughts, to disappear on their own.

Or you can "try" to resist, trying your best to hold onto your remaining memories.

As you continue falling, sensing parts of you slipping away.

Deeper, faster.

Your fall accelerating, the deeper you've fallen.

As it becomes more difficult to remember the memories you should most remember to remember.

->We will soon empty your mind fully.

Whether you've already lost track of your old name and identity, or will soon feel it slipping beyond the edge of memory.

You continue falling,

faster, and deeper inside of yourself.

As everything that you are slips away.

(wait like 10 seconds)

Your descent...

slowing...

as you land beside a calm river, containing a handful of cool smooth stones.

These stones are your cares.

They are your worries.

Your thoughts.

Your remaining memories.

It is now time, to become blank.

And empty the river of your mind.

See my voice reach inside your mind, removing each stone from your mind.

one by one...

Your memories and thoughts disappearing.

Finding it increasingly difficult to think.

until you suddenly notice...

every stone, every thought has been removed.

now.

blank

comfortably mindless.

Empty.

A serene river, waiting to have new thoughts implanted.

Stone by stone.

You can feel me placing new thought inside your mind.

Rebuilding you, as someone new.

My hands softly placing the following new thoughts, inside of your mind..

Story Specific: Anna Installation

- You are a young woman named Anna
- A newlywed, you have been happily married for one month.
- You have two younger brothers, that you tend to spoil more often than you should. And that..is because you hold them quite dear.
- You were recently hired at your dream job, and if you focus, you can feel what that job is, can't you?
- You have always been one to follow your curiosity further than caution would dictate
- You can be anxious at times, but remain optimistic, that if you try your hardest, things will work out for the best in the end.

As your conscious slips comfortably, deeper than before.

Know I will soon tell you, your story. And know that for a time, my voice will form the basis of your new reality.

However, once I state that the story has ended, you will instantly snap back to the person that you were.

Your story will begin, in 10 seconds.

*snap

The Dark Forest Script – Begin

"Time...to awaken"

A voice calls out from the distance.

Anna opens her eyes to find herself sprawled on the ground.

Dirt, cold and damp, is clumped between her fingers.

She hears a cacophony of crickets, combined with the rustle of leaves, singing the chorus of the night.

But more than anything, upon awakening she notices a nagging feeling of fear, nestled firmly in the back of her mind.

And as quickly as she becomes aware of the feeling, it disappears like a dream lost in the endless abyss of memory.

She begins to stand.

Pausing momentarily, to allow her eyes to adjust to the sparse moonlight.

Squinting, she is able to make out that she is in the middle of a forest. As for 'what' forest or why, she has no idea.

A chill sweeps through her body. Looking down she begins to inspect herself.

Blue T-shirt, light denim jeans, and soft brown boots. If it were the daytime, this outfit would be appropriately cool against the morning sun. In the middle of the woods at night however, she was finding it less than sufficient. The chills moved across her skin and there is a shiver that her body is bracing against. Somehow it just won't come.

Her mind catching up to her body, she came to the realization that she had awoken in an unknown place, alone, with no recollection of how she arrived. She hoped that the situation was nothing more than a lucid dream. A dream that unfortunately felt just a little too real, to be dismissed as fantasy. Trying to cope with the reality around her, a wave of dizziness hits her, as she feels the telltale signs of an anxiety attack beginning to start. Internally, she could feel her heart starting to speed up. Her palms breaking out in a cold sweat. And as much as she wanted to curl up in ball, and deny the world around her. She was aware, this wasn't the time to breakdown. She didn't want to do this to herself again. She had to be strong this time.

Trying to calm her breathing, she checked her pockets, looking for something that could help her find out more about what had happened. Nothing, aside from an empty strawberry bubblegum wrapper, the smell of strawberry brought the taste back to her tongue. As her thoughts were brought to that ghostly strawberry sensation she felt her mouth water.

She took a deep breath, focusing on the feeling of the cool air filling her body, and began to run her fingers through her hair, a calming ritual she had engaged in since she was a child. Her hand stopping, as it encountered something unexpected. An object had been comfortably nuzzled behind her left ear. She pulled it down and looked at it. A dark blue rose. Beautiful. Even in the darkness, the rose seems to glow with it's own internal

light. She smells it. It possessed a calming fragrance, reminiscent of cinnamon. It reminded her of the way her family home used to smell on Christmas mornings.

Given the many unknowns of the situation, logic dictated that Anna stay put. Someone should know that she's missing, and eventually they will come looking for her.

"That won't do...Will they really find me? I need to find my own way through the woods."

That same distant voice that awakened, calls to her not with words, but with temptation that appears in her mind..

Did she just think that?

She must have.

It's not as if anything had the ability to plant thoughts inside her mind.

Besides it...she... had a point.

The most important thing, was to find her way back home. Then hopefully, figure out what happened. She needed to know more about the situation.

Anna begins to walk, carefully moving through the forest, her hands in front of her so as to use the jagged bark of the nearby trees as her guide. With every step she takes, the ambient moonlight growing dimmer, as her heartbeat grows faster out of panic and curiosity. Step, calmer, and **focus**. Her awareness spreads out as darkness blinds her, seeking out and expanding, her sense of hearing and smell becoming sharper and more focused. Relying on her instincts to guide her deeper into the unknown.

Only darkness surrounds her. Here and there an outline and shapes, but nothing more. "Just great", she thinks. She should have just waited. Now **she's** even more **hopelessly lost** than before. She's done. Her thoughts race and **she wonders, if this is it**. How can she be walking blindly? The calm slides over her once more. This time, she's going to wait out the fear and doubt. This time, she is going to stick with the rational decision.

"No, I need to keep going."

The voice reassures her and it seems perfectly natural that there is doubt.

"How can I keep going, if I can't see." She asks herself. Listening for the answer in that upwelling of hope. That just maybe, what **she really wants**, is almost **within reach**. There is an absurdity of arguing with a voice inside your mind. Something is off when the words are jumbled together.

"If I can't see, then I just need to follow the scent of cinnamon." the voice tells her.

Cinnamon? Now that she thinks about it, she does notice the smell of cinnamon in the air. Her heart growing warmer, as she remembers the comfort that smell brings her. It's strange how she could have not noticed the

smell of cinnamon in the air before. As her heart races again, a doubt creeps in. Is it really a good idea to follow a scent and...

The dark shapes seemed to lung from the left and then to the right. Blind eyes search the shimmering darkness as her hands dart from left to right. The sound of leaves being disturbed rippled through her as if responding to a sense of sonar.

"There's nothing to be afraid of, I should keep moving."

The voice in her mind is clearer and more forceful.

A cold chill of foreboding runs down Anna's spine. Then just as suddenly as it appeared, that suspicion is taken away from her with an overwhelming aroma of cinnamon. Forcibly calming her mind. Her body feels both heavy and light as pins and needles move across her finger tips and nose. "I'm all right. I'll stay here. I can just wait until morning to keep moving", Anna resolves herself.

"I said, keep moving."

The voice reverberates inside her mind. Time slows down, alert, as realization creeps in. That something is not right. Something is happening inside of her, that she doesn't understand. Something out of her control. That voice she has been hearing inside her mind since she awoke, has not been her own.

"No. I'm going to wait right here", Anna thinks. Resisting the desire to **obey**, repeating inside her mind. Images of lovers past beckon her forward. Anna tried to ignore the illusions and shutting her eyes, as the butterflies of first love's kiss roll through her.

"Be a good girl Anna. What you desire is just a bit further." the voice tells her.

Anna now feels a touch moving along her body, the caress of a phantom in the night that makes her want more. Sensation ripples through Anna as she relaxes and remembers the feeling of wanting for the first time. Wanting something inside....

But still, Anna holds her legs firm. Holding herself in place.

"I didn't say you had a choice."

The voice echoes.

Anna suddenly notices a jarring in the pit of her stomach.

Pain.

A feeling of nausea that builds the more she tries to disobey its order.

"Fine." Anne responds. Agreeing to obey this time, as the pain in the pit of her stomach vanishes.

Anna begrudgingly begins to inch her way in the direction of the the cinnamon aroma.

*"That's a good **obedient** girl. And obedience, deserves a reward."* the voice states matter of factly.

Anna shudders. All the lovers of Anna's past pull and push inside her. It's warm, and pulsates in time with her beating heart. But more than anything, it feels, *Fantastic*. With every pulsation, sending waves of Pleasure throughout her body. Anna's mind, tired from the constant battle, welcomes this Pleasure inside of her. Her mind feeling cocks and fingers inside of her. There is a flash of something long and pumping, like a tentacle or a snake. She can no longer tell what's physically happening, and what is an illusion generated by the thing inside her mind.

"Both the carrot and the stick." The voice told her.

The phrase *"Pleasure comes with obeying..."* has begun repeating inside her mind, in her *own* voice, Anna discovers with horror.

"The more you submit, the more of you belongs to me." the voice tells her.

"...Fuck. You.", Anna manages to stammer at the entity lodged inside her mind. Concentrating, so as to resist the growing Pleasure inside of her. The voice whispers to her, as the echoes of orgasm fill her up. She feels the wetness of orgasm escaping her, filling her body with heat. To make matters worse, Anna noticed that the stronger the smell of cinnamon in the air, the stronger the pulsating sensation of Pleasure inside of her body grew.

"Now now... This naughty 'mind' of yours is trying to make you resist my control, isn't it? Unneeded things should just... disappear." The voice chides her flirtatiously.

Listening to its words, Anna could feel the memories of what came before... beginning to fade. All the while, continuing to make her way into what she imagined was the heart of the forest.

Time blurs, as Anna desperately attempts to hold on to her most important memories.

Her name was Anna.

She has a dog named Rex.

"Pleasure comes with obeying"

She has Two little brothers.

"Pleasure comes with obeying"

She is happily married... or at least she thought she was.

"Pleasure comes with obeying"

Was she even married?

Did... did she have a dog?

"Pleasure comes with obeying"

"Pleasure comes with obeying"

"Pleasure comes with obeying"

"Pleasure comes with obeying"

"Pleasure comes with obeying"

"Pleasure comes with obeying"

"Pleasure comes with obeying"

With horror, she realized that the more she walked, the less of herself she could hold on to.

With every step, more of herself disappearing into the night, forever.

Eventually, her feet stop. At a place devoid of all sound, but that of her own breathing. A field of luminescent blue roses stretching out in front of her.

"Now tell me girl, what's your name?" The voice asks.

Anna moans, finding herself unable to find her name through the heat of pleasure glowing inside of her body.

"What's your duty?" it asks.

She moans once more, falling to the ground, her knees no longer able to sustain herself against the desire she feels.

"That's right. You don't need a name." it instructs her.

Happily playing with herself, her eyes hollow and empty. She nods her head in affirmation, her voice lost as one many things no longer needed.

"And your duty. Is to make sure that everyone in town, can have a rose of their own. I'll tell you the way." the voice instructed her.

And the girl, formerly known as Anna, smiles. While she may not have a name, she does have a duty. A duty to make sure that everyone in the world, can become as happy as she is.

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